



Clover Chatter

Sutter and Yuba Counties

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December 2005/
January 2006

Special Points**of Interest**

- Beef and Swine "Show Camps"
- CalFocus Citizenship Program
- "Presentations Symposium"
- New Horse Group, Show Camps, Clinics, etc.



4-H - "To Make the Best Better"

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Editors: Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Representative

"State Leaders' Forum" Review

By Willa Davis

"Money Talks", "Collegiate 4-H", "Youth in Governance," and many other topics were workshop options that 225 forum participants learned about at the **2005 California 4-H Leaders' Forum**. Once again, this annual conference was held at the breathtaking Asilomar Conference Center near Monterey where 4-H leaders and staff were provided opportunities to carry out this year's conference theme, "4-H Connects".

In addition to attending three workshops, forum participants enjoyed presentations by five **State Presentation Day** winners, including one that was *impromptu*. All were shining examples of the citizenship, leadership and life skills outcomes that 4-H strives to foster through its "learn by doing" project work. Conferees participated in community service activities, too. And, closing keynote speaker, Jennifer Hembree, shared how her experiences as a

4-H member contributed to her own growth, both professionally and personally.

This was a growth experience for me, too, as I'm sure it will be for you when you attend. The theme for the 2006 conference is "*Soaring to Success: Leadership 101*". All participating **county 4-H Programs have been asked by the 2006 Conference Chair to make and bring a 3' x 5' banner reflecting the great work that each does in their club and community**. I would like this to be a countywide activity for the Sutter-Yuba Counties 4-H Program. Please call me at 822-7515 to volunteer to be on the committee of what is sure to be a fun, creative way to contribute to this effort.

So **SAVE THE DATE** and **PLAN NOW** to attend the next State Leaders' Forum on November 17-19, 2006!

Is Community Service Part of Your Goals This Year?

Whether you are enrolled in a designated "Community Service" project in your club, school, or church, think about how you can practice one of the *essential elements of youth development*, which is **generosity**. In other words, how are you *giving back* to your community? There are lots of opportunities to provide some kind of service, no matter how small or large the activity. Look around and see what you can do to lighten the burden of a neighbor or improve the life of a child, and in so doing, further develop your own citizenship abilities and strengthen your community. Involve your club, too!

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COMING EVENTS, WORKSHOPS, ACTIVITIES, AND MEETINGS

2006 Western Regional 4-H Leaders' Forum

Registration (\$260.00) due 1/13/06
For more information, go to www.utah4h.org

DEC. 30TH IS DEADLINE TO SUBMIT ENROLLMENT FORMS FOR MEMBERS WANTING TO "SHOW" AT COUNTY FAIR

CALIFORNIA CITIZENSHIP FOCUS

Approved County applications and a \$100.00 deposit are due into the STATE 4-H Office on January 31, 2006. Obtain applications at the 4-H Office or online at ca4h.org. See pg. 5 for more details.

Fashion Revue Committee Meetings

Jan. 5th, Feb. 2nd, & Mar. 16th, 2006
7:00 pm, 4-H Office
PROJECT, JR. AND TEEN LEADERS INVITED!

NEW LEADER ORIENTATION

A final opportunity to take part in this important certification training will be on Sat., Jan. 7th at 9:00 a.m. at the 4-H Office. You must be certified before leading a project.

ALL 4-H LEADERS ARE INVITED

To the "Leaders' Dinner"

Thursday, January 12th, 6:00 p.m.
at the 4-H Office

Entrée provided by Bi-County Council
Each Leader, please bring as follows:

Last Name A-M: Salad

Initial: N-Z: Dessert

Please bring enough to feed 8 people and be sure to label your dish and serving utensil.

ALSO, PLEASE BRING A GIFT BASKET TO AUCTION. "THANKS!"

Swine and Beef Show Camp

January 14-15, 2006 at CSU, Chico; REGISTRATION
DUE December 31, 2005. See pg. 3

NEW BI-COUNTY HORSE GROUP will meet January 18th @ 7p.m. at the 4-H Office. This will be the 1st planning meeting for bi-county events, including Horseshows, Play Days, Horsemanship, etc. Call Nora Estes at (530) 633-4888 for more information.

"PRESENTATIONS" SYMPOSIUM

Saturday, January 21, 2006, 9:00 a.m.—
1:00 p.m., Wheatland High School

LEARN:

- Judging Rules and the "Presentation Progression System";
- Public Speaking Styles and Practice;
- Visual Aid Techniques, including Power-Point and Presentation Board Tips (*you'll get to do a "make and take" project, too!*).

Attend this valuable event and become better prepared to make an "award-winning" presentation and advance to Sectional and State level competition!

State Horse Leadership Conference and State Horse Classic Business Meeting

January 28-29, 2006, CSU, Fresno

GET LATE BREAKING NEWS ON THE STATE HORSE CLASSIC BY SIGNING UP FOR E-MAILS at <http://www.cal4horse.com/>

SAVE THE DATE—FEB. 11, 2006 for
"CRAFT DAY" at the 4-H Office

111 people participated in the 11/12/05 Craft Day. Come and join the fun!

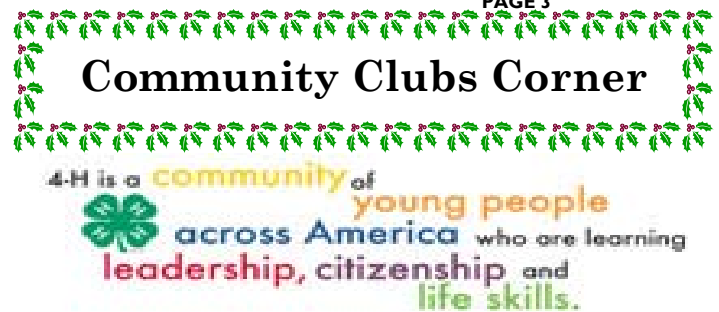


Swine and Beef Workshops include Fitting, Showmanship, Selection, Nutrition, and Carcass. Youth can register for swine and/or beef at \$50.00 a specie.

- **Limited Enrollment:** first-come, first-served basis.
- **Complimentary** Continental Breakfast, Lunch and T-Shirt.
- **Location: CSU, Chico Farm:** Ag. Teaching and Research Center, 511 Nicholas O. Schouten Lane, Chico, CA 95928 (for directions, go to: www.csuchicoag.org).
- **Mail Registration forms by DECEMBER 31, 2006** to location listed above. Registration form and agenda can be found on Sutter-Yuba Counties 4-H Program's website under "Forms" at http://cesutter.ucdavis.edu/Youth_Development

FYI

- **STAR RANK JUDGING:** Deadline date to submit record books to the 4-H Office is **JAN. 6, 2006**.
- **ONLINE STORE FOR COOL 4-H STUFF:** The National 4-H Supply Store will return 10% of your total merchandise ordered online to the California 4-H Program. Order online at: www.4-hmall.org/California.
- **CLOVER CHATTER:** Access "Clover Chatter" Online and Save a Tree! By accessing "Clover Chatter" online on the Sutter-Yuba Counties 4-H Program website at http://cesutter.ucdavis.edu/Youth_Development you get to see it FIRST, see it ALL IN COLOR and save us postage when you tell us to remove you from the mailing list.
- **PLEASE NOTE:** Anyone who does NOT want their phone number or e-mail address distributed, please notify the 4-H Office immediately.



The Dententer and Wheatland Clubs share they will decorate a Christmas tree with homemade ornaments for the annual Christmas Stroll on Plumas Street in Yuba City. The tree will be given to a local needy family.

The Franklin 4-H Club members will donate a new toy or item of clothing for a local needy child who is the same age and gender as themselves.

Hi 4-H: Remember, **8th graders are invited to join Hi 4-H** this year.

The Live Oak 4-H Club will assist in the City of Live Oak's annual Christmas Tree Lighting ceremony.

The Smartsville 4-H Club will conduct their annual gift-making and giving for the town's children.

Please submit information about your club to Willa Davis by Jan. 15th for the February Clover Chatter. Happy Holidays!

CLUB RECORDKEEPING NOTES

Each 4-H Community Club Leader should have a "Club Management Manual" that contains information for you to do your job well. Pick up one at the 4-H Office if you need one.

Also, the "Program Planning Guide", Treasurer's Manual/Book and the Secretary's Book will help you establish club goals and give you step-by-step information needed to organize and plan your meetings, activities and financial data.

If you would like **help in setting up bookkeeping data on your computer**, call Stacy Reese at (916) 655-3564. She will be more than happy to assist you!

2005/2006 DUE DATES

2005-2006 <u>Program Planning</u>	Nov. 30th
• <u>Guide</u> goals have been established.	
• Club plans and activities are begun.	Dec. 1st
• July—November 2005 bank	Dec. 15th
• statements have reconciled and	
• September—November Club Meeting	
• Minutes have been approved and	
• placed in the Secretary's Book.	
• "Outreach Efforts" Report due	Jan. 1, 2006
• into the 4-H Office.	

ABCs Of Personal Development

In the coming months there are many projects, events and activities in which you could record points as follows:

A & B: Attendance at 80% or more Community Club *and* Project meetings make you eligible for this.

D: Attendance at the “Swine and Beef Workshops” in January will count here.

G: Judging at January’s Presentation Day is an option if you have been a member for 6-10 yrs., have received a gold award at the county level and are in the 10th grade or higher.

I: Represent 4-H: Being in charge of a community service activity for the holidays earns points here.

J: Committee Member: Serving on the 2006 State Leaders’ Forum “**Banner Committee**” counts here.

K: Jr./Teen Leadership: 7th—12th graders can serve in these leadership roles.

L: Preparing & Giving a Talk at your Community Club meeting earns these points. Plan now to do one.

M: Offices Held: All club officers earn points here.

O: Earning a Gold Seal Certificate at Bi-County Presentation Day is how you earn points for this.

Q: Participation Other Than 4-H: Being an active member in extracurricular activities counts for this.

R: Presentation Day is January 25th. Be there!

U: Attending “Craft Day” in November or February earns these points as will participating in the “**Presentations Symposium**” on January 21st and “**Bi-County Presentation Day**” on January 25th.

Y: Community Pride/Service: Practicing the gift of generosity toward others during the holiday season, such as giving food baskets, caroling at hospitals, or serving food at a Soup Kitchen earns points and is good for the soul.

FOOD FOR THOUGHT

“Anyone who has never made a mistake has never tried anything new.”

Albert Einstein

“If you don’t know where you’re going, you’ll end up some place else.”

Yogi Berra

“You must be the change you wish to see in the world.”

Mahatma Ghandi

4-H TRADITIONS



In addition to offering an educationally sound curriculum and functional, experience-based teaching techniques, 4-H has a rich heritage with many time-honored traditions. They include:

4-H Colors: The white in the 4-H flag symbolizes purity. The green represents life, growth, and youth.

4-H Emblem: The green four-leaf clover has a white “H” on each leaf to represent the four “H’s” - Head, Heart, Hands, and Health.

4-H Pledge: Please recite this pledge at each meeting —

I pledge

My HEAD to clearer thinking,

My HEART to greater loyalty,

My HANDS to larger service, and

My HEALTH to better living

For my club, my community, my country and
my world.

4-H Slogan: “*Learning by doing*” is how 4-H members acquire new skills. Learning to get along with others comes from working with and playing with the group. Make sure to include both!

4-H Motto: “*To Make the Best Better*” is the aim of 4-H. Youth work on improving project work and building better clubs, communities, and schools.

POLICY REMINDERS AND UPDATES

Important Update: In an effort to keep 4-H members as safe as possible and to safeguard 4-H leaders when they work with members, policies have been updated. One of them is:

“Supervision of Youth (815.2B)”: A 4-H member is the responsibility of the staff or adult volunteer in charge of the event or activity. A 4-H member is not to be released to anyone who is not authorized by his/her parent or legal guardian. If parents do not arrive within 30 minutes of the scheduled end of the event, it may be necessary to contact local law enforcement.

For more information about this policy or others affecting “Youth Protection and Safety”, please contact the 4-H Office at 822-7515.



Up Close and Personal With Valerie Wilson and Steven Sanchez

Valerie Wilson has served in many roles during the *four decades* that she's been involved in the 4-H Youth Development Program. She helped found and still serves as the Community Club Leader for the **Able Riders 4-H Club** that meets every Tuesday at the Star Butte Ranch and Equestrian Center in Sutter. The club is sponsored by the Sutter County Parent's Network and is devoted to providing therapeutic horse riding to youth with developmental disabilities.

Valerie has gone above and beyond the call of duty as the Able Riders Community Club Leader because she believes in giving back to society. She says she gets back a lot, too, and has personally seen the positive benefits that comes from the service she and other dedicated volunteers provide to their members, like the youth who was confined to a wheelchair after being struck by an automobile. After eight months of therapeutic horse riding, he was walking again!

Valerie says that the Sutter-Yuba Counties 4-H Program is great because it provides positive reinforcement to youth members as they work in a group. It also provides a variety of projects that meet members' interests, which oftentimes, contribute to them developing a vocation from what they've learned in 4-H.

Valerie advice to new leaders is to believe in themselves and don't be afraid to ask if they have questions as there's always someone to step up to help them.

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Steven Sanchez stepped up to help fill the need of the **Dententer 4-H Club** five years ago when he volunteered as a Project Leader. He states he has continued to participate in 4-H because of the satisfaction he feels to help the kids in his community. He goes on to say that the two most important characteristics that a 4-H volunteer leader can possess or develop are patience and listening skills.

Steven continues to fill needs as he serves as President of the Yuba County 4-H Council. He believes the things that make the Sutter-Yuba Counties 4-H Program stand out from other 4-H programs is the dedication of its leaders and their commitment to help kids. He advises new leaders to believe in their abilities and to conduct their project in a way that feels most comfortable to them and, in so doing, pass on the skills they have to their youth members. *Thanks Steve and Valerie for being dedicated and passing on your skills!*

## 2006 California Focus Citizenship Program

The California 4-H Office Citizenship/Service Learning Advisory Council is seeking teens (8th grade graduates or above) and adult chaperones with strong leadership and community service skills to attend the **2006 California Focus conference in Sacramento on June 23 - 27, 2006**.



The California Focus Conference teaches young people about California history and political processes in a hands-on way. The program also provides an opportunity for 4-H members and leaders to visit with their state and federal elected officials to discuss issues affecting their communities. **A community action plan is required so members and leaders should consider this a 12 month project.**

**Registration fees** are \$565.00 for adults and \$480.00 for teens. The **Bi-County Council must approve delegates' attendance at CalFocus, and financially supports up to five delegates with \$100.00 sponsorships. Applications** can be obtained online or from the 4-H Office and **must be submitted no later than December 30th to the Sutter-Yuba Counties 4-H Office.** *Be prepared to present your proposal plan to Council members in early January.* You will be contacted with the specific date and time upon receipt of your application.

Contact Willa Davis at 822-7515 or by e-mail at wdavis@ucdavis.edu, Pat English in the California State 4-H Office at (530) 754-8520 or by e-mail at pnenglish@ucdavis.edu, or if you have any questions.

### ATTENTION CLUB LEADERS

**Would you like to receive or be willing to provide mentorship? If so, please call Willa Davis at 822-7515 to let her know that you want to participate in this new leadership training program. Let's practice the essential elements of *Mastery, Independence* and *Generosity* ourselves, so we can better teach them to our youth.**

# Sutter/Yuba Counties

## 2005-2006 4-H Annual Event Calendar

| EVENT                                              | DATE                                                                                                                   |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| CalFocus—County Applications Due into 4-H Office   | December 30, 2005                                                                                                      |
| CalFocus—Interviews/Presentations Conducted        | January 2006, Date TBA                                                                                                 |
| CalFocus—County Applications Due into State Office | January 31, 2006                                                                                                       |
| “Outreach Efforts” Report Due into 4-H Office      | January 1, 2006                                                                                                        |
| Fashion Revue Committee Meetings                   | January 5, 2006<br>February 2, 2006<br>March 16, 2006                                                                  |
| Star Rank Judging Submissions                      | January 6, 2006<br>May 5, 2006<br>September 8, 2006                                                                    |
| New Leader Orientation                             | January 7, 2006, 9:00 a.m.                                                                                             |
| Bi-County Leaders’ Dinner                          | January 12, 2006, 7:00 p.m., 4-H Office                                                                                |
| Bi-County Presentation Day                         | January 25, 2006, 7:00 p.m.<br>February 22, 2006, 7:00 p.m.<br>March 11, 2006, 9:00 a.m.<br>May 13, 2006 @ Spring Fair |
| Chico Swine Day                                    | February 4, 2005 @ CSU, Chico                                                                                          |
| Bi-County Craft Day                                | February 11, 2006, 9:00 a.m.—1:00 p.m., 4-H Office                                                                     |
| Chico Sheep Day                                    | February 25, 2006 @ CSU, Chico                                                                                         |
| Fashion Revue                                      | TBA                                                                                                                    |
| Sectional Presentation Day                         | TBA                                                                                                                    |
| Grand National                                     | April 7-15, 2006, Cow Palace, San Francisco                                                                            |
| Spring Fair                                        | May 6, 2006, Set Up Day<br>May 13, 2006, Spring Fair                                                                   |
| State Presentation Day                             | May 27, 2006, UC, Davis                                                                                                |
| 4-H Camp                                           | June 2006, Dates TBA                                                                                                   |
| State Horse Classic                                | July 19-23, 2006                                                                                                       |
| CalFocus Citizenship Program                       | June 23-27, 2006                                                                                                       |
| Record Book Judging                                | TBA                                                                                                                    |

# December 2005



1 Thursday

2 Friday

3 Saturday

|                                       |                                                                                                                                                                       |                                                          |                                              |    |                                                                                                                              |                                                                                                       |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------|----|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| 4 Sunday                              | 5 Monday<br>Arboga, Browns Valley, East Nicolaus, & Hallwood Community Clubs meet<br><br>Live Oak Club helps with City of Live Oak's Christmas Tree Lighting Ceremony | 6 Tuesday<br>Able Riders Community Club meets            | 7 Wednesday<br>Franklin Community Club meets | 8  | 9                                                                                                                            | 10<br>Pleasant Grove Community Club meets for Xmas Party Sleigh Ride; Yuba Hills Community Club meets |
| 11                                    | 12<br>Plumas and Wheatland Community Clubs meet                                                                                                                       | 13<br>Able Riders and Sutter Buttes Community Clubs meet | 14<br>Rocky Hills Community Club meets       | 15 | 16                                                                                                                           | 17                                                                                                    |
| 18<br>Guide Dogs Community Clubs meet | 19<br>Hi 4-H meets                                                                                                                                                    | 20<br>Dententer and Smartsville Community Clubs meet     | 21                                           | 22 | 23                                                                                                                           | 24                                                                                                    |
| 25<br>Christmas                       | 26                                                                                                                                                                    | 27                                                       | 28                                           | 29 | 30 Enrollment deadline for members showing at Fair; Swine and Beef Show Camp Registration Due; "Outreach Efforts" Report Due | 31                                                                                                    |

# January 2006

|                                       |                                                                           |                                                      |                                                           |                                                                    |          |                                                                                              |
|---------------------------------------|---------------------------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------|----------|----------------------------------------------------------------------------------------------|
| 1 Sunday<br>New Year's Day            | 2 Monday<br>Browns Valley, East Nicolaus, & Hallwood Community Clubs meet | 3 Tuesday                                            | 4 Wednesday<br>Franklin Community Club meets              | 5 Thursday<br>Fashion Revue Committee meets, 7:00 p.m., 4-H Office | 6 Friday | 7 Saturday<br>New Leaders Orientation, 9:00 a.m., 4-H Office                                 |
| 8                                     | 9<br>Arboga, Plumas and Wheatland Community Clubs meet                    | 10<br>Sutter Buttes Community Club meets             | 11<br>Pleasant Grove and Rocky Hills Community Clubs meet | 12<br>Bi-County Leaders' Dinner 7:00 p.m., 4-H Office              | 13       | 14<br>Yuba Hills Community Club meets                                                        |
| 15<br>Guide Dogs Community Clubs meet | 16<br>Hi 4-H meets                                                        | 17<br>Dententer and Smartsville Community Clubs meet | 18                                                        | 19<br>Barry Community Club meets                                   | 20       | 21<br>Presentation Day and Record Book Symposium, 9:00 a.m.—1:00 p.m., Wheatland High School |
| 22                                    | 23<br>Live Oak Community Club meets                                       | 24<br>Able Riders Community Club meets               | 25<br>Bi-County Presentation Day, 7:00 p.m., 4-H Office   | 26                                                                 | 27       | 28                                                                                           |
| 29                                    | 30                                                                        | 31<br>Able Riders Community Club meets               |                                                           |                                                                    |          |                                                                                              |

