



THIS MONTH'S HIGHLIGHTS

NATIONAL 4-H WEEK - October 4-10

Express your 4-H pride with this year's theme: **4-H Grows Here**

Celebrate the impact 4-H youth are making in their lives and their communities during National 4-H Week. 4-H is the nation's largest youth organization; we empower more than six million young people across the U.S. Be sure to share your 4-H Week activities with **#4HGrowsHere** and caption your photos with "4-H is growing...in Sutter-Yuba Counties".



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Window Display Contest:

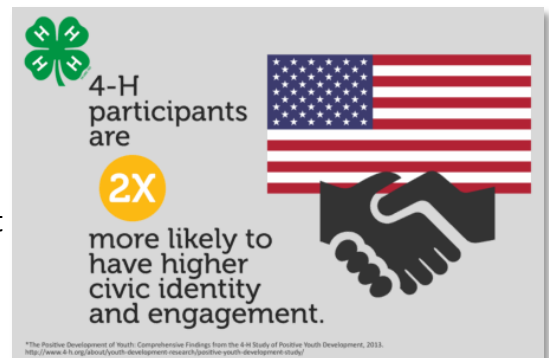
Put your club in the spotlight! Using this year's theme create an award winning window display to celebrate National 4-H Week.

- Complete the following survey if your club plans to have a display: <http://ucanr.edu/survey/survey.cfm?surveynumber=16237>
- The 2015 National 4-H Week promotional toolkit is online at http://4h.ucanr.edu/Resources/Branding_Toolkit/ (scroll all the way to the bottom)



4-H FALL PAPER CLOVER CAMPAIGN - OCTOBER 7-18

The semi-annual Fall Paper Clover Campaign is October 7-18th. Please help spread the word. *The Spring Paper Clover Campaign was our best ever and lets see if we can do just as well or better this time!!* 4-H members will be at the store inviting customers to support 4-H by donating \$1 at checkout when they are done shopping. To get involved **contact your club leader to see what shift your club has signed up for.**



Beale 4-H Day—October 16th

Beale is hosting a **4-H Day** on **October 16th at 3:30 pm** to exhibit many of our clubs and activities to those on base. We would love for as many clubs as possible to be represented to show our support of our Military Partnership. You can have activities, (SET, crafts, etc.) displays or handouts. This is a great way to expose the kids at Beale to 4-H for those who aren't familiar with it. Please let the office know those planning to attend, as the AFB needs a list of names at the gate, at rjmccrory@ucanr.edu or 822.7515.





4-H CALENDAR OF EVENTS

Check out our county [calendar](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

[http://cesutter.ucanr.edu/Youth_Development/?](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

[calendar=yes&g=42751](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

of events, dates & deadlines!

OCTOBER

10/04-10/2015 [National 4-H Week](#)
10/07/2015 [2nd Annual Beef & Range Field Day](#)
10/7-18/2015 [TSC Fall Paper Clover Fundraiser](#)
10/16/2015 [Beale 4-H Day](#)
10/23/2015 [New Leader Orientation](#)

NOVEMBER

11/01/2015 [4-H Enrollment DEADLINE](#)
11/12/2015 [4-H Council Meeting](#)
11/14/2015 [Craft Day](#)
11/15/2015 [4-H Achievement Night](#)

DECEMBER

12/05/2015 [Christmas Parade](#)
12/06/2015 [4-H Day at Oakland Raiders](#)
12/09/2015 [New Leader Orientation](#)

JANUARY

01/14/2016 [4-H Council Meeting](#)

FEBRUARY

02/20/2016 [County Presentation Day](#)

MARCH

03/10/2016 [4-H Council Meeting](#)
03/12/2016 [Bok Kai Parade](#)
TBD [Sectional Presentation Day](#)

APRIL

TBD [Fashion Revue](#)

MAY

05/12/2016 [4-H Council Meeting](#)
05/28/2016 [State Fashion Revue](#)
05/30/2016 [DEADLINE: Club Rosters](#)

JUNE

TBD [Spring Fair](#)
TBD [2016 4-H Camp](#)

Message from Tracy Bishop 4-H Program Representative

Hello Sutter-Yuba 4-H Family!

I am Tracy Bishop, the new Sutter-Yuba 4-H Representative. I am very excited to be working with our great volunteers to deliver the 4-H Youth Development Program within these two counties. I have lived here my entire life. During my youth, I was a member of the Tudor 4-H Club for eleven years and was a Sutter County All-Star. I began giving back to my community as a Community Leader during college. I have been a leader in Yuba and Sutter Counties for about 18 years. My husband and I raised our children within the 4-H family, they were members for ten years.

I believe in youth, I believe in community, I believe in the power of Positive Youth Development, and mostly I believe in the 4-H Program. I bleed green! It is a pleasure to be here! I look forward to attending local, regional, and state events with leaders and youth.

Stop in and say hello. If I can be of any assistance, let me know. Office hours are 8:00a.m.-5:00p.m. You can email me at: tmbishop@ucanr.edu or send me a text (530) 574-1186 (4-H Cell Phone).



ANNOUNCEMENTS & PROGRAM UPDATES

Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

COUNTY

4-H Achievement Night

Due to a scheduling conflict Achievement Night has been rescheduled to:

New Date: Sunday, November 15th— Location: Veterans Hall, Yuba City

Event Information:

- Tri-Tip Dinner - 5:00 pm to 6:00 pm | Wheatland 4-H will host | Adults \$10 and Kids \$5
- Guest Speaker - 6:00 pm to 6:15 pm
- Awards - 6:15 pm
- **Teen emcees are needed!** If you are interested contact the 4-H Office at 822-7515

You are invited to come out and celebrate the outstanding achievement of our youth members, leaders and clubs, eat at the BBQ and listen to an inspirational speaker!! Hope to see everyone there.



SUTTER YUBA 4-H CRAFT DAY

Saturday, November 14th, 9:00 am @ UC Cooperative Extension 4-H Office

Members and families are invited to come out and enjoy a day of crafting

- ★ Clubs should be planning their craft booth

If you have any questions please contact Tracy at tmbishop@ucanr.edu.



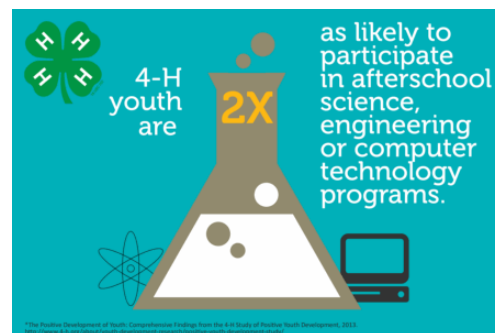
NEW LEADER ORIENTATION

1. **Friday, October 23rd - 4:30—6:00 pm**
2. **Wednesday, December 9th - 10—11:30 am**

Orientation consists of an online and in-person component. To become a new certified 4-H adult volunteer visit our website http://cesutter.ucanr.edu/Youth_Development/New_Leader_Orientation/. If you have any questions about the New Volunteer Orientation, please contact Tracy at tmbishop@ucanr.edu or 530.822.7515.

TEEN LEADER OPPORTUNITY

Our 4-H After school program is beginning soon. We would love to have some teen leaders that are willing to give their time once a week for 1-2 hours. You will work directly at a school site in their after school program. 4-H provides research-based hands-on youth curriculum that provides enrichment activities. We will focus on Junk Drawer Robotics and engage youth in understanding scientific concepts and processes. If interested, contact Tracy Bishop, 4-H Program Representative at 530-822-7515 or tmbishop@ucanr.edu.



4-H youth are 1.9 times
more likely to get better
grades in school.



Browns Valley 4-H Club

Hello everyone, we had a great turnout last night with lots of new faces! I look forward to another successful year! We are still in need of a cooking leader, if anyone would like to volunteer please let me know!! We also have added a group for mini-horses if anyone is interested!

Barry 4-H Club

We are on our way to Lake County with our donations from Barry 4-H, Tractor Supply and SOS.



Plumas 4-H Club

Plumas 4-H Club will hold their first meeting of the year on the 3rd Wednesday of October. If you are interested in joining Plumas 4-H Club come join us on October 21st, 6:30pm at Pizza Hut in Marysville.



4-H youth are **1.9 times** more likely to get better grades in school
and **2.1 times** more likely to report high school engagement.



Dententer 4-H Club

This summer we had several fun parties; the end of summer swimming party and John's Incredible Pizza Party. We all had a great time. Our members also worked at the 4-H Fair Booth during fair. We handed out stickers, shape rings, talked to people about 4-H and told them how fun 4-H is. We also shared with people all the cool projects we have in 4-H like clothing and food. Submitted by Jenny Chance, Joy Chance, Janelle Catlin, Samantha Woodford, Sarah Shurtz and Gregory Chance

Yuba Sutter Guide Dog 4-H Club

It's the last day of National Guide Dog Month. It's an honor to be a part of this amazing club!



CLOVER SAFE NOTES

CLOVER SAFE #28

MEETING SPACE SAFETY CHECKLISTS



Prior to holding a meeting, it is a prudent and recommended practice to evaluate the configuration, accommodations, limitations, and hazards of the space. Once these aspects of the meeting space have been evaluated, then guidelines, instructions, or other information can be developed or provided to safely manage the meeting and space, as appropriate. The following checklists are intended to be used by organizers as a meeting space planning tool. For additional information about meeting place safety, go to the Clover Safe note at: <http://ucanr.org/cloversafe>.

Clover Safe Notes are prepared by the UC ANR Office of Environmental Health & Safety, in support of the Statewide 4-H Youth Development Program.



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SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time	Club Contact	
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Valerie Wilson	cvwilson54@aol.com
Barry	Barry Elementary School	3rd Thurs 6:30 pm	Sam Diaz	diaz_samuel@att.net
Beale	Beale AFB Youth Center	2nd Wed 4:00 pm	Jeanne Christenson	jpchristenson@ucanr.edu
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Joe Serger	joe@mikiusa.com
Dententer	Yuba Garden School	3rd Tues 6:00 pm	Deborah Dyer	debster1361@yahoo.com
District 10	Truth Tabernacle	1st Sat 9:00 am	Tamera Wilson	mrwilson1218@sbcglobal.net
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Nancy Perkins	franklin4h@yahoo.com
Guide Dogs	Various (TBD)	3rd Sunday 1:30 pm	Suzanne Herboldshimer	shimer@syix.com
Hallwood	Church of Nazarene, Hallwood	1st Mon 6:00 pm	Mary Hall	maryhall@infostations.com
Live Oak	Boy Scout Hall	2nd Wed 6:30 pm	Kathy Walker	kwalkercpa@yahoo.com
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Brandi Burnsed	onegreathunter@hotmail.com
Plumas	Pizza Hut, Marysville	3rd Wed 6:30 pm	Pat Dickens	fpsc farms@aol.com
Smartsville	Happy Time Daycare	2nd Wed 6:30 pm	Kimberly Salas	ksalasfamily@gmail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Ronda Smith	rondakelly5@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00 pm	Edona Miller	bewildranch@netzero.net
Yuba Sutter Hi 4-H	Church of Nazarene, Hallwood	4th Mon 7:00 pm	Mary Hall	maryhall@infostations.com



ANNOUNCEMENTS & PROGRAM UPDATES

*I pledge my...
hands to larger service.*

Did you know?

There are many ways to earn recognition in 4-H! A yearly pin and stripe for project completion, 100% attendance pin for perfect club meeting attendance and other awards established at the county and state level. See state level scholarships and awards at: <http://4h.ucanr.edu/Resources/Members/Scholarships - Awards/Scholarships - Awards/> and a list of achievement pins at: <http://4h.ucanr.edu/Resources/Members/Awards/>.

For more information on 4-H incentives and recognition see [Steps to Success in 4-H](#).

CLUB NEWS & REMINDERS

4-H Online Enrollment

As of September 28th, the 4-HOnline systems will no longer support Internet Explorer 10 and older version due to security and validation issues. The CA login homepage has also been updated to notify any user logging into the system.

Recommended browsers:

- Google Chrome for Mac and PC users
- Mozilla Firefox (current versions)



Club Deadlines—November 12th

- 2015-2016 Club Annual Budget (projections)
- 2015-2016 All proposed club fundraiser ([forms](#)) activities for the year
- 2015-2016 Club Planning Guide (plan)

Insurance Certificate reminder to Clubs and Project Leaders

If you are participating in an event, project meeting, booth, etc. at a new location you are required to obtain an insurance certificate. If you are not sure if the location has a certificate already in place, please contact Rene at the UCCE 4-H Office at rjmccrory@ucanr.edu. The process of getting the Certificate of Insurance takes about a week so plan accordingly.

Important Enrollment Note

When enrolling in 4-H online **DO NOT** create duplicate accounts. If you are a returning member and you have a problem logging in to your current profile, please call Rene at the 4-H Office for help at 530.822.7515 or rjmccrory@ucanr.edu. One important reason not to create a new account is that all your ORB information is connected to your 4-H online enrollment. You don't want to lose your records!



ANNOUNCEMENTS & PROGRAM UPDATES

*I pledge my...
head to clear thinking.*

STATE

Mindfulness Retreat—SAVE THE DATE

November 4-6, 2016—Camp Ocean Pines, Cambria, CA

Teens ages 13-19 and adults are welcome to spend the weekend at the beautiful Camp Ocean Pines developing their health and well being. Teen will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities. For more information contact Anne Laccopucci at amiaccopucci@ucanr.edu or Jenna Colburn at jcolburn@ucanr.edu. [Mindfulness Retreat](#)



4-H Online Record Book Updates

The 4-H Online Record Book (ORB) continues to grow in popularity among 4-H members and we are continuing to grow and expand the feature in the system. If you have questions regarding how to use ORB, an idea to improve the system or are experiencing a glitch, please use the [ORB Request form](#) to share with the ORB Support Team.

If you have a group of people interested in learning how to use the ORB System, we can bring in the ORB Internet Café Training to our county. It is a 3 hour training and a great way to get people excited about ORB and on the path to successful online record book keeping. [Click here](#) if interested.

CITIZENSHIP WASHINGTON FOCUS



2016 Citizenship Washington Focus Trips

- Heritage Trail—July 10-16 (Price range \$2,850-\$3,000 per person)
- Global Journey—July 10-19 (Price range \$3,625-3,800 per person)

Citizenship Washington Focus is an educational conference offered at the National 4-H Center near Washington, D.C. which gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders. Citizenship Washington Focus is a year-long program, beginning with registration in December online. Registration will open the week of November 8th: http://4h.ucanr.edu/4-H_Events/WF/.

NATURE BOWL 2016

Sutter County Resource Conservation District, in partnership with California Department of Fish and Wildlife, would like to invite you to participate in the 31st annual Nature Bowl, a science-based competition focused on increasing conservation literacy of third through sixth grade students in the Sacramento Valley and Sierra foothills. If you are interested, more information is available in the [2016 event flyer, information and registration form](#), refer to the content with in the 'Southridge Estate' section of the Program Schedule for more information regarding times and dates. Any questions, please contact Lexi Everhart at alexcia.everhart@ca.nacdn.net.





Every day I use what I
learned and practiced in
4-H. It was the best activity
of my youth and life!
-4-H Member

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.



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