



## THIS MONTH'S HIGHLIGHTS

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### IMPORTANT

### REDUCED ENROLLMENT FEES:

We have some important announcements regarding the upcoming program year enrollment. In recognition of financial hardships which families may be experiencing due to the current situation, Sutter-Yuba 4-H Council is reducing the youth enrollment fee to \$75 per youth for this program year. We value all our members and volunteer leaders! The second announcement is that we can now accept credit card payment for enrollment.

	YOUTH	ADULTS
Insurance/State Fees	\$58.00	\$24.00
County Fees	\$17.00	\$ 6.00
<b>Credit Card Fee</b>	<b>\$ 2.50</b>	<b>\$ 1.00</b>
<b>Total</b>	<b>\$77.50</b>	<b>\$31.00</b>



### Online Payment now accepted:

This is our preferred payment method, since a lot of our clubs are not meeting in person. You can either use the link below or scan the QR code. Please contact me if you have any questions.

a. <http://ucanr.edu/sutteryuba4henrollmentccpayment> or



### ENROLLMENT DEADLINE:

Youth members & adult volunteers may enroll any time during the year.

### Deadline to be eligible for Yuba-Sutter Fair in 2021:

- Members must enroll by **Nov 1, 2020**
- Enrollment must be confirmed by club leader by **Nov 30, 2020**

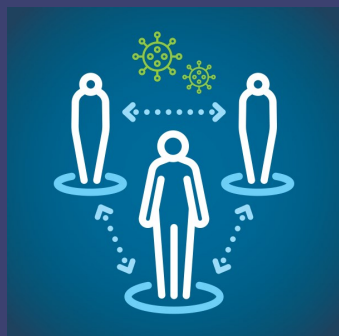
### Deadline for Returning Volunteers:

- Adult Volunteer re-enrollments must be completed by **Dec 31, 2020**

**THIS YEAR WILL LOOK DIFFERENT**—partially because we don't know how we can meet in person and what our projects will look like—and partially because the **Yuba-Sutter Fair is June 24-27** so our project will be starting a lot sooner.

**CLUBS:** Please get me your projects as soon as possible for people to start registering in [4hOnline](#).

**Any questions**, please contact the 4-H Office at 530-822-7515 or Rene at [rjmccrory@ucanr.edu](mailto:rjmccrory@ucanr.edu)/Nicole at [nmarshall@ucanr.edu](mailto:nmarshall@ucanr.edu).





# ANNOUNCEMENTS & PROGRAM UPDATES

Learn by Doing

## COUNTY UPDATES

### Payment of Enrollment Fees



**To pay for enrollment this year we have been approved to use credit cards!** This is a preferred payment method, since our clubs cannot meet in person right now it is convenient and easy. You can still pay the club directly.

You can either use the link below or scan the QR code. The link is also available on our County 4-H Website at [cesutter.ucanr.edu/youth\\_development/Online\\_enrollment](http://cesutter.ucanr.edu/youth_development/Online_enrollment).

<http://ucanr.edu/sutteryuba4henrollmentccpayment>



### Zoom Accounts are available

⇒ Available to all clubs

⇒ Available for Club and Project meetings (1 per club)

Contact the UC Cooperative Extension 4-H Office to get yours now!

## Important Project Leaders Information:

- **Volunteer online Training**—must complete the online training to be confirmed in 4hOnline. If you have any problems completing the training (like a glitch in the system) you must put in a problem ticket. **ALL LEADERS MUST COMPLETE THEIR TRAINING.**
- **4-H Leader Safety Training via Zoom**—must attend one training to hold in-person meetings (email me if you need the zoom information)
- **If you need PPE**, we have some for you at the 4-H Office. Call to make arrangements to pick some up. We have masks, hand sanitizers and gloves (if needed.)

### Club Leaders:

I need the following as soon as possible:

- **Club Projects**— I need your club project as soon as possible. It is important to get those lined up before people begin to re-enroll. Email them to me at [rjmccrory@ucanr.edu](mailto:rjmccrory@ucanr.edu).
- **Club Information Form** (2020-2021)
- Don't forget to check **birth certificates** for new members (I will run the report in November.

Contact me with any questions at [rjmccrory@ucanr.edu](mailto:rjmccrory@ucanr.edu).  
I am happy to help!

### CLUB DEADLINES: Due November 5th

- **2020-2021 Club Budgets**
- **2020-2021 All proposed Club Fundraiser** (forms) activities for the year
- **2020-2021 Club Planning Guide** (proposed)
- **Club Constitution and Bylaws** (only if updated)





# ANNOUNCEMENTS & PROGRAM UPDATES

4-H youth are 1.9 times  
more likely to get better  
grades in school.

## COUNTY UPDATES



### 4-H Project Meetings

NO **IN-DOOR** MEETINGS ARE ALLOWED AT THIS TIME. **All meetings** must take place outdoors with 10 or less people in attendance adhering to the social distancing and wearing face coverings.

The State 4-H Office has published a good website that has some fun, practical project suggestions that would allow you to pivot from web-based meetings to in person meetings easily.

[https://ucanr.edu/sites/UC4-HResources/Virtual\\_Protocols/Practical\\_Examples/](https://ucanr.edu/sites/UC4-HResources/Virtual_Protocols/Practical_Examples/)

**ENGINEERING & TECHNOLOGY**

### ROCKETRY PROJECT

Summary: Youth are involved in a hands-on project to build and launch a model rocket project at home. They are supported by ongoing communication with peers and the Project Leader.

## TOGETHER AND APART

<p>One hour monthly meetings via Zoom</p> <ul style="list-style-type: none"> <li>Project Leader poses questions, leads discussions, and shares interactive games or videos to watch together.</li> <li>Members discuss their observations of the video and/or play interactive games.</li> </ul>	<p>Members build their model rocket projects at home. They share their progress on a private ProBoards forum.</p> <p>Between meetings, youth connect on the ProBoards forum to ask questions and post progress photos and videos.</p> <p>Near the end of the project, members record a video of their rocket launch and post it online.</p>
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**LEARNING EXPERIENCE**

Youth gain the experience of building and launching a model rocket. Meaningful discussions with peers and the Project Leader both in groups and on forums helps promote a sense of belonging and competence. Youth gain a sense of belonging and competence in the content of aerospace, building/constructing models, and communicating online.

**FOODS & HEALTH**

### FOODS & NUTRITION PROJECT

Summary: Youth engage in cooking activities at home with pre-planning and debriefing meetings before and after each recipe. Youth are encouraged to share their experiences on social media and in facilitated online discussions with peers.

## TOGETHER AND APART

<p>Members decide what cooking skills and recipes they would like to cover.</p> <p>Weekly one-hour Zoom meetings</p> <ul style="list-style-type: none"> <li>Review ingredients and cooking tools needed for the week's recipe.</li> <li>Share links to demonstration videos on making the recipe and cooking techniques used.</li> <li>Debriefing discussion - <ul style="list-style-type: none"> <li>Members share their experiences making the previous recipe.</li> <li>Ask questions.</li> <li>Share successes.</li> </ul> </li> </ul>	<p>Members gather ingredients and cooking tools needed for the recipe each week.</p> <p>Members watch the video links shared for the recipe.</p> <p>Members practice the recipe and cooking skills on their own after the weekly Zoom meeting.</p> <p>Members can share tips with each other, answer questions, and post photos of their recipes on private Facebook group.</p>
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**LEARNING EXPERIENCE**

Project members make at least 6 recipes that each highlight specific cooking skills and nutritional information. Members learn from the experience of cooking, watching the demonstrations, and engaging with their peers.

**ANIMAL SCIENCE**

### SHEEP PROJECT

Summary: Youth are involved in activities focused on selecting and raising a lamb for breeding or market purposes. Between meetings, youth are supported by continuing communication with other youth and the Project Leader.

## TOGETHER AND APART

<p>In the initial meeting, members decide what animal science skills they would like to learn about with support from the Project Leader.</p> <p>One-hour monthly Zoom meetings</p> <ul style="list-style-type: none"> <li>Project Leaders guides a discussion with open-ended questions about members' knowledge about a subject.</li> <li>Project Leader demonstrates a related skill over the live feed or shares links to videos.</li> <li>Members have a discussion to process the skill they watched and consider how to apply it to their own project.</li> <li>Members share their project progress and experiences with each other to engage in social interactions with their peers.</li> </ul>	<p>Members gather supplies and select their lambs.</p> <p>Between meetings, members share about their experiences in the private Facebook Group.</p> <p>Members watch videos linked by the Project Leader of necessary handling, grooming or feeding skills.</p> <p>Members practice the skills and handle their lambs on their own between meetings.</p>
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**LEARNING EXPERIENCE**

Project members gain experience from raising and handling their lambs. Support from their peers and the Project Leader in the form of discussion add to members' knowledge and sense of belonging.

**ENVIRONMENTAL EDUCATION**

### ENVIRONMENTAL STEWARDSHIP PROJECT

Summary: Youth are involved in learning and contributing to the natural environment by conducting a service-learning project.

## TOGETHER AND APART

<p>One hour meetings twice a month via Google Hangouts</p> <ul style="list-style-type: none"> <li>Project Leader poses questions, facilitates discussions, and shares links to information about the environment, ecology, and other content involved in environmental restoration.</li> <li>Based on the interests of the youth, Project Leader can suggest organizations with similar missions.</li> </ul> <p>Near the end, the educator facilitates debriefing: youth evaluate their success, discuss what could have worked better, and develop ideas for a future project.</p>	<p>Youth determine the environment they will each restore. They create their plan and complete tasks on their own.</p> <p>Youth research ideas to proceed and plan their project. They can also communicate with suggested organizations with similar missions.</p> <p>Between meetings, youth post on the private Facebook Group to help plan and respond to each other.</p>
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**LEARNING EXPERIENCE**

Active and authentic learning takes place as youth learn about environmental restoration and apply that knowledge to a real project in a local place. Youth bring their prior experience, collaborate, and learn that they can make a difference in their community.





## We are your County Ambassadors!

The current team includes Emma Cucchi, Dakota Dickinson, and Annali Flores **AND** are pleased to announce the selection of our 2020-2022 team—Jack Munger and Brady Amarel. This month we would like to introduce everyone to Dakota Dickinson:

Hi my name is Dakota Dickinson and I would like to say what an amazing honor it was to be chosen as Sutter-Yuba County Ambassador for 2020-2021.

I am 15 years old and a sophomore at Marysville High School. I'm starting my second year in FFA and my tenth year in 4-H. I've been on the 4-H board for 5 years and I'm this year's President of Loma Rica 4-H Club. I started my own community service project at the age of 10 (The Closet of Hope) to help the homeless school kids in our area. I also started my own market goat breeding project 2 years ago. I've been showing and selling market goats for the last 6 years.



I was so excited to get started on this new journey representing my community on a much bigger platform as County Ambassador. I was looking forward to meeting and working with the other County Ambassadors on community service projects and was excited to do a special needs prom. Unfortunately, Covid-19 cancelled our event but I am hopeful that we will get to plan something even better this year.

Sincerely,  
Your County Ambassador Dakota Lee Dickinson.

### Event Rotation

Even though our events may look a little different this year, it is that time again to work on Budgets.

- Please discuss during your club meetings and possibly set up committees to work on these events.
- I will contact club leaders to get started soon.
- Each club will have the same events as last year.
- Be creative and have a great year!

Let me know if you have any questions. Also please note, anyone from any club can help

Sutter-Yuba Counties 4-H			
Events Rotation			
Years 2019 -2021			
Event		2019-2021	
Record Book Judging	Primary		
	Secondary		
Achievement Night	Primary	1	Hallwood
	Secondary	2	Barry
Leadership Retreat/Officers Training	Primary	3	Wheatland
	Secondary	4	Loma Rica
Fashion Revue	Primary	5	Browns Valley
	Secondary	6	Plumas
Presentation Day	Primary	7	Sutter Buttes
	Secondary	10	Feather River
Craft Day/Fair Booth	Primary	9	Franklin
	Secondary	8	District 10
Spring Fair	Primary	11	Pleasant Grove
	Secondary	12	Live Oak
Camp	Primary		Franklin
Color Me Green	Primary		
	Secondary		
<b>Primary</b> -It is the responsibility of the Primary Club to insure facility is reserved, event information published in newsletter, find help to insure all job tasks for the event are assigned and accomplished with help from other clubs and have a Club Representative at the event and update the Event Book for those who follow.			
<b>Secondary</b> -Assist the primary club as required and prepare to be the Primary Club for the next year.			





# ANNOUNCEMENTS & PROGRAM UPDATES

Today's 4-H'ers,  
Tomorrow's Leaders.  
-4-H Member

## CALIFORNIA 4-H AT HOME

### Fresh Chefs: Delicious, Simple Meals from the 4-H Family

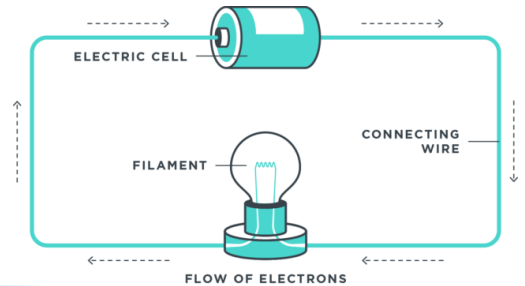
Are you running out of ideas for cooking? Now is the perfect time to learn a new recipe and add a little more fun to family mealtime. Check out the free digital [#4HFreshChefs](#) Cookbook: [#4HatHome](#). What's better than cooking at home? Making meals that are both inspired and easy to make. The collection of recipes from the 4-H community hits those marks on every page.

[Download Cookbook](#)



Visit [4-H at Home](#) to explore your favorite STEM activities, plus more hands-on activities for your family, students, or 4-H club.

[DIY FLASHLIGHT](#)



### How to Lead a Virtual 4-H Meeting

The State Ambassadors led a popular Zoom webinar on How to Lead a Virtual 4-H Meeting. If you missed it—or want to watch again there is now a recording available on the California 4-H At Home site.

Topics Covered:

- How to setup ZOOM and create a secure meeting
- University of California 4-H guidance for safe ZOOM meetings
- Tips on creating a fund and welcome meeting, while still getting the business of the club done

[Presentation—How to Lead a Virtual 4-H Meeting](#) (PDF)  
[Virtual Meeting Guidance for 4-H Adult Volunteers](#) (PDF)

## Two new State 4-H Advisory Committees: Make a Difference in 4-H

The State 4-H Office has added two new Advisory Committee:

- [4-H Public Speaking and Communications Advisory Committee](#)—they will provide recommendations on Regional and State Presentation events.
- [4-H Multicultural, Equity and Community Engagement Advisory Committee](#)—they will provide recommendations on improving multicultural, equity and community engagement in 4-H programs.

The State 4-H Advisory Committees provide leadership and offer insight, review, and input to the State 4-H Director for the operation and management of the 4-H Youth Development Program.

**APPLICATIONS OPEN UNTIL OCTOBER 15TH**

Youth (ages 14 and up), Adult Volunteers (ages 18 and up) and County staff are encouraged to apply!

[CLICK HERE TO APPLY FOR STATE ADVISORY COMMITTEES](#)

# **ANNOUNCEMENTS & PROGRAM UPDATES**

*I pledge my...  
head to clear thinking.*

## STATE UPDATES



### National 4-H Week is October 4-10, 2020 #Opportunity4All

National 4-H Week is proud to support #Opportunity4All kids, and we invite you to celebrate with us this week by showing your @4-Hspirit on social media and in your community.



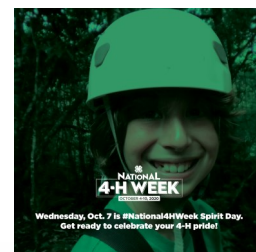
### 4-H STEM Challenge: Mars Base Camp

Join the 4-H STEM Education Advisory Committee for a webinar introducing the 2020 4-H STEM Challenge: Mars Base Camp. We'll show you what you'll receive in the educator kit and the family kit. Learn how to participate, program and teach these activities. **Sept. 15, 2020, 3-4 pm** Sign up at [ucanr.edu/stemchallengeorientation](https://ucanr.edu/stemchallengeorientation).



### 4-H Spirit Day Wednesday, October 7, 2020

Show your 4-H Spirit—wear green, a clover, or your 4-H shirt. Take a photo and post on social media to share your spirit! Don't forget to tag the State 4-H Office at @California4H on Facebook and Twitter, and @ca4H on Instagram!



## Colt Challenge 2020-2021 Announcement Devil's Garden Colt Challenge

This is an opportunity for 4-H and FFA youth to receive a weanling (4-5 month old) wild horse from the Devil's Garden Wild Horse territory in Modoc County to train and compete for over \$3,500 in cash and other prizes. The grand champion receives a \$1,000 check. Youth have about 6 months to ground gentle their horses. Youth gain title to their horse and after the competition they can keep their horse or sell their horse as a project animal.

Youth must be enrolled in 4-H or FFA to participate. There is a \$25 fee that covers the processing of selection and titling the horse to the youth. Please feel free to share this announcement. Counties included in this contest are Modoc, Siskiyou, Shasta, Tehama, Lassen, Sierra, Plumas, Nevada, Placer, Butte, Yuba, Sutter, Glenn, Colusa, Del Norte, Humboldt and Trinity.

Any questions please contact the Modoc County 4-H Office at 530-233-6400 or email [devilsyardenhoraeinterns@gmail.com](mailto:devilsyardenhoraeinterns@gmail.com).

Deadline for application and payment is **Friday, October 23, 2020.**

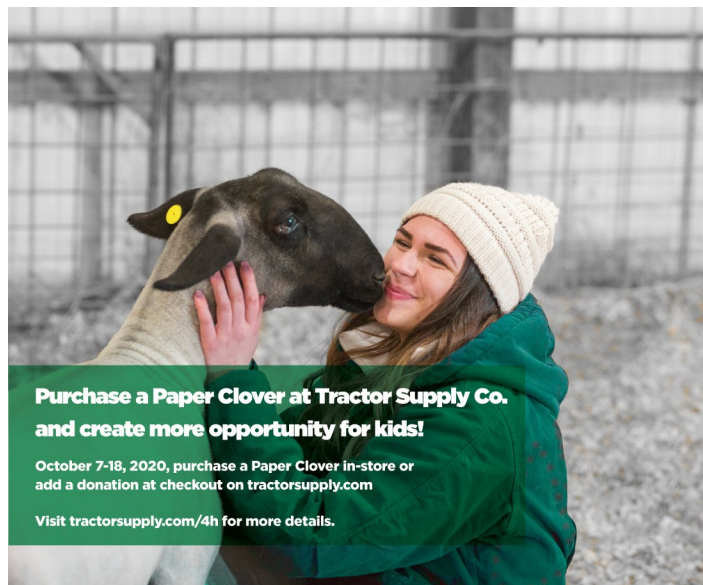




# PROGRAM UPDATES

*I pledge my...  
heart to greater loyalty.*

## STATE UPDATE



**FALL TRACTOR  
SUPPLY PAPER  
CLOVER  
OCTOBER 7-18,  
2020**



The fall Tractor Supply Paper Clover campaign is still going forward as in previous years.

As we did before, a percentage of funds raised in California will go towards the State Leadership Conferences and counties will receive their share raised in their county to enable youth to participate in camp and leadership conferences.

This year, because of the COVID crisis, TSC is requesting **no physical presence** from 4-H programs at their stores, including outdoor spaces like parking lots.

Check out the California 4-H Brand Toolkit for advertising online: [https://ucanr.edu/sites/CA\\_4-H\\_Brand\\_Toolkit/Toolkits/Tractor\\_Supply/](https://ucanr.edu/sites/CA_4-H_Brand_Toolkit/Toolkits/Tractor_Supply/).



## SUTTER-YUBA 4-H CLUB MEETINGS

4-H Club	Meeting Location	Day & Time	Club Contact	
Able Riders	Red Dog Ranch, Yuba City	Every Tues 5:30 pm	Brenda Leonhardt	brenda@familysoup.org
Barry	Barry Elementary School	3rd Thurs 6:30 pm	Sam Diaz	samdiaz9189@gmail.com
Beale	Beale AFB Youth Center	2nd Wed 4:00 pm	Jeanne Christenson	jpchristenson@ucanr.edu
Browns Valley	Foothill Lions Club	1st Mon 7:00 pm	Joe Serger	joe@mikiusa.com
District 10	Truth Tabernacle	1st Sat 9:00 am	Tamera Wilson	mrwilson1218@yahoo.com
Feather River	River Bend Elementary School	3rd Thurs 6:30 pm	Hallie Hunt	hallie@featherriver4h.com
Franklin	Franklin Elementary School	1st Wed 7:00 pm	Nancy Perkins	nbyer@yahoo.com
Hallwood	Church of Nazarene, Hallwood	1st Mon 7:00 pm	Mary Hall	maryhall@infostations.com
Loma Rica	Foothill Lions Club	2nd Mon 7:00 pm	Tim Johnson	johnsonsemstraining@gmail.com
Live Oak	Boy Scout Hall	2nd Mon 6:30 pm	Shane Murphey	shanemurpheylo@yahoo.com
Pleasant Grove	Pleasant Grove School	2nd Wed 6:30 pm	Betty Cooler	coolerfamily07@yahoo.com
Plumas	Riverside Meadows School	2nd Mon 6:00 pm	Beverly High	bevbmh52@gmail.com
Sutter Buttes	Sutter Youth Organization	2nd Tues 6:30 pm	Gina Tarke	gbtarke@gmail.com
Wheatland	Southern Baptist Church	2nd Mon 7:00 pm	Jamie Hart	jamie@hartrealtor.com
Yuba Sutter Hi 4-H	Church of Nazarene, Hallwood	4th Wed 6:00 pm	Mary Hall	maryhall@infostations.com





#iam4h

I pledge my...

**HEAD** to clearer thinking,  
**HEART** to greater loyalty,  
**HANDS** to larger service,  
**HEALTH** to better living,  
for my club,  
my community,  
my country,  
and my world.



**University of California**  
Agriculture and Natural Resources

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