Sutter-Yuba 4-H **CLOVER CHATTER**

December 2015/January 2016

THIS MONTH'S HIGHLIGHTS

2016 ONLINE RECORD BOOK TRAINING—JANUARY 23rd Beginner | Advanced

9:00 am | UC Cooperative Extension Office | 142A Garden Hwy, Yuba City



We will have a beginner class in the am and an advanced class in the pm. You are welcome to come to one or both trainings. The training will be beneficial for project leaders and youth members. Members will need to bring their own laptops.

The following topics will be covered:

- Overview of the Features & Functions in the Online Record Book
- Navigating the forms in the Online Record Book (PDR, APR, 4-H Story)
- Project & Club Leader Functions and Approving Forms
- Maximizing your ORB experience—How to use ORB to be efficient and save time (Print Feature, Expression Pages, Collection of 4-H Works, etc.)

There will also be individualized help with your particular ORB challenges.

**Please note ORB is designed to be worked on all year round and not saved for last minute!!

If you are interested please RSVP to the 4-H Office at 822-7515 or to Rene at rjmccrory@ucanr.edu.

2015-2016 COUNTY PRESENTATION DAY - SATURDAY, FEBRUARY 20

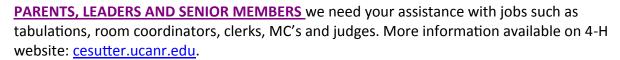
9:00 am | Brittan School, Sutter | Entries Due February 15th

Start planning your presentation now!! All members are encouraged to participate in this event.

Presentation Day Resources:

- NEW Presentation Manual Please review
- Example Presentation Videos NEW from the State 4-H Office
- Presentation Day Tutorial to help you plan your presentation

Online Presentation Day entry form http://ucanr.edu/survey/survey.cfm?surveynumber=16555



REMINDER: Youth and Adult participants need to complete the online presentation entry online.

Any questions or need help with the entry survey, please contact the 4-H Office at 530.822.7515.

















Check out our county <u>calendar</u> <u>http://cesutter.ucanr.edu/Youth Development/?</u>

calendar=yes&g=42751
of events, dates & deadlines!

DECEMBER

12/05/2015 Marysville Christmas Parade 12/09/2015 New Leader Orientation

12/10/2015 Color Me Green Planning Meeting

12/12-13/2015 Shooting Sport Workshop

12/17/2015 Bio Security Appreciation Ceremony

JANUARY

01/23/2016 **ORB Training**

FEBRUARY

02/06/2016 Treasurer's Training

02/13/2016 Chico State Sheep & Goat Day 02/20/2016 County Presentation Day **MARCH**

TBD Color Me Green 5K Run
03/03/2016 4-H Council Meeting
03/12/2016 Bok Kai Parade

TBD <u>Sectional Presentation Day</u>

APRIL

04/1-3/2016 CA Camping Conference

MAY

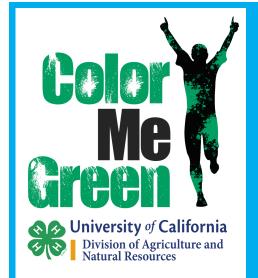
 05/05/2016
 4-H Council Meeting

 05/28/2016
 State 4-H Field Day

 05/28/2016
 State Fashion Revue

 05/30/2016
 DEADLINE: Club Rosters

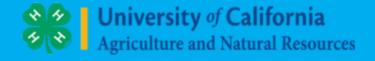
JUNE



Color Me Green 5K Run | March 2016 Planning Meeting—December 10th, 6:30 | 4-H office

The council has decided to move forward with the **Color Me Green 5K Run** set to take place in **March 2016** in partnership with the **Food Smart Families Program** and **Sierra Foothills Research and Extension Center**. To get started, we'll be having an introductory meeting for anyone interested in helping organize and plan this event. Anyone can attend but we would like to have one representative from each club; a youth or an adult . The meeting will take place on December 10th, 6:30 pm at the UC Cooperative Extension 4-H Office, 142 Garden Hwy, Yuba City. We need a lot of support! All interested youth and volunteers are invited to attend.

If you have any questions or would like more information, please contact Tracy at tmbishop@ucanr.edu.











Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

COUNTY

NEW LEADER ORIENTATION—Final Scheduled Date:

Wednesday, December 9th | 10—11:30 am



Orientation consists of an online and in-person component. To become a new certified 4-H adult volunteer visit our website http://cesutter.ucanr.edu/Youth_Development/New Leader Orientation/. If you have any questions about the New Volunteer Orientation, please contact Tracy at tmbishop@ucanr.edu or 530.822.7515.

SUTTER-YUBA 4-H COUNCIL MEETING—THURSDAY, JANUARY 7TH

UC Cooperative Extension 4-H Office | 6:30pm

- * The council has approved amending the bylaws to **change the date of the council meeting** to the **1st Thursday** of the month at 6:30 pm due to the scheduling conflict with the junior livestock committee. We will still meet every other month.
- * As always, all club representatives, volunteers and youth are welcome and encouraged to attend the council meetings.
- * Minutes and agenda can be found online at http://cesutter.ucanr.edu/ news 204522/Council Meetings/.
- * Any questions or to add something to the agenda please contact Tracy at tmbishop@ucanr.edu.

The 4-H Clubs without representation at the November 12th meeting were:

Beale, Guide Dogs, HI 4-H, Live Oak, Plumas, Smartsville

TODAY IS GOING TO BE THE BEST TOMORROW WILL BE EVEN BETTER

2016 4-H Camp | Tentative Camp Dates: June 24-29

Teen Counselor Applications now being accepted online:

Teens interested in being a counselor at the 2016 4-H Camp must submit their application survey by December 15th.

Teen Counselor Eligibility:

- 1. Enroll in Sutter-Yuba Counties 4-H
- 2. 8th 12th grade in the 2015-2016 school year
- 3. Attend at least 80% of the camp training meetings
- 4. Ability to attend all 6 days of camp in June (including Saturday before camp)
- 5. Submit the application online
- 6. Sign the Camp Code of Conduct at the 1st training meeting
- 7. APPLICATION DEADLINE: December 15th

http://ucanr.edu/survey/survey.cfm?surveynumber=16482

The first camp planning meeting will be in January.

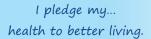
















2015 MARYSVILLE CHRISTMAS PARADE

Saturday, December 5th | 5:00 pm | D Street, Marysville Information for the Christmas Parade are as follows:

- We are #32 in the parade route. Our starting location is on the corner of 8th & D Street
- Parade Theme: "A Wild West Christmas"
- We can start lining up between 3:30—4:00 pm. The parade begins at 5:00pm—rain or shine
- It will be dark and cold so remember to bring flashlights and dress appropriately

Thank you for representing Sutter-Yuba Counties 4-H at this great community event.

BIO SECURITY APPRECIATION CEREMONY

BIO SECURITY APPRECIATION CEREMONY

Thursday, December 17th | 5:30 pm | Sutter-Yuba UC Cooperative Extension 4-H Office

We will be having the *Bio Security Appreciation Ceremony* on Thursday, December 17th which will include the following:

- 1. Pizza party from UC Davis as a big THANK YOU!
- 2. Youth who participated in the Bio Security study will receive vouchers for enrollment fees for this 2015-2016 program year
- 3. There will be an opportunity to catch up on any missing surveys (needed in order to receive the fee voucher)

Leaders, please make sure that all your members that participated in the study attend this ceremony.



2016 COUNTY 4-H FASHION REVUE | Saturday, April 23

Franklin Elementary School Theme: Hoe Down, Sew Down



County Quilting Challenge Update: All quilts must have been made by 4-H members between the dates of May 1, 2015, and the time of exhibit. All work must be done by the exhibitor(s). Adults may assist in the design and construction through demonstration only. Exception—quilts entered in the pieced category may be machine guilted by an adult. 4-H members may participate in the creation of one (1) guilt to be judged as an individual. They will be allowed an additional entry as a group entry. Categories:

- Wall Hanging (anything under 48x65) Pieced
- Large Quilt (approx. 72" or larger) Pieced
- Wall Hanging (anything under 48x65 Pieced and Hand Quilted
- Small Quilt (minimum size 40"x40" or larger) Pieced Small Quilt (minimum size 40"x40" or larger) Pieced and Hand Quilted
 - Large Quilt (approx. 72" or larger) Pieced and hand Quilted

Any other Quilted item: hand bag, table runner, tic tac toe board, placemat, pillowcase, etc.











Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

COUNTY

SAVE THE DATE - CLUB TREASURER TRAINING | FEBRUARY 6TH

UC Cooperative Extension 4-H Office | 9:00—12 pm | RSVP by February 1st

All club Treasurers and adults who work with club Treasurers are invited to training. We will be discussing UC/4-H Financial Policies that all clubs must adhere to and will go over what is looked at during county audit. More information coming soon!! If you have any questions, contact Tracy at tmbishop@ucanr.edu.





2016 4-H FUNDRAISING COMMITTEE

Sutter-Yuba 4-H Council is seeking members for the **new** 4-H County Fundraising Committee. This Committee needs volunteers willing to give about 4-6 hours of their time to help plan fundraisers for our counties program. The committee would decide on what fundraisers best fit our needs and where the funds should be used. If you are interested in being a part of this committee or would

like more information, please contact Tracy at tmbishop@ucanr.edu or 530.822.7515.

2016-2018 4-H COUNCIL OFFICERS—NOMINATIONS ARE OPEN

Nominations are open for the offices of

- President
- Vice President
- Secretary
- Treasurer

All offices are a two year term. Elections will be held at the May council meeting. Please consider supporting this important committee. Nominee Requirements:

- 1. Must be a Certified 4-H Adult Volunteer
- 2. Must have attended at least one Sutter-Yuba 4-H Council meeting prior to being nominated for Council office
- 3. Must be present at the meeting at which elections are held
- * Nominations can also be done online at http://ucanr.edu/survey/survey.cfm?surveynumber=16524.

 Sutter-Yuba 4-H Council meets 5 times a year (September, November, January, March and May) and some communication is done via email throughout the year. If you would like to nominate yourself or someone else, please contact Tracy at tmbishop@ucanr.edu or 822-7515.

CLOVER SAFE NOTES

CLOVER SAFE #47



Photograph Courtesy of Tehama County 4-H Program

ARCHERY SAFETY

Information available from the U.S. Consumer Products Safety Commission indicates approximately 3,200 people received hospital treatment for archery-related injuries during 2006. Most injuries involved lacerations and punctures to fingers and hands and contusions to forearms. Many of these injuries were due to archer inexperience, error, or inattention and could have been readily prevented. For additional information about archery safety, go to the Clover Safe note at: http://ucanr.org/cloversafe.

Clover Safe Notes are prepared by the UC ANR Office of Environmental Health & Safety, in support of the Statewide 4-H Youth Development Program.









4-H youth are 1.9 times more likely to get better grades in school.



Browns Valley 4-H Club

Browns Valley 4-H delivered Thanksgiving baskets to be enjoyed by some great families. Artwork from Sophia Rogers and Isabella Day







Sutter Buttes 4-H Club

Sutter Buttes 4-H Club celebrated Thanksgiving at the November community meeting. Happy Thanksgiving!!







Pleasant Grove 4-H Club

Pleasant Grove 4-H Club held their annual 4-H Breakfast. Check out all the servers at the 4-H BREAKFAST! Such a good crew, thank you to all of the community members that support us year after year!



Franklin 4-H Club

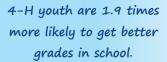
This month we started our annual fundraiser of selling five pound bags of Mandarin Oranges. Proceeds from this club fundraiser goes to fund our senior scholarships. (Which by the way we are very proud to be funding FIVE this year). Each senior is required to plan and lead up one club event throughout the 2015/2016 year. They must have been in our club for the last three consecutive years to qualify. Our president Megan Matteoli had our 2015/2016 leaders get up, introduce themselves, and state what projects they are leading this year. Alyssa Parker went over the clover chatter regarding the events taking place in the month of November. We thanked Joseph, Colton, Reagan Martinez for providing animals at the Tractor Supply Co. during the paper clover fundraiser for Yuba/Sutter counties. Lilly & Aurora Baker supported our club by representing Franklin at the Haunted Health Fair on October 30th at the Sutter County health department. Our president had the kids who went to BEALE AFB come up which included Bella McCrory, Lexi McCrory, and Wyatt & Garett Nelson. We also planned our next community service project of bringing Christmas gifts for needy children to our next meeting/Christmas party. Submitted by Reporter Josh Rodriquez













2015 BI-COUNTY 4-H CRAFT DAY

This year's **4-H Craft Day** included lots of fun make and take crafts for 4-H youth of all ages. Crafts included something for everyone from painting rocks to decorating Christmas ornaments. Thank you to all the clubs who came out and helped make this event a success. *See You Next Year!!*











2015 4-H ACHIEVEMENT NIGHT



Sutter-Yuba 4-H Council held their annual **Achievement Night** and fundraiser. All proceeds benefit Sutter-Yuba Counties program. The night included Guest Speaker Assembly Member James Gallagher of the 3rd Assembly District, a tri tip dinner, a presentation by the WHY Conference attendees and Awards & Recognitions. We would like to thank our emcees who did a great job. The turn out was the largest we have had in several years. Thank you for coming out to celebrate our kids!!





















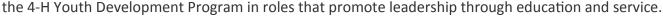
I pledge my... head to clear thinking.

STATE

4-H STATE AMBASSADOR—APPLICATION DEADLINE FEBRUARY 16, 2016

Applications for the 2016-2017 California State 4-H Ambassador are now open! The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program.

What is a California 4-H State Ambassador? 4-H State Ambassadors are youth who have excelled in the areas of leadership and community service. They are selected to serve

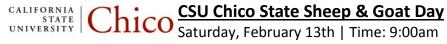


- Learn more about the guidelines and requirements to apply here.
- Application to be a State Ambassador online <u>here</u>.
- To submit an reference online click here.

CSU Chico State Swine Day

Saturday, January 23rd | Time: TBD Location: University Farm

There will be a variety of educational workshops on nutrition health, carcass evaluation and more.



Location: University Farm

Educational program is from 9:00 am - 12:00 pm and Sale at 1:00 pm.



UNIVERSITY of CALIFORNIA 4-H YOUTH DEVELOPMENT

STATE AMBASSADOR PROGRAM

More information can be found online at http://www.csuchico.edu/ag/events/index.shtml.



SAVE THE DATE—CALIFORNIA CAMPING CONFERENCE | APRIL 1-3, 2016

The next California Camping Conference will be held April 1 - 3, 2016, at the Nevada State 4-H Camp in Stateline, Nevada. The Camping Conference provides 4-H teen leaders and adult camp administrators the opportunity to network and attend sessions to develop their local camp program. Adult and teen leaders may attend. We would like to put together a group from our two counties to attend. If you are interested in attending please contact Tracy at tmbishop@ucanr.edu. More information coming soon.



2016 State Field Day Updates

May 28, 2016 | 8:00 am | UC Davis Campus—Wellman Hall

- State Field Day website: http://4h.ucanr.edu/4-H Events/SFD/
- Special Recognition and Impromptu Topics for 2016 Presentation Program are now available. Find them on the website at http://4h.ucanr.edu/4-H Events/SFD/PD/
 - Science, Engineering and Technology (SET): Motion
 - Citizenship: Civic Engagement
 - Healthy Living: Sleep and Stress
 - Positive Youth Development: Mindset









4-H builds self-esteem, and helps youth to realize that their opinion counts and that they can make a difference.

-4-H Volunteer

LEADERSHIP WASHINGTON FOCUS 2016

Are you interested in attending additional 4-H leadership/citizenship conferences? Check these trips out. Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The cost: \$1,849 (Includes airfare, conference travel, lodging and most meals.) The program will take place at the National 4-H Youth Conference Center in Washington on **July 11—15, 2016**. For more information about this trip and to register, please visit: http://4h.ucanr.edu/4-h events/lwf/. Registration deadline is **December 15, 2015**.

CITIZENSHIP WASHINGTON FOCUS 2016

Citizenship Washington Focus, an educational conference offered at the National 4-H Center near Washington, D.C., give youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders. The trip is for youth who are at least 15 years old at time of travel. The first option is Heritage Trail on July 10-16,2016. The cost per person is \$2,849 (conference only) option two is the Global Journey on July 10-19, 2016. The cost per person: \$3,799 (conference plus extended travel days to: Gettysburg, Philadelphia & Boltimore. (Trip costs include airfare, conference travel, lodging and most meals). For more information about this trip and to register, please visits http://4h.ucanr.edu/4-H Events/WF/. Registration deadline is December 15, 2015.

STATE LEADERSHIP CONFERENCE: July 28-31, 2016

Humboldt State University

All 4-H members ages 13 through 19 are encouraged to attend. Registration opening early February 2016. For more information visit their website: http://4h.ucanr.edu/4-h events/slc/

SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time		Club Contact
4-11 Club	Meeting Location	Day & Tille		Ciub Contact
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Valerie Wilson	cvwilson54@aol.com
Barry	Barry Elementary School	3rd Thurs 6:30 pm	Sam Diaz	diaz_samuel@att.net
Beale	Beale AFB Youth Center	2nd Wed 4:00 pm	Jeanne Christenson	jpchristenson@ucanr.edu
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Joe Serger	joe@mikiusa.com
Dententer	Yuba Garden School	3rd Tues 6:00 pm	Deborah Dyer	debster1361@yahoo.com
District 10	Truth Tabernacle	1st Sat 9:00 am	Tamera Wilson	mrwilson1218@sbcglobal.net
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Nancy Perkins	nbyer@yahoo.com
Guide Dogs	Various (TBD)	3rd Sunday 1;30 pm	Suzanne Herboldshimer	shimer@syix.com
Hallwood	Church of Nazarene, Hallwood	1st Mon 7:00 pm	Mary Hall	maryhall@infostations.com
Live Oak	Boy Scout Hall	2nd Wed 6:30 pm	Kendra Schmidl	kenjas5@yahoo.com
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Mykell Springer	pg4hcommunityleaders@gmail.com
Plumas	Pizza Hut, Marysville	3rd Wed/Thurs 6:30 pm	Pat Dickens	fpscfarms@aol.com
Smartsville	Happy Time Daycare	2nd Wed 6:30 pm	Kimberly Salas	ksalasfamily@gmail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Ronda Smith	rondakelly5@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00 pm	Edona Miller	bewildranch@netzero.net
Yuba Sutter Hi 4-H	Church of Nazarene, Hallwood	4th Mon 7:00 pm	Mary Hall	maryhall@infostations.com









YOUTH DEVELOPMENT ADVISOR

As I sit typing, the next room is filled with teenagers who are making Solo cups draw pictures. No…really…that's what's happening. Upturned red Solo cups are zooming around the floor on Crayola marker stilts, leaving colorful circles in their path. It's one of my favorite activities all year! It's part of our Afterschool Program, and is another phenomenal example of what 4-H can be.



For the past several years, we have partnered with Yuba City Unified

School District ASES (After School Education and Safety) Programs to extend 4-H to students who may not otherwise have any opportunity to be involved with 4-H. We use two different curricula: Junk Drawer Robotics (JDR) and Youth Experiences in Science (YES). JDR is geared toward 4th, 5th, and 6th graders and teaches about simple machines and basic engineering principles using everyday objects. For instance, students learn about friction, locomotion, and inclined planes while making a mini vehicle out of paperclips and drinking straws. YES is geared toward K through 3rd graders, and teaches basic science through exploration. For example, students learn about viscosity and buoyance in a learning module on **bubbles. Both offer hands-on, inquiry**-based STEM activities that students may not get in the classroom.

Perhaps more importantly, these science lessons are delivered by teenagers from local high schools. These teens volunteer to be a part of the program, in which they receive about 8 hours of training, and then visit an elementary school each week to do new activities with younger students. They work with afterschool staff to best meet the needs of the ASES Program while building connections with younger kids. This 'teens as teachers' model encompasses so much of what 4-H is about: Citizenship, Leadership, Public Speaking, Life Skills, Science...the list goes on.

4-H Afterschool is just one more way that we can help give kids in Sutter and Yuba Counties positive youth development experiences. If you'd like to learn more about the afterschool program – or about using the JDR or YES curricula in other ways – let us know.



California 4-H Youth in Science California 4-H members are 2X as likely as other liking science youth to participate in science programs 4-H participants are 1.7X as likely as other youth to plan to pursue to girls not in 4-H, a career in science are 2x as likely to 69% of California 4-H 58% of 4-H members have taught others about science 76% of 4-H members have helped with a community service project related to science









Every day I use what I learned and practiced in 4–H. It was the best activity of my youth and life!

-4–H Member

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.



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