



Fall for **4-H** Fall Fair!

At Yuba County Sheriff's Posse Arena

Come learn and show with us!

Show classes include: Primary, 9-12 yr olds, and 13-18 yr olds. Showmanship for Pygmy Goat, Rabbits, Chickens, and Horses (horsemanship, showmanship, and best groomed).

Buckles for 9-12, 13-18 class winners! (Primary members receive ribbons and experience) Educational Booths, Club Participation and fundraising opportunities. All Yuba-Sutter Clubs invited!

Rosie's Sno Biz and other fair experiences will be on site

October 20, 2024
Shows start promptly at 11am

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Fall Fair

Date: Sunday, October 20, 2024

Location: Yuba County Sheriff's Posse Arena



Small Animal Showmanship for Pygmy Goats, Rabbits, Chickens and Horses (horsemanship, showmanship, and best groomed)

Buckles for 9-12 yr olds, 13-18 yr olds class winners! (Primary members receive ribbons and experience.)

Contact Rene at the 4-H Office at 530-822-7515 or rjmccrory@ucanr.edu for more information or any questions.



EVENT REGISTRATION

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- Fall Far
- Paper Clover **NEW DATES**
- New Incentive Awards for pens for your hats
- Veterans Day Parade (**NEW Bi-County Event**)
- 4-H County Council Meeting
- Bi-County Events **SAVE THE DATE**
- Policy Reminders
- Long Term Outcomes of 4-H
- Winter 2025 Online Workshop Series
- National 4-H Conference
- The Volunteer Café
- Teen Leader Essential Series

Paper Clover
Nov. 29 – Dec. 15

Funds support 4-H camp, scholarships & leadership activities.

TSC TRACTOR SUPPLY CO

Changes to Tractor Supply fundraising

Please note the following changes to Tractor Supply fundraising campaigns.

Holiday Ornaments

Launching on October 7th, limited-edition collectible 4-H holiday ornaments will be available in Tractor Supply stores nationwide. Featuring three unique designs for 2024, these ornaments are sure to become a cherished family tradition for 4-H'ers for years to come. 100% of the funds raised from ornament sales will benefit 4-H.

New Paper Clover Dates: November 29th – December 15th

To embrace the holiday spirit, the Paper Clover campaign will move from October to November and December this year, officially launching on Black Friday! Running from November 29th to December 15th, we are thrilled that TSC is hosting this event during the season of giving. We can't wait to see how much we raise for 4-H Camp and Leadership Scholarships!



Sign up on page 2.



ANNOUNCEMENTS & PROGRAM UPDATES

Learn by Doing

COUNTY UPDATES

ZSuite Enrollment Update: Years in 4-H

Years in 4-H is a field that is part of enrollment and is stored in the ZSuite enrollment system.

Both Adults and Youth:

- Years in 4-H was **not imported** from our previous enrollment system, 4-HOnline, to our current system, ZSuite.
- ZSuite started calculating years in 4-H beginning 2023-2024. Now moving forward one year is added for each program year the individual has an approved and Active enrollment.
- Please check your years in 4-H, if the year is wrong in the system, contact Rene in the 4-H office at rjmccrory@ucanr.edu or 530-822-7515 to add the correct year.

As I confirm members, I noticed many years need to be updated.



TSC Paper Clover Campaign—Nov 29—Dec 15th

The TSC Paper Clover has been rescheduled. This is our opportunity to tell the community about 4-H.

This is a Bi-County Event

[SIGN UP HERE](#)

NEW INCENTIVE AWARDS—INCLUDING PENS FOR YOUR HATS

We are building new awards around the attendance of our Sutter-Yuba 4-H Bi-County events. The events are going to be categorized into presentations, civic engagement and community service. The awards will include pens for your hats and recognition at the 4-H Awards Night.

AWARDS INCLUDE:

- Attend between 3-5 Bi-County Events
- Attend 100% of all Bi-County Events
- Engage with people about 4-H while working at a 4-H Booth
- Attend 6-8 Bi-County Event
- Do a Presentation while attending a
- Work at the event while attending a 4-H event/dinner

THE 22ND ANNUAL YUBA-SUTTER VETERANS DAY PARADE

**Monday, November 11, 2024
11:00am Rain or Shine**

Theme: "Supporting Our Troops: Past, Present, and Future"

All clubs are welcome to participate as part of the entries sponsored by the 4-H County Council. We signed up for a float and walkers. Please contact Rene at the 4-H Office rjmccrory@ucanr.edu or 530-822-7515 if you would like to participate. There is also volunteering at the parade opportunity. **This is a Bi-County Event!** We will share the line up information as soon as we get it.

Council Meeting Dates: 2024-2025

Thursday, November 7, 2024

Thursday, January 2, 2025

Thursday, March 6, 2025

Thursday, May 1, 2025

The **Council Meetings** will be held at 6:30 pm at the 4-H Office. We hold five meeting a year and we encourage all leaders and members to take an active part in the decision-making process of our program, as you are voting members. All clubs should be represented.

This is a bi-county event.

[Agenda and minutes](#) coming soon.

If you have any questions or have an item to add to the agenda please contact Rene at rjmccrory@ucanr.edu.





ANNOUNCEMENTS & PROGRAM UPDATES

4-H youth are 1.9 times more likely to get better grades in school.

COUNTY UPDATES

4-H Craft Day

When: Saturday, November 16, 2024
Time: 9:00am—12:00pm
Where: 4-H Office, 142A Garden Hwy, Yuba City
[FLYER](#)

Members and families are invited to come out and enjoy a morning of crafting. The event will feature a variety of make and take crafts for all ages. This vent is open t everyone so bring your friends.

This is a Bi-County Event with an opportunity for County Presentation Credit.



Clubs—Each 4-H Club is asked to bring 2 crafts. Sign up by scanning/click the QR Code.



SAVE THE DATES BI-COUNTY EVENTS



Marysville Christmas Parade
Mark your calendar for Saturday, December 7th at 5:00pm. This year's theme for the Marysville Christmas Parade is "A Night at the Nutcracker". The council will purchase the entries and everyone is welcome to participate.

This is a Bi-County Event.



County 4-H Presentation Day—Saturday, February 8, 2025

Location: Brittan Elementary School, Sutter
Time: 9:00am
Entries Due: Feb 5th

Registration is open. Start planning your presentation now.

- Presenter: <https://forms.gle/h9jvXEGsjNR2GcWW9>
- Volunteers: <https://forms.gle/KkxXv5c75nbH3L3z6>

This is a Bi-County Event.



4-H Color Me Green Run & Walk—Saturday, March 15th

Location: Sierra Foothill REC, Browns Valley
Race Start Time: 9:00am
Entry Fee: \$25 Adult / \$15 Youth

Registration Opens December 30, 2024 at 3:50pm. OPEN TO THE PUBLIC.

This is a Bi-County Event.



4-H Awards Banquet—Tuesday, May 6th

Location: Sutter County Veterans Hall
Time: 6:00pm

Everyone is invited! The Pasta Potluck dinner is back with games and new awards.

RSVP: <https://forms.gle/wRBbok41LwcWt9SA>
THIS IS A BI-COUNTY EVENT



County 4-H Fashion Revue—Saturday, May 3rd, 2025

More details coming soon!

Start your sewing project today!

Age Divisions: Primary (ages 5-8), Junior (ages 9-10), Intermediate (ages 11-13), Senior (ages 14-18)

Categories: Traditional, Purchased (\$50 limit), Make it With Wool, Costume Challenge, Softie Challenge, Leather Creations, and Quilts

This is a Bi-County Event!



ANNOUNCEMENTS & PROGRAM UPDATES

4-H builds self-esteem, and helps youth to realize that their opinion counts and that they can make a difference.
-4-H Volunteer

COUNTY UPDATES

Financial Policy Reminder

1) Writing Checks: Each club’s bank statement is reviewed, monthly by the 4-H Office Staff. The purpose of the monthly review is to ensure that our clubs are operating in compliance with the University and 4-H Policy.

Chapter 9. XII Disbursement—<https://4h.ucanr.edu/Resources/Policies/Chapter9/>

A. Procedures (check writing)

All expenditures must be made from established 4-H units or Council accounts.

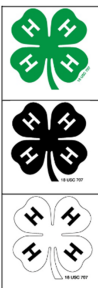
1. Decisions concerning the disbursement of funds by a 4-H unit or VMO are to be made by the membership of the unit or VMO.
2. Financial commitments and expenditures must be in accordance with the policies established in this *Handbook* and with the 4-H unit’s or VMO’s approved budget.
3. If expenses are incurred for non-budgeted items, these expenses should not be paid until after the 4-H unit or VMO formally approves the non-budgeted expenditure.
4. For budgeted items, the treasurer should make payments only with proper documentation such as a purchase order, receipt, invoice or other supporting documentation.
- 5. All checks must bear the signatures of two unrelated persons authorized and designated as signatories by the unit or VMO. The signer may not be the same person as the payee.**
- 6. The check memo must include the purpose of payment.**

2) Raffles—Games of chance in the 4-H Youth Development Program

Can 4-H members, adult volunteers, units and VMOs conduct raffles? **No**, 4-H participants cannot conduct raffles. However, if everyone is provided a paper ticket and purchase is not required you may have a drawing for the prize as everyone would be eligible for the prize. It would also be okay to accept and encourage donations but donations cannot be required to receive a paper ticket and enter the drawing.

3) USDA Guidance for use of the 4-H emblem

- Use the whole Emblem. It should always appear as a whole and complete image.
- Do not place text or other images over or on top of the 4-H Emblem.
- Keep it upright. The 4-H Emblem should not be rotated or turned on its side.
- Do not use the emblem in place of the wrk “4-H” in a title or text, or to replac an individual letter within a word.



- Colors can be 4-H Green (PMS 347) with white H’s
- Black with white H’s
- White with black H’s
- For one-color printing, the H’s can be reversed out to the color of the background on which it is printed.
- Color of the emblem cannot be shaded, gradated or appear in a multi-color hue.



Dive into STEM with the *Food for Thought* STEM Challenge kit; no previous experience is necessary. Explore themes of food security like supply chain, food safety, and production. Ideal for youth ages 8-14, the kit’s three activities are straightforward, ensuring easy setup and engaging learning.

The 2024 STEM Challenge offers flexible learning, whether at home or in class. Tailor the experience to fit any educational goal or schedule. We have ordered kits and if you would like to do the activity contact Rene at the 4-H Office if you are interested in doing this STEM activity at rjmccrory@ucanr.edu or 530-822-7515.



ANNOUNCEMENTS & PROGRAM UPDATES

Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

COUNTY UPDATES

From Youth to Competent Adults: The Long Term Outcomes of 4-H

By Nicole Marshall-Wheeler

Participating in the 4-H Youth Development Program can be rewarding for youth in many ways. Often youth participate in programs or projects which help them cultivate new skills or gain confidence while having fun.

The ultimate goal of most youth development programs, such as 4-H, is to help youth grow into capable adults, while providing a valuable experience during childhood. Adult volunteers and 4-H professional staff dedicate years and emotionally invest in local youth to help them grow. So how do we know that our youth development programs are making a lasting impact? Is our hard work paying off in the long run, as youth grow into adults?

Many programs, including the 4-H Youth Development program, report short-term behavior or attitude changes their program has had on the participating youth members during the course of the program or during a single snapshot in their time in the program. These short-term behavior or attitude changes are a great way of knowing the change happening during or immediately after participating in a youth program. Determining the long-term impacts of a youth program can be more challenging though. We sometimes see immediate changes, but do those changes last into adulthood? One way to look at long-term impacts of youth programming is to ask alumni or program participants who have aged out of a program to reflect on their time in the program.

In a recent study, a team of 4-H academics surveyed 693 California 4-H young adult alumni to find out what past 4-Hers report as the benefits and outcomes of the 4-H program. The research team focused on young adults aged 19 to 34, knowing that the 4-H program has changed its structure and framework over the years. 4-H alumni were asked questions around three main areas: economic stability, health and well-being, and community involvement.

Livelong Outcomes

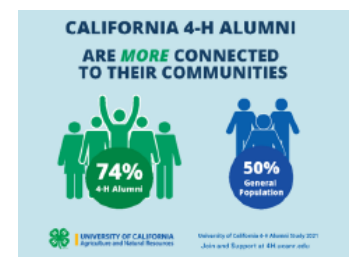
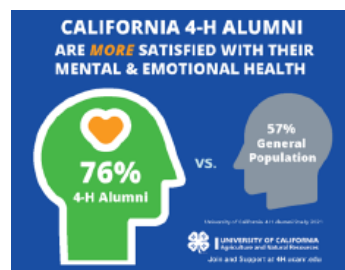
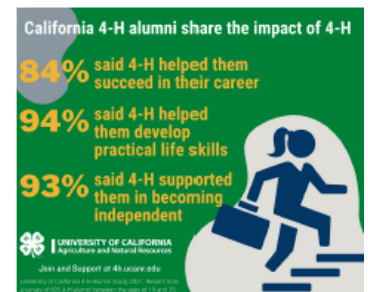
The results of this study showed that California 4-H alumni had many positive long-term outcomes associated with their involvement in the

California 4-H Youth Development Program. When compared with an U.S. general population who had not participated in 4-H, the 4-H alumni demonstrated more positive long-term outcomes in each of the three areas. Not only did 4-H alumni report a strong sense of community, better physical and mental health, and feeling more financially stable – they also confirmed that 4-H helped them develop leadership, public speaking, and other real-world skills.

Ultimately, projects and programs in 4-H help youth develop skills and confidence in a way which has a lasting impact. Our time, effort, and valiant efforts with youth will most likely follow these youth into adulthood and beyond.

References

Marshall-Wheeler, N., Nayak, R., Iaccopucci, A., & Worker, S. M. (2023). Long-term outcomes of early adult 4-H alumni. *The Journal of Extension*, 61(2), Article 2.



[CLICK HERE FOR THE FULL REGIONAL NEWSLETTER](#)

ANNOUNCEMENTS & PROGRAM UPDATES

I pledge my...
head to clear thinking.

STATE UPDATES

Winter 2025 Online Workshop Series for 4-H Project Leaders Tuesdays in February 2025

Free online series (using Zoom) provided by the CA 4-H Volunteer Workgroup.

For: New 4-H volunteer educators serving as project leaders.

Learn how to plan and facilitate 4-H learning experiences (projects) with young people in community 4-H club projects, after-school club programs, day camps, special interest (SPIN) clubs, teenagers-as-teachers (teens-as-teachers) programs, and other educational experiences.

In the four-part series, 4-H volunteer educators learn about their roles, responsibilities, lesson planning, making learning engaging, working with youth, and effective hands-on learning. Virtual sessions cover content from *The UC 4-H Volunteer Educators' Guide: For Volunteers Facilitating 4-H Educational Experiences* (published in 2023).



The full series is 8-hours
(4 sessions, each 2 hours)

Attend all sessions to earn a
4-H volunteer name badge.

Register at
<https://bit.ly/4HPL2025>

Apply to represent California 4-H at the National 4-H Conference

National 4-H Conference April 11 –16, 2025 Hyatt Regency Crystal City, Arlington, VA

Applications are now open for the National 4-H Conference being held April 11-16, 2025. National 4-H Conference is the pinnacle experience in 4-H Civic Engagement and Leadership. It provides the opportunity for young people to connect, learn, engage, lead and impact their communities and nation.

This conference is hosted by the USDA and is known as "the Secretary's Conference." If you are accepted to represent California at this conference, all travel and conference expenses will be covered by a generous grant from the Thomas and Dorothy Leavey Foundation.

Complete application materials and references must be submitted by 5:00pm November 30, 2024. Applicants must be at least 16 years of age by December 31, 2023 and a currently enrolled 4-H Member. Additional application requirements and more information about this event are on the [National 4-H Conference event page](#).





PROGRAM UPDATES

I pledge my...
heart to greater loyalty.

STATE UPDATE

Save the date for our next webinar on December 19th!

Day Camp: Cultivating Positive Ethnic Identity

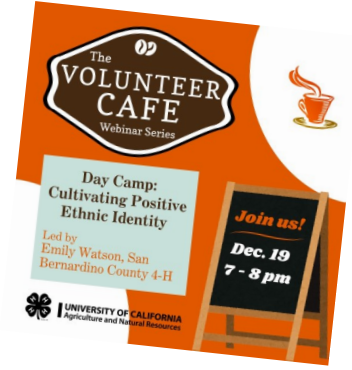
Thursday, December 19, 2024

7pm – 8pm

Through our day camp, we helped kids feel good about their ethnic backgrounds. Learn why a positive ethnic identity is important for our youth. Emily will share how their day camp in San Bernardino County started and how it's going now. The fun and hands-on activities support kids from all backgrounds and can also be used to expand your programming in afterschool club

Led by Emily Watson, 4-H Community Education Specialist, San Bernardino County

Emily is a member of the UC ANR Program Team for Expanded Learning.



Teen Leader Essential Series

Join the State Ambassador team in workshop series designed to provide valuable skills for County Ambassadors, youth leaders (13 and up) and County Ambassador Coaches.

Here are the next three sessions - please see the [handout](#) for all of the workshop descriptions.

Register by 3pm the day of the workshop.

October 17, 2024 6:30-8:00pm

Creating a Strong Plan of Action

Teams will discover the key components to service learning and practice transforming community service activities to service-learning projects.

November 20, 2024 6:30-8:30pm

Manage Your Goals and Consensus Building

Goal Management and decision making are key components to true success as a team. This workshop guides participants through goal selection and how to make decisions cooperatively.

December 12, 2024 6:30-8:00pm

Anatomy of a Workshop

One of the functions of a Teen Leader is to educate the members. In this workshop participants will learn how to build a cohesive, interactive, and fun workshop and still include learning outcomes.

SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time	Club Contact	
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Brenda Leonhardt	brenda@familysoup.org
Barry	Online Via Zoom	3rd Thurs 6:00 pm	Linsey Lowery	lazylivestock@hotmail.com
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Jessica Wiggins	jesswiggins24@gmail.com
District 10	Truth Tabernacle	1st Sun 3:30 pm	Tamera Wilson	mrwilson1218@yahoo.com
Feather River	Online Via Zoom	3rd Tues 7:30 pm	Kim Eagan	kimberleyeagan@yahoo.com
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Jill LeVake	jill.levake@corteva.com
Hallwood	Church of the Nazarene, Hallwood	1st Sun 5:00pm	Renick House	renickh@hotmail.com
Live Oak	Boy Scout Hall	1st Wed 6:30 pm	Janet Jewell	janiejewell1559@gmail.com
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Kristen Chiaratti	kchiaratti11@gmail.com
Plumas	Lindhurst High School	3rd Thurs 6:00 pm	Angie High	angelahigh@ymail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Candice Fresquez	candiceyoung@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00pm	Robin Burrow	rburrow1@gmail.com





#iam4h

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.



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