

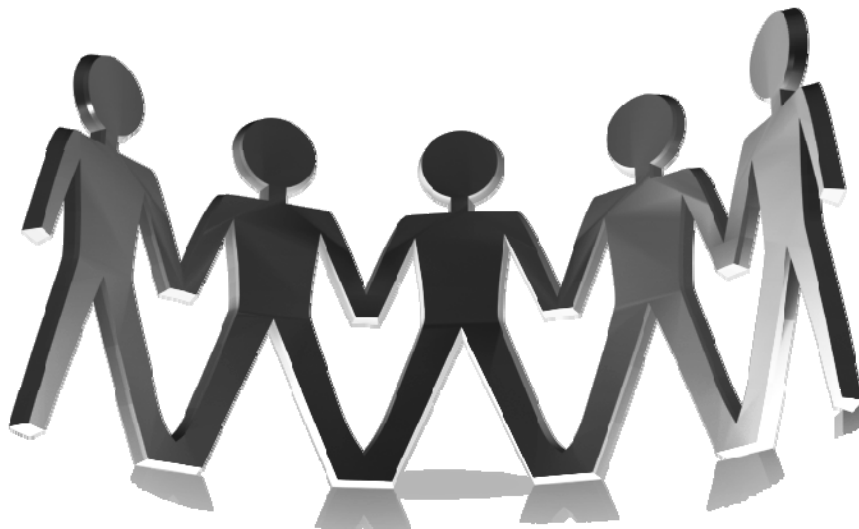
I've heard about the swine flu. How can people get it?

People get this flu from other people.

- Usually by being close to someone who does not cover their cough
- Or by touching something that someone sneezed on

Protect yourself and your family

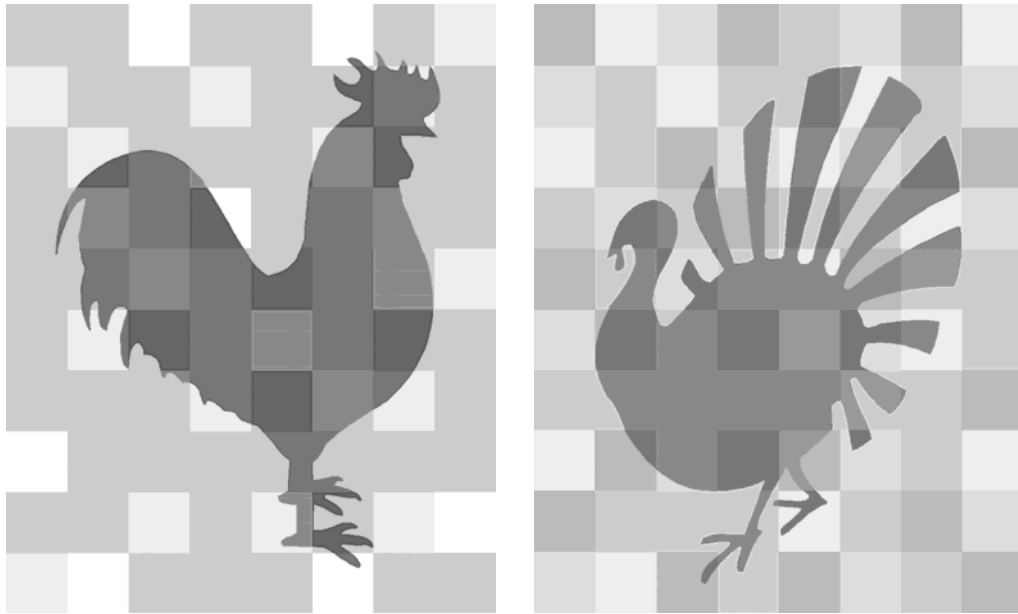
- Stay home if you are sick
- Cover your cough
- Wash your hands often



Can birds get infected with the swine flu?

Probably not. This is a sickness of humans.

But, people who are sick should stay home and not risk infecting their co-workers or the birds on the farm.



Always report any illness that you observe in the birds to your supervisor.

What should I do if I don't feel well?

Stay home.

Cover your cough.

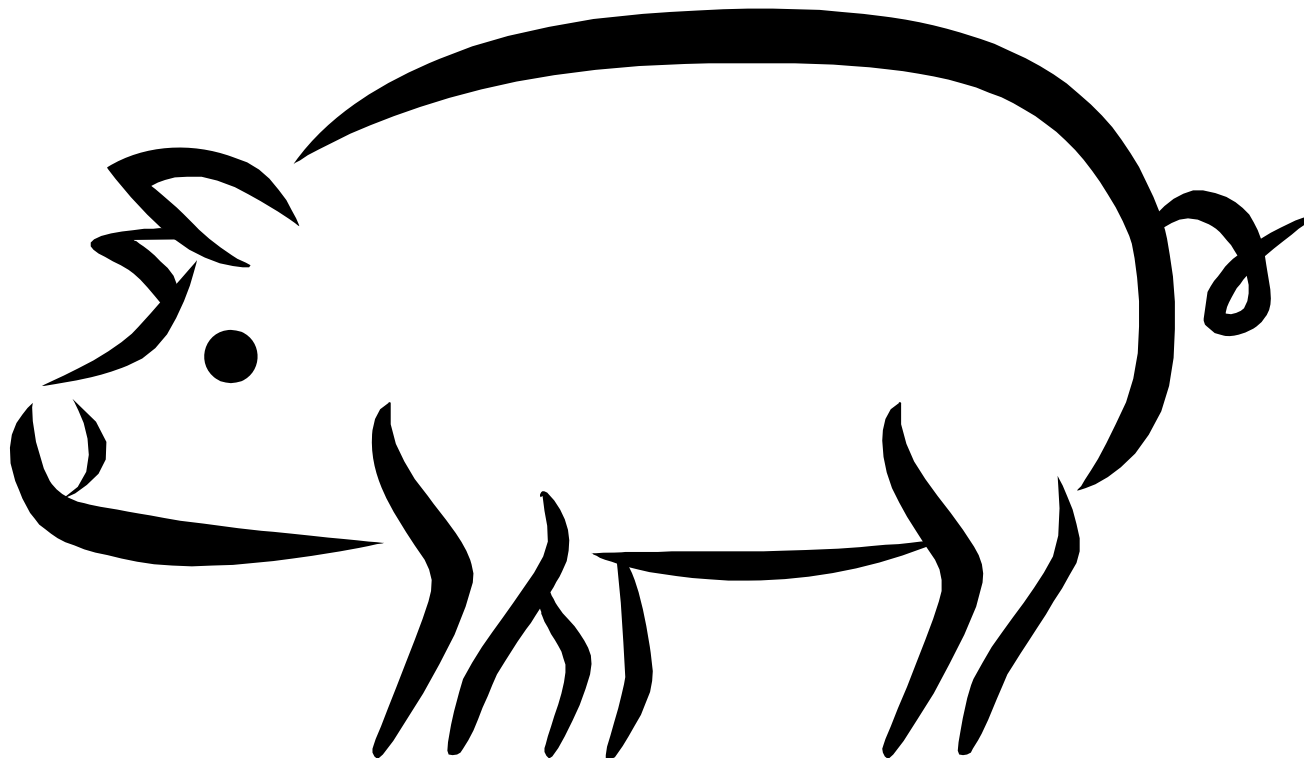
Wash your hands.

Seek medical attention.



Is it dangerous to handle pigs?

This flu came from pigs but now it is infecting humans. You are most likely to get it from other people. But, if you handle pigs, make sure you wash your hands afterwards.



How will I know if I have the swine flu?

The signs are similar to regular flu.

- Fever (>102)
- Cough
- Sore throat
- Body aches
- Headache
- Chills
- Fatigue



If you have these signs and especially if you have just returned from Mexico, you should see a doctor.