Sutter-Yuba Counites

CLOVER CHATTER—January 2024

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- Upcoming Bi-County Events
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 Day
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- SAVE THE DATE—State Field Day
- Advisory Committees applications are open
- Apply to be a State Ambassador
- Become a Mental Health First Aid responder
- CA 4-H Camp Conference
- The Volunteer Cafe
- 4-H Club Meetings

Apply to become a 4-H County Ambassador



Č.,	Up	coming Bi-County	Events & Presentations Opportunities				
nr		Jan 4th	4-H County Council Meeting				
ar		January 25th	Republican Dinner Servers/Volunteers				
•		February 24th	2024 4-H County Presentation Day				
		March 7th	4-H County Council Meeting				
		March 9th	Bok Kai Parade				
		March 16th	4-H Color Me Green				
Under 1927		March 15th	Farm Bureau's Spring Fling Dinner				
		TBD (March-ish)	4-H County Fashion Revue				
		Мау	TSC Paper Clover Campaign				
		May 2nd	4-H County Council Meeting				
		June	4-H Booth at Fair				
	State 4-H Events						
		March/April	Regional Presentation Day				
		May 25th	State 4-H Field Day				



Date: Saturday, February 24, 2024 **Time & Location:** 9:00am | Brittan School, Sutter **Entries Due:** February 21, 2024

Start planning your presentation now! All members are encouraged to participate in this event. This is a Bi-County event and County Presentation Credit if you actively participate.

Presentation Day Resources

- <u>REGISTER HERE</u>
- VOLUNTEER HERE
- PRESENTATION MANUAL
- PRESENTATION MANUAL ADDENDUM



Learn by Doing

COUNTY UPDATES



The 4-H Hats are back in stock!!

New 4-H Uniform Prices As of January 1, 2024

Collars	\$22.00
Hats	\$31.00 (BACK IN STOCK)
Gate Signs ······	+\$8.00
Ties	\$20.00
Record Books	·\$4.00
Stripes	·\$0.75

The Fashion Revue categories for 2024 are out!

Categories are the same as last year.

- 1. Traditional
- 2. Consumer Science Purchase, \$50.00 Limit
- 3. Softie Challenge
- 4. Costume Challenge
- 5. Make It With Wool
- 6. Leather Creations
- 7. Quilts



The only change is that Traditional and Consumer Science Purchased, \$50 limit are the only two events that must have received County Winner at a County 4-H Fashion Revue or other qualifying event. All of the other categories do not need to qualify at a County 4-H Fashion Revue event.

Members may enter two categories at State Fashion Revue.

The winner in Senior Traditional and Make It With Wool and the top two winners in Senior Consumer Science Purchased will qualify for the FCS National Championship & Conference Fashion Revue categories.

County 4-H Fashion Revue is a Bi-County Event. The date of our event is coming soon!!

Important Reminder!



It is very important to pick up your **FAIR CHECK** as soon as they become available at the fair office. Purchasing 4-H fair animals is the way members of our community shows their support of our youth and 4-H. Writing thank you notes is the way members show their appreciation and gratitude for that support.

We want to remind 4-H members to write your thank you notes, deliver to the fair office and pick up your fair checks as soon as available. **DO NOT** wait months to deliver the thank you notes to the fair office. If you need help getting to the fair office right away (because *of work schedule or other schedule conflict*), please contact Rene or Rayna at the 4-H office for assistance.



4–H youth are 1.9 times more likely to get better grades in school.

COUNTY UPDATES



Council Meeting Dates: 2023-2024

Thursday, January 4, 2024

Thursday, March 7, 2024

Thursday, May 2, 2024

The **Council Meetings** will be held at 6:30 pm at the 4-H Office. We encourage all leaders and members to take an active part in the decision-making process of our program, as you are voting members. All clubs should be represented. **This is a bi-county event.**

Meeting will be in person.

Agenda and minutes coming soon.

If you have any questions or have an item to add to the agenda please contact Rene at rjmccrory@ucanr.edu.

Bok Kai Parade

Theme: Year of the Dragon **Date**: March 9th **Location**: Marysville

ALL CLUBS are welcome to participate with the council entries! Please contact <u>Rene</u> in 4-H Office for more information or if you would like to have a float and/or walkers in the parade. *Space is limited*.

Parade starts at 11:00am rain or shine. The line-up comes out the week before the parade. I will email everyone with our number and line up location.

THIS IS A BI-COUNTY EVENT.





4-H Color Me Green 5K Date: Saturday, March 16, 2024 Registration Opens: January 1, 2024

The "Color Me Green" 5K Run aims to provide youth and community members a learning opportunity for improving their health through a fun event.



Participants will run/walk 5 kilometers (3.1 miles) with other members of their

community and will be showered with green dye to mark every mile marker they pass, leaving them colored in all green by the end of the run!

This is a unique opportunity to visit the Sierra Foothill Research Station and there is no other run like it in the area.

THIS RACE IS OPEN TO THE PUBLIC!

This is a Bi-County Event and County Presentation Credit for older teens who volunteer for the planning committee. Contact Rene at the 4-H Office for more details at <u>rjmccrory@ucanr.edu</u> or 530-822-7515.

Sponsorship available!

Click HERE for More Details





4-H builds self-esteem, and helps youth to realize that their opinion counts and that they can make a difference. -4-H Volunteer

COUNTY AMBASSADOR CORNER



We are excited to welcome **Olivia Salle** as our newest County Ambassador. Olivia is a member of Franklin 4-H Club, served over 40 hours of leadership, civic engagement and community service.

Ambassadors She will be joining the current member Eva Scott from Franklin 4-H Club. They will be creating a service learning project, at our county events during the new 2023-2024 4-H program year.



<image>

Club Officers Training 2023











Fall Fair 2023



4-H Kick Off Event 2023













Today's 4–H'ers, Tomorrow's Leaders. –4–H Member

COUNTY UPDATES

2024 Forestry Institute for Teachers (FIT)—Registration Open

Registration is now open for the Forestry Institute for Teachers (FIT) 2024 summer sessions! FIT has proudly supported California educators for 30+ years to learn about the state's forests in an immersive week-long professional learning program. At FIT, cohorts of educators work alongside natural resource professionals and credentialed instructors to explore the complexities of stewarding our forest ecosystems for current and future generations. FIT's Natural Resource and Education teams weave environmental education curriculum with field-learning experiences that are relevant to participants' daily lives and communities. Participants ultimately leave FIT empowered to share their learning in ways that enhance and support their current teaching practice.

PreK-12 educators of all subject matters and teaching settings (formal and nonformal) are encouraged to participate. Consider attending with colleagues from your school site or district to enrich your experience. Registration fee covers food, lodging and teaching materials.

Participants receive: **50 hours of interdisciplinary instruction** aligned with state teaching standards and frameworks, **certifications** in Project Learning Tree (PLT) and Project Water Education Today (WET), and upon program



Tree (PLT) and Project Water Education Today (WET), and upon program completion become eligible for a \$300 **stipend**, 3 Continuing Education Units (**CEUs**) and future specialized FIT professional learning opportunities exclusively for FIT Graduates!

For more information & registration steps please visit https://www.forestryinstitute.org

Save the Date State Field Day May 25, 2024

The California 4-H State Field Day will take place on Saturday, May 25th, 2024 on the UC Davis campus. State Field Day is a single day event with multiple contests that youth ages 9 and up can participate in. Primary youth activities will also be available, as well as educational booths. State Field Day contests are a culminating activity for a variety of 4-H project areas. Some contests require that youth pre-qualify, while others are open to anyone.

State Field Day 2024 will offer the following contests:

- State Presentations*
- State Fashion Revue* State Fashion Revue categories
- Interview Interview Contest job descriptions
- Robotics
- Forestry
- Insect Identification
- Photography
- Film Festival
- Plant Science

2024 State Fashion Revue Categories 2024 Interview Job Descriptions

*These contests require youth to pre-qualify at a county and/or regional event.

More details will be available in Spring 2024.

If you have questions or inquiries, please reach out to <u>4hsfd@ucanr.edu</u>!





I pledge my... head to clear thinking.

ADVISORY COMMITTEE

STATE UPDATES

Join the Volunteer Development Advisory Committee

Are you passionate about enhancing learning experiences for 4-H youth and adult volunteers? We are restarting the Volunteer Development Advisory Committee right NOW! Together, volunteers and 4-H professionals will collaborate to create innovative professional development opportunities for 4-H volunteers.

Commitment

Inaugural members will serve an extended term, as follows: Start date February 2024. Youth committee members will serve until June 2025, with an option to renew for one year. Adult committee members will serve until June 2026.

Time commitment

Approximately 3-5 hours per month. Quarterly 1.5-hour Zoom meetings, with independent project work between sessions.

Who can apply

- 4-H members ages 14 to 19 during their term;
- 4-H adult volunteers (young 4-H alumni are encouraged to apply!)
- 4-H professionals Community Education Specialists, Advisors, Staff
- UCCE Academics

See the <u>Committee Description</u> for more information. <u>Applications</u> are due January 15, 2024.

Apply to serve as a 2024-2025 State Ambassador!

The California 4-H State Ambassador Program is represented by youth who are exceptional in their leadership and service to their communities and who can professionally represent the entire University of California 4-H Youth Development Program. The size of the 4-H State Ambassador team varies each year and is determined by the number of outstanding youth who apply.

Applications are due January 22, 2024 by 8:00am.

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PLICATIONS

See our <u>State Ambassador page</u> to learn more about what State Ambassadors do and how to apply. For questions email <u>stateambassadors@ucanr.edu</u>

Become a Youth Mental Health First Aid responder

Professional development opportunity for 4-H professionals and 4-H Adult Volunteers.

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. Mental Health First Aid (MHFA) is a program of the <u>National Council for Mental</u> <u>Wellbeing</u>. It was brought to the United States in 2008 with the aim to make it as common as physical First Aid and CPR. Since the National Council brought MHFA to the U.S. in 2008, MHFA has established itself as a trusted, evidence-based training program. Youth Mental Health First was added for those working with youth ages 12-18.

The registration **deadline** for each session is **one week before** the session.

Feb. 15, 2024, 9am - 5:30 pm. Max capacity 30 participants. *Register by Feb.* 8— In-person at UC

ANR Building, 2801 Second St., Davis, CA 95618 6.5 hours of instruction plus breaks. 2 hours of selfpaced work must be completed prior to the training.

March 2, 2024, 9am - 5pm. Max capacity 20 participants. *Register by Feb. 23*—Virtual via Zoom 4.5 hours of instruction plus breaks. 2 hours of selfpaced work must be completed prior to the training.

May 18, 2024, 9am - 5:30 pm. Max capacity 30 participants. *Register by May 10*—In-person at UC ANR Building, 2801 Second St., Davis, CA 95618 6.5 hours of instruction plus breaks. 2 hours of self-paced work must be completed prior to the training.

Sept. 24 & 25, 2024, 5pm - 8pm. Max capacity 20 participants. *Register by Sep. 17*—Virtual via Zoom - Must attend both sessions. 4.5 hours of instruction plus breaks. 2 hours of self-paced work must be completed prior to the training.





I pledge my... heart to greater loyalty.

STATE UPDATE

2024 Camping Conference

Theme: Mission Possible Date: March 8-10, 2024 Location: Redwood Glen Camp & Conference Center

Learn how to create safe, engaging, education—and fun! - spaces for campers. During this weekend retreat, learn through hands-on activities and network with camp enthusiasts from across California.

This conference is sponsored by the 4-H Camping Advisory Committee. It is open to all camp adults and teen leaders.

This conference is held every other year. Don't miss this opportunity! Register and learn more on the Camping Conference event page.

CALIFORN 2024 Nood Gle POSSIBLE Μ Join us Early Bird Friday, March 8 thru Regular Jan. 27-Feb. Sunday March 10 Archery

For Club & Project Leaders

We're currently recruiting guest speakers for the launch <u>download the information flyer</u>. of "The Volunteer Café Webinar Series," a bi-monthly, 1-hour exploration of creative and innovative practices by our very own CA 4-H Volunteer Club and Project Leaders. This series is set to launch in March 2024 and we are looking for volunteers who would be willing to share and showcase their creative and innovative programming with their peers.

TO LEARN MORE about what's involved in becoming a guest speaker for The Volunteer Café webinar series,

TO REFER A VOLUNTEER, Countybased staff can complete the Referral Form.

Let's create waves of inspiration together!

For more information, contact Scott Mautte at scmautte@ucanr.edu.



SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time	Club Contact	
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Brenda Leonhardt	brenda@familysoup.org
Barry	Barry Elementary School	3rd Thurs 6:00 pm	Linsey Lowery	lazyllivestock@hotmail.com
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Alicia Wright	awright9777@gmail.com
District 10	Truth Tabernacle	2nd Sun 3:30 pm	Tamera Wilson	mrwilson1218@yahoo.com
Feather River	Online Via Zoom	3rd Tues 7:30 pm	Kim Eagan	kimberleyeagan@yahoo.com
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Nancy Perkins	nbyer@yahoo.com
Hallwood	Church of the Nazarene, Hallwood	1st Mon 7:00 pm	Renick House	renickh@hotmail.com
Loma Rica	Foothill Lions Club	2nd Mon 6:30pm	Linda Olsen	lolsen@pobox.com
Live Oak	Boy Scout Hall	1st Wed 6:30 pm	Janet Jewell	janiejewell1559@gmail.com
Marysville CORE	CORE Charter School	Last Tues 12:30 pm	Tracy Nelson	tnelson@corecharter.org
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Kristen Chiaratti	kchiaratti11@gmail.com
Plumas	Lindhurst High School	2nd Tue 7:00 pm	Angie High	angelahigh@ymail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Candice Fresquez	candiceyoung@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00pm	A Garden H Robin Burrow	brburrow1@gmail.com



I pledge my... HEAD to clearer thinking, HEART to greater loyalty, HANDS to larger service, HEALTH to better living, for my club, my community, my country, and my world.



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UCCE Sutter-Yuba 4-H OFFICE 142A Garden Hwy Yuba City, CA 95991 530.822.7515 rimccrory@ucanr.edu | cesutter.ucanr.edu Layout: Rene McCrory, 4-H Secretary

Editor: Rayna Barden, 4-H Community Education Specialist

Advisor: Matthew Rodriguez, 4-H Youth Development Advisor

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