



THIS MONTH'S HIGHLIGHTS

2015-2016 COUNTY PRESENTATION DAY - SATURDAY, FEBRUARY 20

9:00 am | Brittan School, Sutter | Entries Due February 15th

Start planning your presentation now!! **All members are encouraged to participate in this event. No other presentation days are planned this year.**

Presentation Day Resources:

- [NEW 2015 Presentation Manual](#)
- [Example Presentation Videos](#) NEW from the State 4-H Office
- [Presentation Day Tutorial](#) to help you plan your presentation



Online Presentation Day entry form <http://ucanr.edu/survey/survey.cfm?surveynumber=16555>

PARENTS, LEADERS AND SENIOR MEMBERS we need your assistance with jobs such as tabulations, room coordinators, clerks, MC's and judges. More information available on 4-H website: cesutter.ucanr.edu.

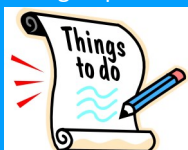
REMINDER: Youth and Adult participants need to complete the online presentation entry online.

Any questions or need help with registration, please contact the 4-H Office at 530.822.7515.

Please remember the Fair Eligibility Rules for 4-Hers

In order to exhibit at the 2016 Yuba Sutter Fair, all 4-H members must meet the following requirements:

- Online Enrollment confirmed by Nov 30, 2015
- Attendance of 80% or higher at club and project meeting of projects which will be exhibited at fair
- Attendance at one or more Bi-County 4-H event
- Presentation at appropriate club or county level
 - **1-2nd year regular member** may present at project level (Primary members are exempt)
 - **3-5th year regular members** must present at club or county level
 - **6th + year regular members** must present at county level



Clubs may have more strict rules but not more lenient.

Sectional Presentation Day: Saturday, April 2nd | Location: TBD

Special Recognition Opportunities:

Awarded to 4-H members who relate their presentations to one of the following four focus areas:

- Science, Engineering and Technology (SET): **Motion**
- Citizenship: **Civic Engagement**
- Healthy Living: **Sleep and Stress**
- Positive Youth Development: **Mindset**

2016-2018 4-H COUNCIL OFFICERS—NOMINATIONS ARE OPEN

Nominations are open for the offices of

- President
- Vice President
- Secretary
- Treasurer

* Nominations can be done online at <http://ucanr.edu/survey/survey.cfm?surveynumber=16524> or by calling the 4-H Office at 822-7515



Sutter-Yuba 4-H Council meets 5 times a year (September, November, January, March and May) and some communication is done via email throughout the year.



4-H CALENDAR OF EVENTS

Check out our county [calendar](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

[http://cesutter.ucanr.edu/Youth_Development/?](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

[calendar=yes&g=42751](http://cesutter.ucanr.edu/Youth_Development/?calendar=yes&g=42751)

of events, dates & deadlines!

FEBRUARY

02/04/2016 [Color Me Green Planning Meeting](#)
 02/06/2016 [Treasurer's Training](#) **Cancelled**
 02/13/2016 [Chico State Sheep & Goat Day](#)
 02/18/2016 [Color Me Green Planning Meeting](#)
 02/20/2016 [County Presentation Day](#)

MARCH

03/03/2016 [4-H Council Meeting](#)
 03/03/2016 [Color Me Green Planning Meeting](#)
 03/05/2016 [Color Me Green 5K Run](#)
 03/12/2016 [Bok Kai Parade](#)
 03/13-16/16 [4-H Shooting Sport Western Heritage Workshop](#)

APRIL

04/1-3/2016 [CA Camping Conference](#)
 04/02/2016 [Sectional Presentation Day](#)
 04/23/2016 [County 4-H Fashion Revue](#)

MAY

05/05/2016 [4-H Council Meeting](#)
 05/28/2016 [State 4-H Field Day](#)
 05/28/2016 [State Fashion Revue](#)
 05/30/2016 [DEADLINE: Club Rosters](#)

JUNE

06/25/2016 [Spring Fair](#)
 06/25-29/16 [2016 4-H Camp](#)

Did you know?

On the 50th anniversary of 4-H, a commemorative three cent stamp was produced with an initial order of 110 million stamps. January marks the 64th anniversary of the issuance of the 4-H stamp.



Yuba-Sutter Fair Foundations—Iron Chef Competition | March 19th

The Fair is looking for 50 4-H and FFA members who would like to earn their Student Membership to the Yuba-Sutter Foundation (normally \$50 annually), to volunteer as servicers at our first Iron Chef Competition. **The event is March 19th at Franklin Hall.** Interested volunteers should **arrive by 5:30 pm** for a briefing and to receive their t-shirts. All the money raised for this event will go to making improvements in the barns. For more information, contact Kary Hauck at (530) 844-2358.

The benefits of a Student Membership:

- One season pass to the annual fair
- One Single day carnival wristband coupon

4-H Beekeeping Essay Contest | Application Due: February 19 | by 5:00 pm

Theme: "Bees and Pollination. How Important is it?"

Participate in the 2016 National 4-H Beekeeping Essay Contest and submit a 750 to 1000 word essay with the listed criteria on the following website: <http://preservationofhoneybees.org/essays#rules-overview-2>. The contest is open to active 4-H members and must adhere to the requirements and designated subject. The winners will receive cash prizes: First prize \$750, Second prize \$500 and Third Prize \$250. The National winner's essay will appear in an issue of the American Beekeeping Federation Newsletter. Email essays to Elina Lastro Nino at elnino@ucdavis.edu.



COLOR ME GREEN **5K RUN/WALK UPDATE**

*I pledge my...
Hands to larger service.*



Color Me Green 5K Run | March 5, 2016

February Planning Meetings— Feb 4 & 18th | 5:30 pm | 4-H office

There is still lots of planning and decisions to be discussed for the run at the next few meetings. Anyone interested is welcome to attend.

Race details

Location:

Sierra Foothills REC | 8279 Scott Forbes Road, Browns Valley

Time:

8:00 am—Registration

9:00 am—Start

Registration is now available: http://cesutter.ucanr.edu/Youth_Development/4-H_Color_Me_Green/

Registration Fees—REGISTER BEFORE FEBRUARY 26TH TO RECEIVE A T-SHIRT

- \$25 Adult
- \$15 Youth
- \$50 Family (includes 4 t-shirts)

Make checks or money orders payable to Sutter-Yuba 4-H Council and mail or deliver them to: Color Me Green Run, c/o Sutter-Yuba 4-H Council, 142A Garden Hwy, Yuba City, CA 95991.

The run is available to all ages, both 4-H members and non-members. Sponsorships of this event will go to support local 4-H youth leadership and development programs while promoting healthy living. All clubs are invited to have an informational booth at the event.

EVENT FLYER: <http://cesutter.ucanr.edu/files/229940.pdf>

If you have any questions or would like more information, please contact Tracy at tmbishop@ucanr.edu.

special
THANK YOU
to our sponsors



Coca-Cola



Johnson's Farm

Overviews from the trail at the race



ANNOUNCEMENTS & PROGRAM UPDATES

Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

COUNTY

SUTTER-YUBA 4-H COUNCIL MEETING—THURSDAY, MARCH 3rd

UC Cooperative Extension 4-H Office | 6:30pm

- * As always, all club representatives, volunteers and youth are welcome and encouraged to attend the council meetings
- * Minutes and agenda can be found online at http://cesutter.ucanr.edu/news_204522/Council_Meetings/
- * Any questions or to add something to the agenda please contact Tracy at tmbishop@ucanr.edu



TODAY IS GOING TO BE
THE BEST
TOMORROW WILL BE
EVEN BETTER

New Hats—Green Hats with new branding are now available in the 4-H Office

Green Hat w/UC branding price: \$21.00



Current Pricing:

Collars	\$15.00
Hats (w/o branding)	\$14.00 - Until supplies last
Ties	\$13.00
Record Books	\$ 4.00
Stripes	\$ 0.40

136th Bok Kai Parade - March 12 | 11:00 am

Year of the Monday

Details about the line up will be available a couple of days before the parade. **ALL clubs are welcome to participate!** Please contact [Rene](#) at the UC Cooperative Extension 4-H Office for more information or if you would like to have a vehicle and/or walkers in the parade. *Space is limited.*



COUNTY 4-H FASHION REVUE UPDATE

2016 COUNTY 4-H FASHION REVUE | Saturday, April 23 | 2:30 PM - Registration

Franklin Elementary School | Theme: Hoe Down, Sew Down



The 2016 Categories are Traditional, Purchased with \$40 limit, Upcycled, Western Wear Challenge, Muslin Challenge & County Quilting Challenge.

For updates and online entries visit the 4-H website: <http://ucanr.edu/2016countyfashionrevue>



ANNOUNCEMENTS & PROGRAM UPDATES

Today's 4-H'ers,
Tomorrow's Leaders.
—4-H Member



2016 4-H FUNDRAISING COMMITTEE

Sutter-Yuba 4-H Council is seeking members for the **new** 4-H County Fundraising Committee. This Committee needs volunteers willing to give about 4-6 hours of their time to help plan fundraisers for our counties program. The committee would decide on what fundraisers best fit our needs and where the funds should be used. If you are interested in being a part of this committee or would like more information, please contact Tracy at tmbishop@ucanr.edu or 530.822.7515.

CLOVER SAFE NOTES

CLOVER SAFE # 2



Photograph Courtesy of
Tuolumne County 4-H Program

SEWING MACHINE SAFETY

Information available from the U.S. Consumer Product Safety Commission indicates a total of approximately 2,700 people were treated in hospitals for sewing machine injuries during 2005. Most of the injuries (60%) were puncture wounds and cuts to fingers. Many of the injuries were caused by operator error or inattention and could have been prevented by understanding how a sewing machine works and maintaining awareness of potential hazards. For additional information about sewing machine safety, go to the Clover Safe note at: <http://ucanr.org/cloversafe>.

Clover Safe Notes are prepared by the UC ANR Office of Environmental Health & Safety, in support of the Statewide 4-H Youth Development Program.



BI-COUNTY EVENTS & PRESENTATION OPPORTUNITIES

The following is the list of approved and upcoming Bi-County Events that members can attend in order to meet fair eligibility requirements. You will meet eligibility if you actively participate as a 4-H member in one of the following events:

Upcoming Bi-County Events:

- Yuba-Sutter Fair (from previous year)
- County Presentation Day (Feb 20th)
- Bok Kai Parade (Mar 12)
- Fashion Revue (April 23rd)
- Spring Fair (June 25th)
- 4-H Camp (June 25-29)
- HI 4-H Crab Feed (TBD)

State 4-H Events:

- State 4-H Field Day (May 28th)
- Sectional or State 4-H Fashion Revue
- Sectional or State 4-H Presentation Day
- State Leadership Conference (July 28-31)
- California Focus (June 17-21)

**Did You
KNOW?**

- State 4-H Book at CA State Fair
- CSU, Chico Swine & Sheep Field Day

Upcoming Presentation Opportunities

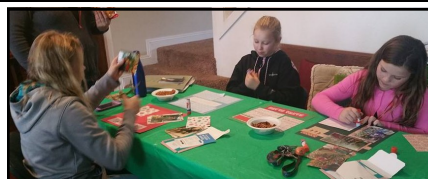
- County Presentation Day—Presenter, MC, Judge or Room Coordinator
- Sectional Presentation Day—Presenter, MC, Judge or Room Coordinator
- Fashion Revue—MC
- Spring Fair—Presenter
- 4-H Camp—Daily Director/MC

Please review the **4-H Fair Eligibility Rules** (pg 1) to see what is required of you to show at the 2016 Yuba-Sutter Fair.



4-H youth are 1.9 times more likely to get better grades in school.

Browns Valley 4-H Club - Fun times at the dog project meeting, cooking and scrapbooking!!



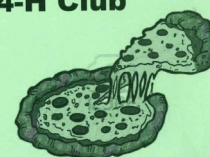
Dententer 4-H Club—Dententer and District 10 4-H Clubs came together on January 19th at Yuba Gardens Intermediate School to make Valentine cards for troops away from home. 4-H members ages 6 to 17 yr old, used paper, stickers, and made a total of fifty-eight cards. Dententer members included: Sarah Shurtz, Gregory Chance, Jennifer Chance, Joy Chance, Janelle Caitlin, Anahi Lule, and Vanessa. District 10 members included: Anika Logan, Caroline Ransom, Brianna Lopez, Maricela Lopez and Kayla Cooper. The clubs hope that the troops will enjoy their cards and would like to thank the troop for their service. The Dententer 4-H club is also having a camp fundraiser at Papa Murphy's on February 2nd. Anyone purchasing a pizza, just need to mention Dententer 4-H when ordering and 20% of the purchase will help pay members' fees for camp.



Fundraiser for 4-H Club

When: February 2, 2016

Where: Papa Murphy's
962 Gray Ave, Yuba City, CA 95991

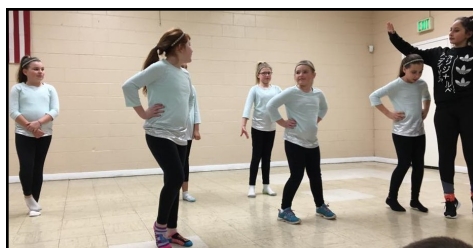
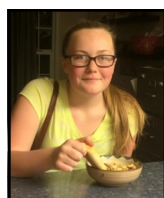
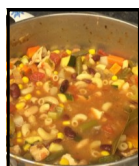


Please help support your local 4-H club by purchasing a pizza TODAY. 20% of all regular priced purchases will be donated to the Dententer 4-H Club members. Proceeds will help members pay to attend 4-H Camp and participate in the Color Me Green 5K Run.



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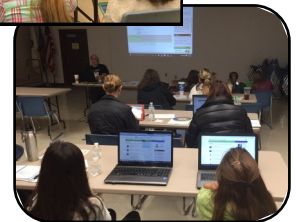
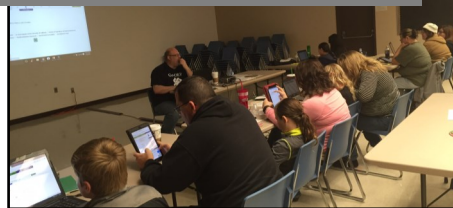
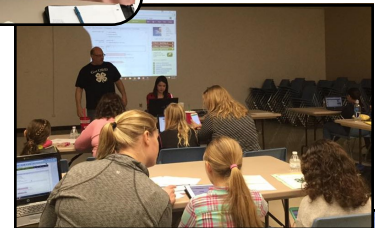
Sutter Buttes 4-H Club—At our January club meeting we recognizing our 4-Her's achievements from last year and our dance group gave us a demonstration of what they have been learning. Advanced cooking project met this month as well. Lots of yummy food was made. Good job!



2016 ORB TRAINING

Online Record Book training was held on Saturday, January 23rd. Scott from the State 4-H Office instructed two 3 hour sessions teaching everything about ORB from “how to log-in” to “how to record a community service event”. Important things to remember about Online Record Books are:

1. The online system is designed to be worked on all year long and not to be done at the last minute or all at once
2. Always check the State 4-H Website for the most current forms (<http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/>)
3. The State office will at no point require an online record book



Marysville Christmas Parade - Good job to all the clubs that came out and represented Sutter-Yuba 4-H for us!




TO MAKE THE BEST
BETTER



ANNOUNCEMENTS & PROGRAM UPDATES

*I pledge my...
head to clear thinking.*

STATE

CALIFORNIA
STATE
UNIVERSITY

Chico

CSU Chico State Sheep & Goat Day

Saturday, February 13th | Time: 9:00am

Location: University Farm

Educational program is from 9:00 am - 12:00 pm and Sale at 1:00 pm.

More information can be found online at <http://www.csuchico.edu/ag/events/index.shtml>.



APPLY TO BE A 2016-2017 STATE AMBASSADOR!

Applications for the 2016-2017 California State 4-H Ambassador are due February 16th. The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program.

- [State Ambassador App Reference Guide](#)
- [State Ambassador Online Application](#)
- [State Ambassador - Submit a Reference](#)



2016 CALIFORNIA CAMPING CONFERENCE | APRIL 1-3, 2016

NEVADA 4-H CAMP, 1 4-H ROAD, STATELINE, NV 89449

The California 4-H Camping Advisory Committee invites you to attend the 2016 Camping Conference. Filled with enlightening workshops, engaging activities, and new idea, this 3 day getaway is a great opportunity to improve your camping programs and meet others who are just as passionate about cam as you are! Our Keynote Speaker, Dr. Jim Cain, is an industry leader in teambuilding and adventure education. Plus, experienced 4-H staff, volunteers and youth from around the state will be facilitating workshops such as “Nature Activities the Rock,” “When Stuff Hits the Fan,” “Astronomy,” “Compliance Made Easy,” and much more. Teen camp staff, adult volunteers and 4-H staff are welcome to attend. Cost to attend is \$150 (before Feb 15th), \$175 (before March 15th), \$35 (additional archery cost)

Find out more information at http://4h.ucanr.edu/programs/camps/resources_for_staff_and_volunteers/campingconference_128/.

4-H Shooting Sports Workshops:

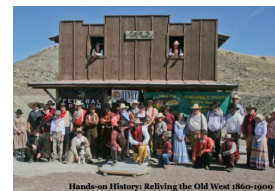
Pistol Discipline | Saturday, March 19 & 20th | Lincoln Rifle Club



A 4-H shooting sports workshop for the pistol discipline will be held in Lincoln at the Lincoln Rifle Clubs indoor range in McBean Park. Participants must attend both days of training to receive certification. The cost for this course is \$30.00 to cover the instruction binder that each participant will receive, breakfast and lunch on Saturday. Teen leaders are invited but must attend with an adult. Participants must have their own .22 rimfire pistol. To register visit <http://ucanr.edu/sites/placercounty4h/?calitem=312619&g=25577>

Western Heritage Workshop | March 13 - 16th

Plans are underway to host a 4-H Shooting Sports Western Heritage Workshop in California. It will be held at the Safety First Shooting Association in Winton, CA (Merced County). For more information about the project visit <http://www.4-hwesternheritageproject.org/> or contact John Borba at jaborba@ucanr.edu.





LEADERSHIP / CONFERENCES

*4-H builds self-esteem, and
helps youth to realize that
their opinion counts and that
they can make a difference.*
-4-H Volunteer

2016 LEaD CONFERENCE—Leadership, Education and Development | February 20-21st

4-H Teens from throughout the State of California, age 13-19 years old, are invited to attend this year's LEaD Conference. The LEaD Conference offers a variety of educational leadership sessions with a focus on teen opportunities in the 4-H program, a Saturday night dance and other non-dance activities, networking and building friendships with other 4-H members from throughout the state. The cost of conference covers your overnight stay and meals. For more information visit: http://www.sb4h.org/County_4-H_Events/LEaD_Conference/

CALIFORNIA FOCUS | June 17-21 | Sacramento, CA | Registration Deadline: March 31st

California Focus is a unique citizenship educational experience for youth ages 14-19. Attendees will witness California's government in action by participating in the legislative, political, and judicial processes. As a conference delegate you will (along with any other activities):

- ✓ Meet California law makers
- ✓ Tour the State Capitol, Governor's office and 3rd Court of Appeal
- ✓ Participate in fun recreational activities, tours and cultural events

For more information visit http://4h.ucanr.edu/4-H_Events/CF/.

STATE LEADERSHIP CONFERENCE: July 28-31, 2016

Humboldt State University

All 4-H members ages 13 through 19 are encouraged to attend. Registration opening early February 2016. For more information visit their website: http://4h.ucanr.edu/4-h_events/slc/.

SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time	Club Contact	
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Valerie Wilson	cvwilson54@aol.com
Barry	Barry Elementary School	3rd Thurs 6:30 pm	Sam Diaz	diaz_samuel@att.net
Beale	Beale AFB Youth Center	2nd Wed 4:00 pm	Jeanne Christenson	jpchristenson@ucanr.edu
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Joe Serger	joe@mikiusa.com
Dententer	Yuba Garden School	3rd Tues 6:00 pm	Deborah Dyer	debster1361@yahoo.com
District 10	Truth Tabernacle	1st Sat 9:00 am	Tamera Wilson	mrwilson1218@sbcglobal.net
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Nancy Perkins	nbyer@yahoo.com
Guide Dogs	Various (TBD)	3rd Sunday 1:30 pm	Suzanne Herboldshimer	shimer@syix.com
Hallwood	Church of Nazarene, Hallwood	1st Mon 7:00 pm	Mary Hall	maryhall@infostations.com
Live Oak	Boy Scout Hall	2nd Wed 6:30 pm	Kendra Schmidl	kenjas5@yahoo.com
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Mykell Springer	pg4hcommunityleaders@gmail.com
Plumas	Neighbors Pizza, Olivehurst	3rd Wed/Thurs 6:30 pm	Pat Dickens	fpsc farms@aol.com
Smartsville	Happy Time Daycare	2nd Wed 6:30 pm	Kimberly Salas	ksalasfamily@gmail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Ronda Smith	rondakelly5@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00 pm	Edona Miller	bewilbranch@netzero.net
Yuba Sutter Hi 4-H	Church of Nazarene, Hallwood	4th Mon 7:00 pm	Mary Hall	maryhall@infostations.com



Every day I use what I
learned and practiced in
4-H. It was the best activity
of my youth and life!
-4-H Member

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.



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