



THIS MONTH'S HIGHLIGHTS

2015-2016 4-H ENROLLMENT IS OPEN— www.california.4honline.com

A few things to remember when completing your 4-H online enrollment:

1. All forms and fees must be turned in to your community club leader by **November 1st** and must be confirmed by your club leader by November 30
2. Fees for the 2015-2016 4-H program year are \$60 for youth and \$16 for adults
3. If you plan to show an animal at the 2016 Fair be sure to check the Fair Eligibility Rules for 4-Hers



NEW VOLUNTEER ORIENTATION DATES SET!!

Thursday, September 24th - 6:30—8:00 pm

Friday, October 23rd - 4:30—6:00 pm

Wednesday, December 9th - 10—11:30 am

All orientations will take place at UC Cooperative Extension
4-H Office at 142-A Garden Hwy, Yuba City



Once again the orientation will consist of an online and in-person component. The following are the steps to become a new certified 4-H adult volunteer:

1. Enroll online, submit all forms and payment to your Community Club Leader
2. Watch the New Volunteer Orientation video online: http://4h.ucanr.edu/Resources/Volunteers/4-H_Volunteer_Orientation
3. RSVP to attend an upcoming in-person Orientation through the online questionnaire: <http://ucanr.edu/survey/survey.cfm?surveynumber=13458>
4. Attend the in-person Orientation on one of the dates above
5. Obtain fingerprint clearance

If you have any questions about the New Volunteer Orientation, please contact Emily at easchoenfelder@ucanr.edu or 530.822.7515.

SUTTER-YUBA 4-H COUNCIL MEETING—Thursday, September 10th 6:30 pm @ UCCE 4-H Office

- All club representatives, volunteers and youth are welcome.
- Minutes and agenda can be found online at http://cesutter.ucanr.edu/news_204522/Council_Meetings/.

Any questions please contact Emily at easchoenfelder@ucanr.edu.





4-H CALENDAR OF EVENTS

Check out our county [calendar](#)

[http://cesutter.ucanr.edu/Youth_Development/?](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

[calendar=yes&g=42751](#)

of events, dates & deadlines!

SEPTEMBER

09/10/2015 [DEADLINE: Club Documents due](#)
09/10/2015 [4-H Council Meeting](#)
09/24/2015 [New Leader Orientation](#)
9/25/2015 [Deadline: 4-H Volunteer Award Nomination](#)

OCTOBER

10/04-10/2015 [National 4-H Week](#)
TBD [Club Officers Training](#)
10/07/2015 [2nd Annual Beef & Range Field Day](#)
10/7-18/2015 [TSC Fall Paper Clover Fundraiser](#)
10/10/2015 [Achievement Night](#)
10/23/2015 [New Leader Orientation](#)

NOVEMBER

11/01/2015 [4-H Enrollment DEADLINE](#)
11/05/2015 [SLF SeaWorld Behind the Scenes Tour](#)
11/06-08/2015 [State Leaders' Forum 2015](#)
11/12/2015 [4-H Council Meeting](#)
11/14/2015 [Craft Day](#)

DECEMBER

12/05/2015 [Christmas Parade](#)
12/06/2015 [4-H Day at Oakland Raiders](#)
12/09/2015 [New Leader Orientation](#)

JANUARY

01/14/2016 [4-H Council Meeting](#)

FEBRUARY

TBD [County Presentation Day](#)

MARCH

03/10/2016 [4-H Council Meeting](#)
03/12/2016 [Bok Kai Parade](#)
TBD [Sectional Presentation Day](#)

APRIL

TBD [Fashion Revue](#)

MAY

05/12/2016 [4-H Council Meeting](#)
05/28/2016 [State Fashion Revue](#)
05/30/2016 [DEADLINE: Club Rosters](#)

JUNE

TBD [Spring Fair](#)
TBD [2016 4-H Camp](#)

FUNDRAISING TIP OF THE MONTH:

Thanking and Retaining Your Donors: Stewardship

Stewardship is more than thanking your donors. If done properly, it will keep your relationship with your supporters strong and growing so that you can go back to them for additional gifts in the future.

Other important steps to keep your donor connected and reassured that giving their money and time was a wise choice include:

- Spending the money as agreed
- Managing the funds prudently
- Demonstrating significance and impact
 - Stories to illustrate how their support helped
 - Updates that describe the impact that your project has made
 - Invitation to your donors to come to an end-of-the-project celebration where you can honor them for their support



ANNOUNCEMENTS & PROGRAM UPDATES

Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

COUNTY



4-H Achievement Night



Saturday, October 10th—Veterans Hall, Yuba City

You are invited to come out and celebrate the outstanding achievement of our youth members, leaders and clubs!! Hope to see everyone there. More details coming soon. If you have any suggestions or would like to be involved with the planning committee please contact Emily at 530.822.7515.

2ND ANNUAL BEEF & RANGE FIELD DAY—Wednesday, October 7th | 8:30 am - 12:30 pm

UC Sierra Foothill Research & Extension Center presents the 2nd Annual Beef & Range Field Day for high school students in 4-H & FFA. Students will hear a keynote address from a CA state representative before participating in workshops on the following topics: Beef Cattle Health, low-stress cattle handling techniques, calculating and managing stocking rates for intensive and traditional grazing practices and livestock record keeping with close look at Beef Tracker web application. The event will take place at SFREC Headquarters, 8279 Scott Forbes Road, Browns Valley, CA 95918. Space is limited, please contact Megan G. Osbourn at mgosbourn@ucanr.edu for more information or if you are interested in attending. Registration is online at <https://ucanr.edu/survey/survey.cfm?surveynumber=15585> and must be completed by **September 4th**.



4-H FALL PAPER CLOVER CAMPAIGN - OCTOBER 7-18

The semi-annual Fall Paper Clover Campaign is coming October 7-18th. The Spring Paper Clover Campaign was our best ever and lets see if we can do just as good or better this time!! Once again 4-H members will be at the store inviting customers to support 4-H by donating \$1 at checkout when they are done shopping. **Contact your club leader to see what shift your club has signed up for.**



SUTTER YUBA 4-H CRAFT DAY—SAVE THE DATE

Saturday, November 14th, 9:00 am @ UC Cooperative Extension 4-H Office

Members and families are invited to come out and enjoy a day of crafting. Clubs need to start planning their craft booth.



ANNOUNCEMENTS & PROGRAM UPDATES

4-H taught me to not give up
when things get hard.
-4-H Member

FAIR ELIGIBILITY RULES FOR 4-HERS

In order to exhibit at the **2016 Yuba-Sutter Fair**, all 4-H members must meet the following requirements:

- Online Enrollment confirmed by **Nov 30, 2015**
- **Attendance of 80%** or higher at club project meeting of projects which will be exhibited at fair
- Attendance at one or more **Bi-County 4-H event**
- Presentation at appropriate club or county level
 - ✓ **1st-2nd year regular members** may present at project, club or county level (primary member are exempt)
 - ✓ **3rd-5th year regular members** must present at club or county level
 - ✓ **6th+ year regular members** must present at county level



Clubs may have more strict rules but not more lenient.



Bi-County Events & Presentation Opportunities

The following is the list of the approved Bi-County Events that members can attend in order to meet fair eligibility requirements. You will meet eligibility if you actively participate as a 4-H member in one of the following events:

Bi County Events:

- Yuba-Sutter Fair (from previous year)
- Beale AFB Kids Day
- Yuba Sutter Farm Day
- Craft Day
- Achievement Night
- Officers Training
- Marysville Christmas Parade
- County Presentation Day
- Bok Kai Parade
- Fashion Revue
- Spring Fair
- 4-H Camp
- Hi 4-H Crab Feed



State 4-H events:

- State 4-H Field Day
- Sectional or State 4-H Presentation Day
- Sectional or State 4-H Fashion Revue
- WHY Conference
- State Leadership Conference
- Cal Focus
- CSU, Chico Swine and Sheep Field Day

Presentation Opportunities:

- Beal AFB Kids Day
- Farm Day
- Achievement Night
- County or Sectional Presentation Day
- Fashion Revue
- Spring Fair
- 4-H Camp

PLEASANT GROVE 4-H CLUB



Pleasant Grove 4-H ROCKS! All of the kids, parents, & leaders made it a great week for our community! Lots of hard work and dedication to projects paid off! We were host to a bunch of "WINNER • WINNER • CHICKEN, TURKEY, PORK, LAMB, & STEAK • DINNERS". A huge congrats to all of our young leaders who also exhibited award winning still exhibits this year! Photography, cakes, sewing, and arts &



crafts, our kiddos do it all! WAY TO GO 4-H'ers!!!

FRANKLIN 4-H CLUB



Our Franklin 4-H Dog Group did an excellent job at the Yuba-Sutter Fair dog show!



SUTTER BUTTES 4-H CLUB



BARRY 4-H CLUB



Barry 4-H kids, parents and leaders had a great fair this year! We might have a small club, but we certainly made a great impression this year. Thank you all for your help and support with everything this year. It is a nice feeling when you hear people talking good about our club and people wanting to join it next year. We made a lot of memories this year.

COUNTY RECORD BOOK JUDGING RESULTS

Congratulations to the following members that participated in the 2015 County Record Book Judging!!

Junior Division: 9-10			Karina Nogleberg	Pleasant Grove	Gold
Pandora Edwards	Wheatland	Gold	Sarah Baadsgaard	Browns Valley	Gold
Brian Baadsgaard	Browns Valley	Blue	Austin Smith	Browns Valley	Gold
Jenny Chance	Dententer	Gold	Senior: 14-19		
Leighton Tarke	Sutter Buttes	Gold	Sarah Shurtz	Dententer	Gold
Jade Lassaga	Wheatland	Gold	Robert Shurtz	Dententer	Gold
Intermediate: 11-13			Natalie Prather	Franklin	Blue
Ian Nogleberg	Pleasant Grove	Gold			



Thank you to everyone who volunteered to judge the books!!

SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time	Club Contact	
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Valerie Wilson	cvwilson54@aol.com
Barry	Barry Elementary School	3rd Thurs 6:30 pm	Sam Diaz	diaz_samuel@att.net
Beale	Beale AFB Youth Center	2nd Wed 4:00 pm	Jeanne Christenson	jpchristenson@ucanr.edu
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Joe Serger	joe@mikiusa.com
Dententer	Yuba Garden School	3rd Tues 6:00 pm	Deborah Dyer	debster1361@yahoo.com
District 10	Truth Tabernacle	1st Sat 9:00 am	Tamera Wilson	mrwilson1218@sbcglobal.net
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Nancy Perkins	franklin4h@yahoo.com
Guide Dogs	Various (TBD)	3rd Sunday 1:30 pm	Suzanne Herboldshimer	shimer@syix.com
Hallwood	Church of Nazarene, Hallwood	1st Mon 6:00 pm	Mary Hall	maryhall@infostations.com
Live Oak	Boy Scout Hall	2nd Wed 6:30 pm	Kathy Walker	kwalkercpa@yahoo.com
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Brandi Burnsed	onegreathunter@hotmail.com
Plumas	4712 Pacific Ave, OL	2nd Mon 6:30 pm	Pat Dickens	fpscfarms@aol.com
Smartsville	Happy Time Daycare	2nd Wed 6:30 pm	Kimberly Salas	ksalasfamily@gmail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Ronda Smith	rondakelly5@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00 pm	Edona Miller	bewildranch@netzero.net
Yuba Sutter Hi 4-H	Church of Nazarene, Hallwood	4th Mon 7:00 pm	Mary Hall	maryhall@infostations.com

ANNOUNCEMENTS & PROGRAM UPDATES

I pledge my...
hands to larger service.

CLOVER SAFE NOTES

CLOVER SAFE #42 | BICYCLING SAFETY



Picture courtesy of Solano County
4-H Program

Information available from the U.S. Consumer Product Safety Commission indicate more than 200,000 youth aged eight through 19 were treated in hospitals for bicycling-related injuries during 2006. The most frequent types of injuries were abrasions/contusions, fractures, lacerations, and sprains/strains. The common body parts injured, in decreasing order of occurrence, were the head, wrist, knee, lower leg, and shoulder. Many of these injuries could have been prevented by taking several simple precautions when bicycling.

For additional information about bicycling safety, go to the Clover Safe note at: <http://ucanr.org/cloversafe>. Clover Safe Notes are prepared by the UC ANR Office of Environmental Health & Safety, in support of the Statewide 4-H Youth Development Program.



2016 State Fashion Revue News

Announcing State Fashion Revue 2016, "Hoe Down, Sew Down." Participant categories returning for 2016 are **Traditional**, **Upcycled**, and **Consumer Science Purchased \$40 limit**. *The rules for the Upcycled have been modified to place more emphasis on the transition.* There are two new challenge categories. In the **Western Wear Challenge**, sewing project members make a western shirt and add other sewn or purchased garments to complete an outfit. For the **Muslin Challenge**, members create a garment out of at least 2 but not more than 3 yards of cotton muslin fabric. It must be made as part of a member's project work but the Clothing & Textiles/Sewing project isn't required.



Members are encouraged to decorate or embellish the garment. Additional garments may be handmade or purchased. The first service project announced is reusable tote bags made of feed bags, left over sturdy fabric, or canvas or even denim. The second service project will be announced next month. Please see the SFR website for more details on joining the committee, the categories and service project or the event itself at http://4h.ucanr.edu/4-h_events/SFD/SFR/.

QUILTING CLASS - SEW SEW SHOP

The Quilting class is open to any 4-H member that would like to learn to quilt. Classes will be at the Sew Sew Shop in Yuba City. There will be a small fee for each class but it's a great way to learn to sew/quilt. If you are interested in attending the class please call the 4-H Office to put your name on the list at 530.822.7515.



HI 4-H CLUB - Club Meeting 4th Monday of the Month | 7:00 pm | Hallwood Church of Nazarene

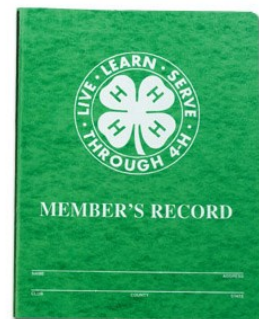
The HI 4-H Club has many opportunities for teens in Sutter and Yuba Counties. The HI 4-H Club is a 4-H Exchange Club. We exchange trips with other 4-H Clubs around the country. We travel out of state to other clubs, stay with their families and they show us their state. Then the following year we have out of state 4-H families stay with us and we show them California. If this sounds like fun to you and you want more information please contact Mary Hall at 530.743.2490. HI 4-H will hold their first meeting of the year on Monday, September 28th.



STATE

2015-16 RECORD BOOK MANUALS

The **new** edition of the 2015-16 Record Book Manuals are now available online and include several changes. Be sure to use current forms. The new manuals now are in two versions. One shorter, easier to read edition for members and another, longer edition for adults who may want more background information for leading Record Book projects or for their own knowledge (*coming soon!*). The forms have been separated out of the manual for easy of use - they don't have to extract the forms from the manual anymore. The forms and the manual are intended to work together so please be sure to download both a manual and the forms. The State Incentives and Recognition Committee will be offering a series of webinars to guide youth and adults through the Record Book changes. Look for more information about these webinars on the website at <http://4h.ucanr.edu/resources/members/recordbook/rbresources/>.



2015-2016 Record Book Manual (shorter version): <http://4h.ucanr.edu/files/218972.pdf>

2015-2016 Record Book Forms: <http://4h.ucanr.edu/files/218973.docx>

SCIENCE, ENGINEERING & TECHNOLOGY



2015 National Science Experiment: Motion Commotion | October 7th

<http://www.4-h.org/4-h-national-youth-science-day/>

This exciting activity will combine a speeding car collision and a distracted driving demonstration in a simulated activity that investigates the physical and human factors of motion. The two-part experiment will test young people's knowledge of science, speed and safety by

- Constructing a simulated runway to analyze the speed, momentum and kinetic energy of a car in motion, and will explore the science behind the car's collisions
- Leading an experiment that uses the same physics principles to demonstrate the consequences of distractions in everyday life

The council has purchased two kits for check out if you are interested in the experiment. Contact the 4-H Office at 530.822.7515.

MILITARY PROGRAMS

TUTORING

[Tutor.com](http://www.tutor.com) for U.S. Military Families is a DoD-funded program that allows eligible students in U.S. military families to connect to a live tutor online at any time for one-to-one help with homework, studying, test prep, proofreading and more. The service is available at no charge to all grades K-12 students.

www.tutor.com/military



JOB OPPORTUNITY

Student Assistant II, Food Smart Families Intern, Browns Valley

County Locations: Sutter County, Yuba County

Date Posted: August 20th

Closing Date: September 7th

The Student Assistant II will assist in teaching younger students and their families about the benefits of healthy eating and exercise. This position will help to coordinate nutrition programming with volunteer teens. Activities take place at local schools, after school sites and the Sierra Foothill Research & Extension Center.

To learn more or to apply please visit us at : <https://jobs.ucop.edu/applicants/Central?quickFind=58761>

YOUTH DEVELOPMENT ADVISOR

Welcome to the 2015/2016 4-H year! As we begin a new and exciting program year, we're working to ensure that, not only do our current 4-H families know all of the opportunities available to them, but that the community at large is aware of the many great things 4-H does. In the next couple of months, we'll be participating in community events to ensure that 4-H has an active presence in the bi-counties...And we'd love your help to make these events successful! Below are a couple of volunteer opportunities. You may be able to chat with your Club Leader about counting them as meeting make-ups or presentation credit. Also, if an event briefly pulls kiddos away from school, I'll be happy to contact the administration or teacher about what a great educational opportunity these events are.

10th Annual Farm Day – Sponsored by the Yuba-Sutter Farm Bureau

When: October 2nd, 2015 @ 8:30am-1:00pm (may require time before and after for setup and clean up)

Where: Yuba-Sutter Fairgrounds

Activity: Give presentations to local 3rd graders about agriculture of your involvement in 4-H; Bring your animals to let 3rd graders pet, hold, and learn about; Pitch in wherever the event coordinators need extra help.



Haunted Health Fair – Sponsored by Sutter County Health Department

When: October 30th, 2015 @3:00pm-6:00pm

Where: Sutter County Health Department

Activity: Lead participants in healthy living activities with a not-so-spooky flair.



If you're interested in learning more – or if you know of other events that 4-H can participate in – please let me know! Call the office at 822.7515 or email me at easchoenfelder@ucanr.edu.

Furthermore, at a recent presentation to the Yuba County Board of Supervisors, I was excited to learn that, not only were these county leaders familiar with our programs, but they considered 4-H in policy changes. A recent zoning change for Yuba County ensured that 4-H and FFA animal projects would be allowed. I feel that our efforts in reaching out to the greater community can help this sort of broad effect continue! Thanks for all the time and effort you put in to reaching out!

Emily



Every day I use what I
learned and practiced in
4-H. It was the best activity
of my youth and life!
-4-H Member

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.



University of California
Agriculture and Natural Resources

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