4-H Youth Development Program

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December 2014/January 2015



University of California 🛞



Agriculture and Natural Resources | Cooperative Extension Sutter-Yuba Counties

Special Points

- Message from our 4-H Advisor
- County Presenation Day
- Sectional Presentation Day
- 2015 Yuba Sutter Fair updates
- Leadership Opportunities
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- Chico State Swine Day

The 4-H Pledge: I pledge my ... HEAD to clearer thinking, HEART to greater loyalty, HANDS to larger service, HEALTH to better living, For my club, my community, my country and my world.

4-H Advisor: Emily Schoenfelder, UCCE 4-H Youth Development Advisor

Layout: Rene McCrory, Office Assistant III/4-H Secretary

Editor: Rita Boyes, UCCE 4-H Program Representative



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Inquiries regarding ANR's equal employment opportunity policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, One Shields Avenue, Davis, CA 95616, (530) 752-0495.

County Presentation Day

SATURDAY, February 21 ~ **Cooperative Extension Office**

9:00 am Registration ~ 9:30 am Presentations

Entries Due: February 18th

Start planning your presentations now!! We will have one Presentation Day this year. All members are encourage to participate in this event.

Presentation Day Resources:

- 4-H Presentation Manual to learn about the various types of presentations that can be given along with the judging rubrics
- County Presentation Day Requirements to see the specifics about giving a presentation at County Presentation Day
- Presentation Day Entry Form (open in January) Entries will be online
- A presentation tutorial is available online to help you plan your presentation: http://prezi.com/2nxluzx3psbh

Parents, leaders, and senior members we need your assistance with jobs such as tabulations, room coordinators, clerks, MC's and judges.

Reminder: Youth and Adults participants need to complete the online presentation entry online.

More information can be found on the 4-H website: cesutter.ucanr.edu.

Contact the 4-H Office with any questions at 822.7515.

Club Treasurer **Training**

Saturday, February 7 **Cooperative Extension Office** 9am-12pm **RSVP** by February 1

All club Treasurers and adults who work with club Treasurers are invited to attend this training. We will be going over the new 4-H Treasurer's Manual, discuss UC/4-H Financial

Policies that all clubs must adhere to, and will go over what is looked at for during the county audit.



Please bring your Treasurer's **Manual**— in whatever condition it. is in

For more information and to RSVP, please contact Rita, rjboyes@ucanr.edu

Stocking Stuffers

Are you in need of stocking stuffers? Stop by the 4-H Office and get 4-H ties, scarves, and hats!

Price List:

Hats \$13.00 Ties \$12.00 Collars \$14.00 Gate Signs \$ 7.00

Cooperative Extension Office will be closed from **December 24th through January 1st** for the Christmas and New Year Holiday. **HAPPY HOLIDAYS!!**

COUNTY EVENTS & ACTIVITIES

Sutter Yuba 4-H Council Meeting

Thurs., Jan. 8 ~ 6:30 pm Cooperative Extension Office

All Club representatives, volunteers and youth are welcome. Minutes and agenda can be found online at http://cesutter.ucanr.edu/news 204522/Council Meetings/. .

Any questions please contact Rita at <u>rjboyes@ucanr.edu</u>.

2015 Teen 4-H Camp Counselor Applications

ATTENTION: Teens interested in being involved in

the 2015 4-H Camp as a Teen Counselor, applications will be available in January on the 4-H website.



- 1. Enroll as a Sutter-Yuba County 4-H
- 2. 8th 12th grade in the 2014-2015 school year
- 3. Attend at least 80% of the camp training meetings
- 4. Ability to attend all 6 days of camping June (including Saturday before camp)
- 5. Submit an application online
- 6. Sign the Camp Code of Conduct at the 1st training meeting
- 7. APPLICATION DEADLINE: January 31st

Camp planning meeting dates will be posted in March.

Policy Reminders:

- New Leaders You may NOT hold project meetings until you have completed fingerprinting and orientation. Please contact Rita at 822-7515 or riboyes@ucanr.edu if you need to attend an orientation.
- Two deep at ALL times One of the best ways to ensure the safety of all 4-H members is by making sure that there are two adults volunteers (or one adult volunteer and one other adult at least 21 years of age) with members at all times (see the 4-H Policy Handbook, Chapter 11, IV, B) This includes when youth are waiting for the parents to pick them up after a project meeting, event or activity.

Sectional Presentation Day

SAVE THE DATE

SATURDAY, March 21st ~ **Tehama County** All 4-Hers, Kindergarten thru 12th grades who have qualified at the county level are eligible to participate. Mark your calendar, more information coming soon.

Chico State 2015 Swine Day

January 24, 2015 ~ 8:00 am—2:00 pm Chico State University Farm

- Professional Keynote Speaker
- Live Project Pig Auction
- Hog Raffle
- Lunch included with \$5 entry fee
- Swine Education Workshops:

More information available. Contact <u>chicostateswineunit@gmail.com</u> or 530.898.6025.



Hands on Livestock Expo and AG Symposium

Saturday, February 7th ~ 8:00 am - 5:00 pm Redwood Empire Fair Grounds ~ Ukiah

Don't miss out on this exciting event sponsored by Mendocino County Farm Bureau and a general grant by PG&E featuring:

- Jeff Goodwin on Livestock Ethics
- Martin Smith on Biosecurity
- Feed Suppliers and Commercial Exhibitors
- Skill-a-thons & Contests with lots of prizes
- Species Workshops all afternoon emphasizing Health, Nutrition and Breeding
- Dissection Lab
- Carcass Evaluating
- And much more...

Click her for 2015 Livestock EXPO Registration.





LEADERSHIP OPPORTUNITIES IN OUR PROGRAM ARE EXPANDING!

The 4-H Council voted in March 2014 to add six new committees to its current structure. These committees will help in program development and delivery and will keep 4-H current and relevant to our members and leaders. Your help on these committees is needed. Each committee will be made up of youth and adults (except the Adult Volunteer Leadership Committee). If you would like to serve on any of these committees or need more information, please contact Rita rjboyes@ucanr.edu by January 31.



FUND DEVELOPMENT COMMITTEE

The 4-H Fund Development Committee oversees mission-based fund development for the Sutter-Yuba Counties 4-H Youth Development Program. This may include inviting community members to learn more about 4-H, coordinating fundraising events, building relationships with contributors, or identifying and submitting gift proposals.

ADULT VOLUNTEER DEVELOPMENT COMMITTEE

The Volunteer Development Committee is responsible for assisting with 4-H adult volunteer development, recruitment, and training.

The activities/programs that come under the Adult Leadership category are:

- Volunteer recruitment
- Volunteer placement
- New Volunteer Orientation
- August Community Club Leader meeting/ training
- Development and delivery of continuing education for new and returning volunteers
- Review and evaluate current curriculum

<u>VISIBILITY COMMITTEE</u>

The Community Outreach and Visibility Committee is responsible for promoting awareness of the 4-H program, finding volunteers, and organizing outreach events.

The activities/programs that come under the Community Outreach and Visibility category are:

- Media relations
- Community events liaison
- Farm Day
- Parades
- Development of outreach and public relations plan
- Tractor Supply Co Paper Clover Campaign

YOUTH LEADERSHIP COMMITTEE

The Youth Leadership Committee is responsible for the development and delivery of educational programs to 4-H members.

The activities/programs that come under this committee are:

- Member retention/recruitment
- Leadership Conferences: WHY, State Leadership Conference, California Focus, National 4-H Conference, etc.
- All Star activities

INITIATIVES COMMITTEE

The Initiatives Committee is responsible for strengthening the presence of the initiatives throughout existing programs, activities, and curriculum.

The activities/programs that come under the initiatives category are:

- Citizenship and Leadership
- Healthy Living
- Science, Engineering, and Technology (SET)
- Thrive

EXPANSION AND REVIEW COMMITTEE

The Expansion and Review Committee is responsible for implementing a balanced 4-H expansion program, to help expand 4-H opportunities for members and adult leaders, and to strengthen approaches to 4-H program delivery.

The activities/programs that come under the Expansion and Review Management category are:

- Plan and implement a positive and effective outreach action plan.
- Review geographic boundaries of clubs.
- Review constitution and bylaws of clubs.

Message from Emily Schoenfelder 4-H Youth Development Advisor

Quite a few years ago, now, I logged some time as a preschool teacher for 2 year olds. In addition to being tons of fun, teaching toddlers allowed me to feed my passion for working with kids while helping me pay my way through college. However, dealing with kids so young is a very different experience than other forms of education or youth work. My time was not spent teaching writing and arithmetic, but on helping my students learn to become little people, much of which happened through observing and mimicking adults.

Each December, much to my dismay, my tiny students went collectively and irreparably NUTS!!! Nearly all month long, they shot around the room like tantrum-prone satellites: yelling, laughing, crying, dancing, whining, fighting, and bouncing off the walls (figuratively and literally). It was mayhem. Initially, I assumed they were all just hopped up on the anticipation of cookies and presents to come. Soon, however, I realized that these little ones, being so early in life, had no real memory of the holidays; they didn't have the baseline knowledge to anticipate the excitement of the season. So what was going on? I struggled to understand what my students were going through...and then I walked into a grocery store. Amazingly, I saw and felt the same frantic energy in a retail venue populated by adults (though perhaps more subtle and polite) as I did in my classroom of 2 year olds. It was the adults who were acting nuts. The kids were just modeling this behavior. And who can blame us? December is filled with so much stuff that we can barely keep up. There are presents to buy and parties and out-of -town family – all on top of the everyday tasks that keep us busy enough already. What are we to do?

Well, last weekend at the State Leader's Forum, a 3-day conference for 4-H volunteers and staff, I received some valuable information in a workshop simply titled "Get Happy." In this workshop, Marcel Horowitz, an Advisor in Yolo County, spoke about practices that will increase happiness in your life. While the workshop – and entire conference – were filled with great

lessons, the best take-home advice I received was this: "Take the 'shoulds' off of your list." Marcel encouraged us to write out a to-do list. On that list, we were instructed to determine the things we NEEDED to do to keep our lives running, and the things that we WANTED to do to keep ourselves



happy. Then, we were fold to take everything else off the list. My to-do list instantly shrank from 20 items to 6 items. It was liberating! Now, I'm not overwhelmed by everything that still needs to be done each time I glance at my list. I see only those things that are necessities and those things that will bring me joy. I have no doubt that everything will be accomplished in time – but I don't have nearly the same stress until that happens.

As we enter this crazy and exciting month, I encourage you to do the same. Take the "shoulds" off of your list, and focus on the things that truly matter. I wish you a joyful, peaceful, safe, and blessed holiday season.

2015 Vuba Juster Febr Claws

- 2015 Yuba-Sutter Fair dates: Thursday, July 30th through Sunday, August 2nd
- 2. **Independent deadline is December 15th.** All forms to qualify for independent needs to be in the Fair office by 5 pm on the 15th. 2015 Independent Entry Form
- 3. If parents/members/leaders would like to be added to the **Fair's email list**, either call the Fair office at 673-1280 or email your contact information to info@ysfair.com.

Bi-County Events & Presentation Opportunities

The following is the list of the approved and upcoming **Bi-County Events** that members can still attend in order to meet fair eligibility requirements. You will meet eligibility if you actively participate as a 4-H member in one of the following events:

Upcoming Bi-County Events:

- Yuba-Sutter Fair (from previous year)
- Marysville Christmas Parade (Dec 6)
- County Presentation Day (Feb 2)
- Bok Kai Parade (Mar 7)
- Fashion Revue (TBD)
- Spring Fair (TBD)
- 4-H Camp (TBD)
- Hi 4-H Crab Feed (March)

State 4-H events:

- State 4-H Field Day (May 30, 2015)
- Sectional or State 4-H Presentation Day
- Sectional or State 4-H Fashion Revue
- State Leadership Conference (July 23-25, 2015)
- California Focus (June 19-23,2015)
- State 4-H Booth at CA State Fair
- CSU, Chico Swine and Sheep Field Day

Upcoming Presentation Opportunities:

- 1. County Presentation Day Presenter, MC Judge or Room Coordinator (*must meet qualifications*)
- 2. Sectional Presentation Day Presenter, MC Judge or Room Coordinator (*must meet qualifications*)
- 3. Fashion Revue MC
- 4. Spring Fair Presenter
- 5. 4-H Camp Daily Director/MC

Please review the <u>4-H Fair Eligibility Rules</u> online to see what is required of you to show at the 2015 Yuba Sutter Fair.



4-Hers in action

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Franklin 4-H Club: The Franklin 4-H Meeting was held on Wednesday, November 5. The kids that worked at the Paper Clover event at Tractor Supply talked about what they did and the success their team had. Nancy Perkins talked about getting the annual orange sale up and running. Katey Patrick, President, reminded everyone the Christmas Party was next month and that we will be holding a canned food drive there. We also had the really fun distributing the Member of the Month Awards.



Wheatland 4-H Club: The Wheatland 4-H Arts & Crafts project members Blake and Audry Boban, Conrad Burrows, Nathan Brockhoff, Pandora Edwards, Jade and Jarrett Lassaga tied blankets as a community service project at their monthly meeting. Gabrielle, Ryleigh, and Hayden Webb also helped tie blan-

kets. The smaller blankets will be donated to A Woman's Friend in Marysville. The larger blankets will be donated to Wheatland Police Department. Thank you to all of the members who helped make this community service project a success!



2014 4-H Achievement Night



Browns Valley 4-H Club: Project Meetings



Pleasant Grove 4-H Club: Check out these SUPER SERVERS from the community breakfast this weekend. THANK YOU to everyone who came out to support our club!



Submit club photos and reports by November 21st to be featured in the December/January Clover Chatter to rimccrory@ucanr.edu.

STATE 4-H OFFICE UPDATES



Apply to be a 2015-2016 State Ambassador!

The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program. Applications Due February 16, 2015.

Eligibility Requirements:

Must have completed at least one year as a California 4-H member. 4-H State Ambassador candidates must be at least 16 years old on May 1, 2015 and no older than

18 years old as of December 31, 2015.

- ★ <u>State Ambassador App Ref</u>erence Guidelines
- **★** Submit a Reference **★** Apply Online
- ★ State Ambassador Application Instructions and Information 2015



4-H Military Program

This program is for youth to get homework and studying help from a professional tutor any time they need it. FREE for students in Army, Navy, Air Force, Marines, National Guard and Reserve families. Expert tutors are online 24/7 and available to help in more than 16

subjects, including test prep, proofreading, Math, Science, English and Social Studies.

Funded by the DoD MWR Library Program, Yellow Ribbon Reintegration Program, and Navy General Library Program.

For more information: www.tutor.com/military







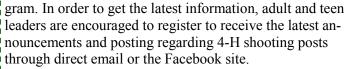




New website for 4-H Military Partnership: www.4-hmilitarypartnerships.org

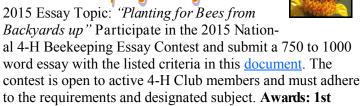
4-H Shooting Sports Updates

The California 4-H Shooting Sports Committee works hard to provide training and updates for adult and teen leaders in the pro-



Keep up-to-date by flowing our 4-H Shooting Sports Facebook page or join our email listsery.

prize - \$750, 2nd prize - \$500, 3rd prize - \$250



Leadership Washington Focus—July 14 - 18 Registration due December 15th. For more information on these programs please visit http://4h.ucanr.edu/4-

Citizenship Washington Focus—June 28 - July 4



h events/wf/.



State Fashion Revue 2015

Flyers and instructions for SFR Community Service projects are available at State Fashion Revue. Updates include age division changes this year. Please note 11 year olds are now in the intermediate category. Flyers for the following categories are available online too: Upcycled, Jacket Challenge, and Costume Challenge. New this year FAB MART. Support the State Fashion Revue event by donating or purchasing fabric patterns and/or notions. Fab

Introducing Citizenship & Leadership Gift Certificate Program This program allows family members & friends of 4-H members to provide a specific 4-H member with financial support for attending Statewide and National 4-H Citizenship and Leadership Conferences. Gifts may be used on registration costs of the following conferences and

- Citizenship Washington Focus
- Leadership Washington Focus
- California Focus

Mart Flyer

State Leadership Conference **Order** your gift certificate today! For questions please contact Jenna

Colburn, jcolburn@ucanr.edu *Gift Certificate must be used within 12 months of purchase.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Browns Valley, District 10, Hallwood4-H Club meeting	2 Able Riders 4-H Club meeting	3 Franklin 4-H Club Meeting	4	5 Leader Orientation @ Cooperative Extension Office	6 Christmas Parade @ Downtown Marysville
7	8Wheatland 4-H Club Meeting	9Able Riders, Rocky Hills, Sutter Buttes 4-H Club meeting	10 Plumas 4-H Club Meeting	11	12	13
14	15 Arboga 4-H Club meeting State Fashion Revue Cover Contest Entries Due	16 Able Riders, Dententer 4-H Club meeting	17Beale, Live Oak Pleasant Grove, Smartsville 4-H Club meeting	18 Barry 4-H Club Meeting	19	20
21Guide Dogs 4-H Club Meeting	22 Hi 4-H Club Meeting	23 Able Riders 4-H Club meeting	1to Christma Eyo gef fill is Well	25 Carsais	26	27
4-H Day @ Oakland Raiders						
28	29	30 Able Riders 4-H Club meeting	31	January Deadline: 31 4-H Camp Counselor Application		



Sun	Mon	Tue	Wed	Thu	Fri	Sat
February Events: 7 Hands on Livestock Expo 16 State Ambassador App Due 22 County Presentation Day			Winter/	¹ 2015	2	3
4	5 Browns Valley, District 10, Hall- wood4-H Club meeting	6 Able Riders 4-H Club meeting	7 Franklin 4-H Club Meeting	8 Council Meeting @ Cooperative Ext Office	9	10
11	12Wheatland 4-H Club Meeting	13Able Riders 4-H Club meeting	14 Plumas 4-H Club Meeting	15 Barry 4-H Club Meeting	16	17
18 Guide Dogs 4-H Club Meeting	19Arboga 4-H Club meeting	20 Able Riders 4-H Club meeting	21Beale, Live Oak Pleasant Grove, Smartsville 4-H Club meeting	22	23	24 Chico State Swine Day @ University Farm
25	26Hi 4-H Club Meeting	27Able Riders 4-H Club meeting	28	29	30	31 4-H Camp Counselor Applica- tions Due online















