

UNIVERSITY OF CALIFORNIA

COOPERATIVE EXTENSION

Clover Chatter

Sutter and Yuba Counties

142A Garden Hwy., Yuba City 95991 Telephone: (530) 822-7515 Fax: (530) 673-5368

April 2006

Special Points

of Interest

- Help Wanted for Spring Fair,
 Camp, and State Leaders' Forum!
- Community Club Leaders Contact
 Data
- County Fair Premium Book online!



4-H - "To Make the Best Better"

Inside This Issue: Upcoming Events and 2 **Activities** FYI 3 **Community Clubs Corner** Club Recordkeeping Notes 3 and Dates to Remember **ABCs of Personal Development** Food for Thought Policy Reminders/Updates "Up Close and Personal" **Annual Event Calendar** April/May Calendar 7

Editors: Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Rep.

"Safety Training Issues for 4-H Teen Leaders and Teen Members" By Willa Davis

Almost 30 teen leaders and members, as well as some parents attended a training session on "Safety Training Issues for Teen Leaders and Teen Members", presented by myself, Nancy Perkins (Franklin Community Club Leader) and Katie Bogdonoff (Franklin Club Member) on March 20th as part of the monthly Hi 4-H meeting. Pizza, salad and sodas were enjoyed by participants prior to the training session thanks to the generosity of the Franklin 4-H Club.

The purpose of the presentation was to train our senior youth leaders and members in University of California/ State 4-H Office policies and suggested procedures for protecting our youth, ourselves and each other.

In addition to providing policy information about what is appropriate interaction between 4-H teen members,

The Four Essential Elements of Positive Youth Development

To set the groundwork for providing training on safety issues for 4-H teens, 4-H's mission and direction statement was reviewed. It is, "The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development." To better understand how it relates to the (cont'd on p. 4)

and between 4-H teen members and younger members, participants were given statistical data about crimes committed by youth statewide and in the Sutter and Yuba Counties, and statistics about dating violence. Participants were also provided with information about safe dating practices for teens and what to do if someone is in an abusive relationship.

For more information about this presentation or for copies of any of the handouts and resource information given out during the training, please feel free to call me at 822-7515. Thanks, again, for all who attended the training session. From the program evaluations that were completed, it appears that both our goal and objectives were achieved in helping to protect our youth, ourselves and each other.

Going for the Gold at Sectional Presentation Day!

Twelve 4-H members from Yuba and Sutter Counties competed at Sectional Presentation Day on March 18, 2006. Seven members earned gold awards, four earned silver awards, and one member earned a blue. Congratulations go to everyone who participated at this advanced level of public speaking competition. All gold winners can (cont'd

UNITED STATES DEPARTMENT OF AGRICULTURE, UNIVERSITY OF CALIFORNIA, AND SUTTER/YUBA COUNTIES COOPERATING

PAGE 2 **APRIL 2006** ******

COMING EVENTS, WORKSHOPS, ACTIVITIES, AND MEETINGS

FASHION REVUE MEETINGS

Thursdays, April 6th and April 20th

7:00 p.m. @ the 4-H Office

GRAND NATIONAL

April 7-15, 2006, Cow Palace, San Francisco

SPRING FAIR COMMITTEE MEETING Wed., April 12, 6:30 p.m. @ 4-H Office

SPRING FAIR ENTRY DEADLINE Friday, April 21, 20006 @ 4-H Office

PIG SALE/FIELD DAY (Tier III)

Sunday, April 23, 2006, 10:00 a.m. Yuba-Sutter Fairgrounds

Exhibitors who complete the Tier III program will be recognized as meeting State Fair Quality Assurance & Ethics Awareness Training requirements. Call Julie at 743-6900 or 682-4930 for registration details.

USDA's "Ag DISCOVERY"

FREE Summer Enrichment Program for Pre-Vet or Animal Science majors

APPLICATIONS DUE APRIL 28 For details, go to: http://www.aphis.usda.gov/vs/ag_discovery/

BI-COUNTY FASHION REVUE'S "Butterflies and Daises" **Fashion Show**

April 29, 2006, 7:00 p.m. @ Wheatland **Elementary School**

> Call Mary Hall-743-2490 or Sandy Parker-749-9217

State 4-H Camping Conference

May 5-7, 2006 @ Grizzly Creek Ranch For more information, contact Marianne Bird at (916) 875-6811 or by e-mail at mbird@ucdavis.edu

SPRING FAIR
"Wonderland of Fun!"

Saturday, May 13, 2006, 7:00 a.m. to
3:00 p.m. @ the Yuba-Sutter Fairgrounds

Set Up Day-Sat., May 6, 2006, 9:00 a.m.

It's all good, and will be the best Spring
Fair ever with help from everyone!

EMBLEM CLUB LUNCHEON AND FASHION SHOW

Sunday, May 7, 2006, 12:00 noon—2:00 p.m. @ Marysville Elks Club, 920 D Street

Tickets can be purchased at the 4-H Office. Cost = \$5.00-adults; \$3.00-children 10 yrs. and younger

Proceeds help pay future Fashion Revue expenses

STATE 4-H FIELD DAY

MAY 27, 2006 @ UC DAVIS

Included at this day-long event will be State 4-H Presentation Day

(http://ca4h.org/wrp/spd/ for online registration) and State 4-H Fashion Revue

(http://ca4h.org/projresource/fashion/ for more information, contact data, and entry deadline data)

COME ONE, COME ALL!

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The Queen and King of 4-H Camp in Dobbins invite you to participate in a Renaissance Faire from June 19-22, 2006.

Eat, drink and be merry as you enjoy four days of medieval fun!

There will be plenty of entertainment, activities, and free time for swimming, hiking and relaxing. Be sure to bring a costume (such as a prince

and princess, jester, knight, dancer, etc.) for Family Night on Tuesday, June 20th.

Prizes will be awarded.

Look for registration packets in the mail the first week of May!

HELP WANTED!

Spring Fair Clerks: 6th graders and above are needed to help judges in calling showmen, announcing awards and more. Call Russ Rossiter at 742-8340.

Teen Camp Counselors: coordinate activities & lead a group of younger members at summer camp. Call Mary Hall at 743-2490.

Banner-Making Coordinator: All clubs are asked to contribute to the making of a banner that will be presented and auctioned at the November 2006 State Leaders' Forum. Call Willa Davis at 822-7515.

- The Premium Book for the Yuba-Sutter Fair is now online and can be accessed at http://www.yubasutterfair.com/premiumbook.html It contains all up-to-date eligibility criteria and entry forms. A hard copy of the Premium Book can also be viewed at the 4-H Office.
- Willa Davis, 4-H Program Representative will be dropping in at project meetings throughout the remainder of the program year to say, "Hi!" and discover what members are learning by doing. Please make sure the 4-H Office has the correct location of your project meetings so she can visit you.
- Bi-County 4-H Horse Group "PLAY DAY" plans have been cancelled for April. Dates for it will be announced in future newsletter issues.
- The California 4-H Youth Development Program is seeking 4-H members, volunteer leaders, and staff who are interested in applying for 2006-2007 Statewide Advisory Committees. Information and application packet for all committees are available at http://www.ca4h.org/council/4-HYDPStatewideCommittees(2006).pdf. Applications are due April 30, 2006.
- 4-H youth are invited to apply for board membership with The California 4-H Foundation's Board of Directors. Youth board application deadline is April 30, 2006. The application and more information are online at: http://ca4h.org/foundation/index.asp
- 4-H Statewide Scholarship Applications are due April 30, 2006. High school seniors and college students are encouraged to apply. Information and applications can be found at: http://ca4h.org/4hresource/ir/index.asp
- All clubs need to start recruiting NOW for new leaders for 2006-2007.

Community Clubs Corner ~****************



Dententer Club: Is sponsoring an Easter Egg Hunt for neighborhood children at the Cottonwood Park on Saturday, April 15th.

Guide Dogs Club: A Carhartt American Scholar Award has been distributed to Washington Focus delegate Patricia Bell to help offset this year's conference fees. Hi 4-H: Will have a fundraiser Spaghetti dinner prior to the Bi-County Council meeting on Thursday, April 13th. It will begin at 5:00 p.m. with take-out available. Cost is \$7.50. Their fundraiser golf tournament is scheduled for May 21, 2006. Cost is \$65.00. Call Mary Hall at 743-2490 to enter for the tournament and for advance spaghetti dinner tickets.

Plumas Club: Matching funds for a \$1,750.00 "community tree planting" grant from Deft, Inc. have been obtained from CalAg, LLC. Members of the club's Leadership Development project will oversee the planting of more than 200 trees starting in April. The City of Marysville has partnered with the club to water, fertilize and care for the trees after they are planted. Rocky Hills Club: Is seeking a new Community Club Leader and new Project Leaders for 2006-2007. **Sutter Buttes Club:** About 150 people attended the club's annual Cake Auction in March. \$2,300.00 was raised. Proceeds will go to club membership scholarships.

Please submit information about your club to Willa Davis by April 15th for the May Clover Chatter.

CLUB DOCUMENT SUBMISSION DATES

IMMEDIATELY

Jan. 1st; extension

September 1, 2006

- 2005-2006 Project Rosters
- 2005-2006 Club "Outreach Efforts Report":
- deadline=Past Due 2005-2006 "5 Presentations" July 1, 2006 • pin list; "Alfred Garcia Award"
- nominees list
- 2005-2006 Secretary and
- September 1, 2006 Treasurer Books
- 2005-2006 Club Program Planning Guide, including:
- * 2005-2006 club budget
- * 2005-2006 club audit/peer review
- * 2005-2006 club inventory
- * * June/July 2006 bank statement
- 2006-2007 Fundraising September 1, 2006 Activities plans

PAGE 4 APRIL 2006

ABCs Of Personal Development

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This month and in the coming months there are many projects, events and activities in which you could record points as follows:

A & B: Attendance at 80% or more Community Club and Project meetings make you eligible for this. D: Field Day: Attendance at the "Goat and Sheep Day" last month or at "Fashion Revue" this month counts here.

G: Judging Contest: Judging at field day events and Spring Fair Presentation Day earns you points.

I: Will you serve as a **Clerk** or **Room Coordinator** at Spring Fair?

K: 8th Grade Jr. Leaders and Teen Leaders: Volunteer as a 4-H Camp Counselor in June to make a difference in the life of younger members and earn star rank points, too!

L: Prepare and Give Talk: There's still time to give a talk about your projects at your monthly club meeting.

O: Medalist: Those who have earned a gold at County and Sectional Presentation Day count points here; so do medalists at this month's Fashion Revue.

P: Project Exhibit: Which projects are you going to exhibit at Spring Fair?

R: Demonstrations or Presentations: How many more presentations do you need to earn a '5 Presentation' pin and to earn points here?

S: Projects Completed: Make sure you keep your project records up to date and approved by your leaders in order to count points here.

U: Events Attended: Attendance as a spectator or participant at Fashion Revue, Goat and Sheep Day, and Spring Fair earns you points in this category.

V: County Winner: Fashion Revue 1st place and Spring Fair Round Robin winners earn these points.

FOOD FOR THOUGHT

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure."

Colin Powell

"The best minute you spend is the one you invest in people."

Ken Blanchard

"Quarterbacks don't win or lose football games. Teams do."

Fran Tarkenton

POLICY REMINDERS AND UPDATES

- FAIR ELIGIBILITY: All project leaders are required to submit a signed roster of members in each of their projects or their members will not be eligible to show in any category (not just animal divisions) at this year's County Fair. More eligibility rules will be included in the May and June Clover Chatter issues.
- AGE REQUIREMENTS FOR VOLUNTEERS: A person must be 18 years or older to become a 4-H volunteer. HOWEVER, chaperones must be 25 years or older.
- FIELD TRIP TRANSPORTATION: 4-H volunteers must have current medical treatment forms from parents/guardians before transporting 4-H members in personal or commercial vehicles to any 4-H activity or event, including club field trips and activities, and on any county, regional, or state activities.
- **FUNDRAISING:** For all fundraising activities that have not been filed at the beginning of the program year, a "Fundraising Notification Form" must be completed and submitted to the County 4-H Office for review and approval.

For more information about any of these policies, please contact the 4-H Office.

The Four Essential Elements (cont'd from p. 1):

4-H program, the *four essential elements* of positive youth development that 4-H has adopted were reviewed. They include: **Belonging, Mastery, Independence, and Generosity.**

Belonging: Youth need to know that they are cared about by others and need to feel a sense of connection to others in a group. 4-H gives youth the opportunity to feel physically and emotionally safe while actively participating in a group.

Research suggests that a sense of belonging may be the single most powerful positive ingredient that should be added to the lives of children and youth. More information about this and other developmental essential elements will be included in future Clover Chatter issues.

Sectional Presentation Day (cont'd from p. 1): now apply to conduct their presentation at the State Presentation Day. It will be held on Saturday, May 27th as part of the State 4-H Field Day at UC Davis. Registration is online only at http://ca4h.org/wrp/spd/. Entry deadline is May 22, 2006. For information, contact Carol Green at cmg13@mac.com or (408) 246-4239.

APRIL 2006 PAGE 5



Up Close and Personal With Heidi Fuentes and Sandy Parker

Heidi Fuentes started as a project leader five years ago with the Pleasant Grove 4-H Club. Knowing the value of 4-H as a youth member herself, Heidi says she wanted to involve her own kids in the program. And that desire to stay connected with her kids was the motivating reason for taking on the advanced leadership role as Pleasant Grove's Community Club Leader.

Her enjoyment of working with youth enrolled in the animal projects, culminating in taking and showing them at the County Fair is another reason that Heidi stays involved. She says watching them learn and grow is a great reward. She says the most important traits a volunteer leader can possess is enjoying working with kids and having a lot of patience.

Heidi also reported that one of the greatest things about our local 4-H Program is that it's small enough to provide opportunities to get to know people and make friends. She also believes our camp provides a great getaway for members and leaders alike, a break from the hustle and bustle of everyday life. It's a relaxing atmosphere for enjoying the outdoors with each other. Heidi's advice to new leaders is, "Enjoy it, don't hesitate to ask for what you need, and have fun!"

Sandy Parker is a member of a five-generation 4-H family in the Sutter/Yuba Counties 4-H Program. She has more than 20 years experience as a Project and Community Club Leader, and serves on the Fashion Revue committee every year. She has stayed involved with 4-H for the same reason she joined, which is to help our children and youth to learn to be responsible citizens and to give back to their community.

The "essential element" of *generosity* for positive youth development is one of the strongest features of our local 4-H Program, Sandy says, and is modeled by many leaders who have been committed to it for decades. She says these dedicated individuals and families show their strong sense of support and conviction for the youth in our community as they "lead by example". Even when their own children have "aged-out" of 4-H, they continue to step up to serve as a way of ensuring that the program stays strong and stable.

Sandy's recommendation to new leaders is, "Ask others if you need help, there's always someone who wants to help you." And she wants them to remember, "Whatever you give, you get back ten-fold." That's a good reminder for all of us.

2005-2006 Sutter/Yuba Counties 4-H Community Club Leaders Contact Data

FOR QUICK AND EASY ACCESS TO YOUR COMMUNITY CLUB LEADER, CUT AND TAPE THIS TO YOUR REFRIGERATOR!

CLUB	LEADER/S	PHONE #s	
Able Riders	Valerie Wilson	530-742-1765	
Arboga	Nancy Mantz	530-743-6217	
Barry	Sam Diaz	530-674-1690	
Browns Valley	530-742-8340		
Dententer	Mrs. Tommie Mettz	530-742-2900	
Dententer	Steven Sanchez	530-743-2281	
District 10	Cindy Thomas	530-740-1219	
District 10	Ronda Applegarth	530-742-4357	
East Nicolaus	Josina Conant	530-656-2656	
Franklin	Nancy Perkins	530-674-9555	
Guide Dogs	Suzanne	530-695-3460	
	Herboldshimer		
Guide Dogs	Kathy Anderson	530-671-7825	
Hallwood	Mary Hall	530-743-2490	
Hi 4-H	Mary Hall	530-743-2490	
Live Oak	Kathy Walker	530-695—0214	
Pleasant Grove	Heidi Fuentes	916-655-3599	
Plumas	Jerry Uhland	530-639-2199	
Rocky Hills	Christi Putney	530-741-1035	
Smartsville	Dianna Taylor	530-741-1375	
Sutter Buttes	Debbie Tarke	530-696-0265	
Wheatland	Tracy Bishop	530-633-0510	
Yuba Hills	Terry Wilkinson	530-692-0443	

THINK ABOUT IT: If you are reading this newsletter online, this site is made with 100% recycled electrons. No trees were destroyed and no animals were harmed.

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Sutter/Yuba Counties

2005-2006 4-H Annual Event Calendar

Fashion Revue Planning Meeting	April 6, 2006, 7:00 p.m. @ 4-H Office AND			
	April 20, 2006, 7:00 p.m. @ 4-H Office			
Grand National	April 7-15, 2006 @ Cow Palace, San Francisco			
Spring Fair Planning Meeting	April 12, 2006, 6:30 p.m. @ 4-H Office			
Hi 4-H Fundraiser Spaghetti Dinner	April 13, 2006, 5:00 p.m. @ 4-H Office			
Camp Leaders Planning Meeting	April 13, 2006, 6:00 p.m. @ 4-H Office			
Bi-County Council Meeting	April 13, 2006, 7:00 p.m. @ 4-H Office			
4-H 'You See' Davis Days	April 20-22, 2006 @ UC Davis			
SPRING FAIR ENTRIES SUBMISSIONS DUE	APRIL 21, 2006 @ 4-H OFFICE			
Camping Conference Registration Submission Due	April 21, 2006 to State 4-H Office			
Bi-County Fashion Revue	April 29, 2006 — Judging, 3:30 p.m.; Fundraiser BBQ, 5:30 p.m.; Fashion Show, 7:00 p.m. @ Wheatland Elementary School			
Camping Conference	May 5—May 7, 2006 @ Grizzly Creek Ranch, Portola, CA			
Star Rank Judging Submissions Due	May 5, 2006 @ 4-H Office			
	September 8, 2006 @ 4-H Office			
Spring Fair Set Up Day	May 6, 2006 @ Yuba-Sutter Fairgrounds			
North Section Leader's Council Meeting	May 6, 2006 @ CSU, Chico			
Emblem Luncheon and Fashion Show	May 7, 2006, 12:00 noon @ Marysville Elks Lodge			
Spring Fair	May 13, 2006, 9:30 a.m. @ Yuba-Sutter Fairgrounds			
Bi-County Presentation Day	May 13, 2006, starting at 9:30 a.m. @ Spring Fair			
State Fashion Revue Entries DELIVERED BY	May 13, 2006 to Jane Durston at 12049 North Angier Road, Lodi, CA 95240			
State 4-H Presentation Day Entry Submissions Due	May 22, 2006 @ State 4-H Office			
State Presentation Day and State Fashion Revue	May 27, 2006 @ UC Davis			
4-H Camp	June 19-22, 2006 @ Dobbins 4-H Camp			
Record Book Judging Submissions Due	TBA			



1 Saturday

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2/30 Sunday	3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday	8
30th—Statewide 4-H scholarships applica- tions and advisory committee applica- tions due	Arboga, Browns Valley, District 10, East Nico- laus, & Hallwood Com- munity Clubs meet	Able Riders and Sutter Buttes Community Clubs meet	Franklin Community Club meets PLEASE NOTE: Pleas- ant Grove Community Club meets tonight	Fashion Revue Meeting, 7:00 p.m., 4-H Office	Grand National, Cow Palace, S.F. (7th—15th)	Yuba Hills Community Club meets
9	10 Plumas and Wheatland Community Clubs meet	11 Able Riders, Dententer and Smartsville Community Clubs meet	12 Spring Fair Meeting, 6:30 p.m., 4-H Office Rocky Hills Commu- nity Club meets	13 Bi-County Council Mtg., 7:00 p.m., Hi 4-H Spa- ghetti Dinner, 5:00 p.m., Camp Leaders Mtg., 6:00 p.m., all at 4-H Office	14	15
16 Guide Dogs Community Club meets	17 Hi 4-H meets	18 Able Riders Community Club meets	19	20 "You See" Davis Days Fashion Revue Meeting, 7:00 p.m., 4-H Office Barry Community Club meets	21 "You See" Davis Days SPRING FAIR ENTRIES DUE Camp Conference Registration due	22 "You See" Davis Days
23	24 Live Oak Community Club meets	25 Able Riders Community Club meets	26	27	28	29 Fashion Revue, 3:00 p.m., Fashion Show, 7:00 p.m., Wheat- land Elementary School
May 2006	1	1				1
-	1 Monday Arboga, Browns Valley, District 10, East Nicolaus, & Hallwood Community Clubs meet	2 Tuesday Able Riders and Sutter Buttes Community Clubs meet	3 Wednesday Franklin Community Club meets, 4-H Office	4 Thursday FINAL DEAD- LINE FOR SPRING FAIR LATE ENTRIES	5 Friday Camping Conference (5th—7th) @ Grizzly Creek Ranch Records Book Submission for Star Rank Judging @ 4-H Office	6 Saturday Spring Fair Set Up Day, Y-S Fair- grounds North Section Lead- ers' Council Meeting, CSU, Chico
7 Sunday	8	9	10	11	12	13 Spring Fair and Bi-County

	Arboga, Browns Val- ley, District 10, East Nicolaus, & Hallwood Community Clubs meet	Able Riders and Sutter Buttes Commu- nity Clubs meet	Franklin Community Club meets, 4-H Office	FINAL DEAD- LINE FOR SPRING FAIR LATE ENTRIES	(5th—7th) @ Griz- zly Creek Ranch Records Book Submis- sion for Star Rank Judging @ 4-H Office	Day, Y-S Fair- grounds North Section Lead- ers' Council Meeting, CSU, Chico
7 Sunday Emblem Luncheon & Fashion Show, Marys- ville Elks Lodge	8 Plumas and Wheat- land Community Clubs meet	9 Able Riders, Dententer and Smartsville Community Clubs meet	10 Pleasant Grove and Rocky Hills Community Clubs meet	Bi-County Council Mtg., 7:00 p.m., 4-H Office	12	13 Spring Fair and Bi-County Presentation Day, Y-S Fair- grounds
14	15 Hi 4-H meets	16 Able Riders Community Club meets	17	18 Barry Community Club meets	19	20
21 Guide Dogs Community Club meets	22 Live Oak Community Club meets	23 Able Riders Community Club meets	24	25	26	27 State 4-H Field Day (State Fashion Revue & State Presentation Day) @ UC Davis
28	29	30	31			_

Able Riders Community Club meets