

#### UNIVERSITY OF CALIFORNIA

#### **COOPERATIVE EXTENSION**

# Glover Challer

Sutter and Yuba Counties

142A Garden Hwy., Yuba City 95991 Telephone: (530) 822-7515 Fax: (530) 673-5368

#### Dec. '06/Jan. '07

### Special Points of Interest

Presentation Day: Who, What, Where, When, and Why Questions Answered.



4-H - "To Make the Best Better"

#### Inside This Issue: **Upcoming Events and** 2 **Activities** ABCs of Personal 4 Development Policy Reminders/Updates 4 "Up Close and Personal" 5 4-H Club Reports 5 Annual Event Calendar 6 7 Dec./Jan. Calendar

**Editors:** Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Rep.

#### New Year is Time for Reflection and Renewal of Commitments

by Willa Davis

At the beginning of each New Year we often strive to do things better than the previous year. We resolve to lose more weight, save more money, and be a better person in one way or another.

It's a time when we often think back on what we have already accomplished and want we want to achieve in the present and future. As we reflect, it provides us an opportunity to renew the commitments we made to ourselves and others.

We may think about the goals we

set last year and "beat ourselves up" if we didn't attain all of them. Instead of focusing on what we didn't finish, let's celebrate what we succeeded in completing and consider ways to finish what we previously set out to do.

Perhaps, we need to rethink our goals entirely to ensure they are **SMART**: **S**pecific, **M**easurable, **A**ttainable, **R**ealistic, and **T**ime-Related. In this way, we will set ourselves up for success. Best wishes for a happy holiday and a healthy, successful New Year in 2007!

#### "Let's Teach By Example"

by Larry Mrozinski

As we think about the New Year resolutions we want to make in 2007, it's appropriate to think about the way we teach children and youth "by example". The following is a story that is excerpted from the August 1995 edition of "Seedstock Edge". Although the article is over 11 years old, the message is timeless, and even though the story is about sheep, it could be about any species.

When Tommy was 8 years old, his father registered a lamb born December 24 as being born on January 2. His father said to Tommy, "It's O.K. kid, everybody does it."

When Tommy was 9 years old, his father bred the family flock of purebred ewes with a ram of another breed and registered the lambs as purebreds. His father said to Tommy, "It's O.K. kid, everybody does it."

When Tommy was 10 years old, his 4-H leader and county agent tagged and weighed newly purchased lambs a month after the ownership deadline. They both told him, "It's O.K. kid, everybody does it."

When Tommy was 11 years old, his parents bought him a registered ewe lamb to show at the county fair and changed the ear tag to their own flock tag. His parents said, "It's O.K. kid, everybody does it."

When Tommy was 12 years old., his grandparents bought him a show lamb and left it with a breeder who fed and fit the lamb until the day before the county fair. The breeder and his grandparents said, "It's O.K. kid, everybody does it."

(cont'd on pg. 3)

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#### \*\*\*\*\*\*\*\* COMING EVENTS, WORKSHOPS, ACTIVITIES, AND MEETINGS \*\*\*\*\*\*\*\*\*\*

**Enrollment Forms must be turned in by** Dec 28, 2006 to be eligible to exhibit at the **Yuba-Sutter County Fair** 



#### 2007 Fashion Revue Planning Meeting

Tentatively Scheduled for: Tuesday, January 9, 2007, 10:00am, 4-H Office (Call 4-H Office to Confirm)



#### 2007 Spring Fair Planning Meeting

Tuesday, January 9, 2007 6:30 pm - 8:00 pm, 4-H Office

## Leaders Dinner



Thursday, January 11th 4-H Office 6:00pm - 9:00pm

Entrée provided by the Bi-County Council. Each Leader, please bring as follows:

Last Name: A-M: Dessert

N-7: Salad

Bring enough to feed 8 people and be sure to label your dish and serving utensil.

Please also bring a gift basket to auction.

#### **Fashion Revue Workshop** Sunday, January 14th

1:00pm - 3:00pm 4-H Office



All Clothing Project members and leaders are invited to attend. Professional experts will be on hand to give tips and advice about hair styles, make-up, modeling and poise, and hand and nail care.

#### **Bi-County Horse Show Committee Meeting**



Tuesday, January 16, 2007, 7:00 pm Round Table Pizza in Marysville

Info: Mayleen Boslaugh at (530) 633-0142 or Debra Hogan-Surratt at (916) 655-1001

#### **Presentation Day**

Wednesday, January 17, 2007 7:00 pm - 4-H Office



4-H Presentations are a special sharing time when you show others what you have learned in 4-H. Appropriate "presenter" attire expected (see article on pg. 3).

#### Other Bi-County Presentation Days:

Feb. 15, 2007 March 3, 2007 May 12, 2007 7:00 - 9:00pm 10:00am - Noon Spring Fair 4-H Office 4-H Office Y/S Fairgrounds

#### Seminar!

#### "Raising Rabbits for Meat Pens"

Tips on what breeds to use, when to breed, how to feed, how to select market animals, and more.

> Sunday, January 28, 2007 3:00 pm @ 4-H Office



**Contact Nancy Chaussee** at 742-9135 for more information



## **Horse ID Forms Deadline:**

Thursday, February 1st

Forms must be turned into the 4-H Office for participation in the June 9, 2007 Bi-County Horse Show

#### **Bi-County Craft Day**

Saturday, February 10th 9:00am - 1:00pm @ 4-H Office

128 people participated in the November Craft Day

Come join the fun!

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#### Let's Teach by Example (cont'd from pg. 1)

When Tommy was 13 years old, his veterinarian issued health papers for sheep he never inspected and had foot rot and lamb fungus. He said, "It's O.K. kid, everybody does it."

When Tommy was 14 years old, his neighbor used an electric animal prod on his lambs to get them to brace. He told Tommy, "It's O.K. kid, everybody does it."

When Tommy was 15 years old and after winning the Grand Champion Market Lamb at the county fair, he saw his dad having a beer with the judge and paying the judge \$200.00 for making his son's lamb Champion. The judge and his father said, "It's O.K. kid, everybody does it."

When Tommy was 16 years old, his FFA advisor falsified the numbers on Tommy's winning sheep proficiency award entry. His advisor said, "It's O.K. kid, everybody does it."

When Tommy was 17 years old., his uncle used Lasix on his market lamb at the state fair to make it weigh into a lighter class. The uncle said, "It's O.K. kid, everybody does it."

When Tommy was 18 years old., his older brother pumped the loin of his lamb at a nationals sheep show. His brother said, "It's O.K. kid, everybody does it."

When Tommy was 19 years old, his entire family was aware of the clenbutural being given to his market lambs. They told him, "It's O.K. kid, everybody does it."

When Tommy was 20 years old, a friend offered him some cocaine. His friend said, "It's O.K. kid, everybody does it."

When Tommy was arrested later that night for using cocaine and called his family to ask them to bail him out of jail, they told him, "How could you have brought such disgrace to your family, you never learned any of this at home, where did you go wrong?" After hearing of his arrest, Tommy's 4-H leader, FFA advisor, county agent, grandparents, uncle, veterinarian and neighbors were also shocked.

If there is one thing the adult world can't stand, it's a kid that breaks the rules . . . .

Let's think about the example we're setting for our youth so they DON'T end up like Tommy. They're worth it!



#### **Council Meeting Information**

#### Thursday, February 8, 2007, 6:00pm

**How To Training Session:** 

"Working With Members With Special Needs"

#### Thursday, February 8, 2007, 7:00pm

General Council Meeting

Please contact the 4-H office at 822-7515 or e-mail Willa Davis at <a href="wdavis@ucdavis.edu">wdavis@ucdavis.edu</a> to add any "New Business" or other items to the monthly Council Meeting Agenda.

#### **Presentation Day 2007**

The demonstrations, illustrated talks, and prepared speeches that will be conducted on January 17, 2007 will kick off the 2007 series of Presentation Days of the Sutter/Yuba Counties 4-H Program.

#### Who Makes A Presentation?

All regular members, age 9 years and older and in 4th grade, are eligible to conduct a presentation. They can be made at the project, club and county level. **Members** who have been in 4-H for 6 years or more are required to present at county level. Members are eligible to make ONLY ONE county level presentation per year. IMPORTANT NOTE: Although there is no uniform requirement in 4-H, the Bi-County Presentation Committee strongly recommends that 4-H "whites" and close-toed shoes be worn as a symbol of presenters' pride and affiliation with the pro**gram.** This is in alignment with fair exhibitor rules of wearing such attire. Members earning gold and blue awards at the county level are eligible to go on to Sectional Presentation Day competition on March 31, 2007. Gold award winners at Sectional Presentation Day can compete at State Presentation Day on May 26, 2007.

#### What Is A Presentation?

It is a planned demonstration or illustrated talk that explains or illustrates by using examples. To demonstrate is to teach by showing - *learning by doing!* One or more persons can give presentations. Younger members gain confidence if they work in pairs.

#### Where Are County Level Presentations Made?

Presentation Days in January, February and March 2007 will be held at the 4-H Office at 142A Garden Hwy. in Yuba City. The May 2007 Presentation Day will be held at Spring Fair at the Yuba-Sutter Fairgrounds.

#### When Do Members Make Presentations?

Members will have opportunities to make a county level presentation. on January 17, 2007, March 3, 2007, and at Spring Fair on May 12, 2007. Members are encouraged to prepare and conduct their presentations early so they are assured of being eligible to participate in the Yuba-Sutter Counties Fair in August 2007. "Life happens" with unforeseen illness, school, and other extracurricular activities that could prevent members from making a presentation at Spring Fair, the final opportunity to make a county level presentation.

#### Why Make A Presentation?

- \* It improves public speaking skills.
- \* It increases members' competencies in organizing their thoughts, planning a sequence of activities, and effectively responding to questions about what they have presented.
- \* It fulfills an eligibility requirement for county fair participation.
- \* It's FUN!

For more information and scoring rubrics, go to: <a href="http://cesutter.ucdavis.edu/Youth%5Fdevelopment/">http://cesutter.ucdavis.edu/Youth%5Fdevelopment/</a> and click on Sutter-Yuba 4-H Forms.

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The following are the categories and examples of projects, events and activities for which you could earn points in the NEW RECORD BOOK SYSTEM. In order to judge Record Books in July 2007 and conduct star rank judging, leaders must have attended BOTH parts of the training offered in October and November 2006. Review the new 'Record Book Manual' and access the new 'Personal Development Record' forms by going to: http://ca4h.org/4resource/forms/index.asp

<u>PLEASE NOTE</u>: Attendance at 80% or more Community Club <u>and</u> Project meetings is still required for any achievement rank.

- 1. <u>4-H Projects Completed</u>: It is a requirement that an "Annual Project Report" be completed and included in your folder for *each* project you complete per year.
- 4-H Project Skill Activities: Did you judge a Club Judging Contest, exhibit a project at County Fair last August or participate in a showmanship event at State Fair in September? If so, count points here.
- 3. **4-H Events Attended:** Did you attend Craft Day in November? If so, you earned these points.
- 4. **Leadership Development:** Club officers, committee chairs and members, jr. or teen leaders, and members completing a leadership development project are eligible for these points. Attending WHY Conference and State Leadership Conference also make you eligible.
- Citizenship/Community Service: List all the great work you do individually or as part of a group for your community and earn these points. Participating in Cal Focus and Washington Focus in 2007 also earn points.
- 6. <u>Communication Skills</u>: Will you make your bi-county presentation in January? This and other activities where you demonstrate skills in some way count here.
- 7. **Honors and Recognition:** Only the highest awards (1st place) are counted in this category, such as earning County Winner, Best of Class, Emerald Star, etc.
- 3. <u>Lifestyle Activities</u>: School, sports, church, music, dance lessons, etc. earn these types of points.

#### **ONLINE ACCESS**

Have a computer? You can access the new 4-H Record Book Manual and forms, AND view and subscribe to the Clover Chatter online by visiting:

http://cesutter.ucdavis.edu/newsletterfiles/newsletter737.htm

Call Michele at the 4-H Office to let her know that you have subscribed to the newsletter online so she can remove your name from the distribution list.

We thank you and a tree thanks you!

## POLICY REMINDERS AND UPDATES

#### **IMPORTANT CLUB TREASURY UPDATE:**

- 4-H Club checking and savings accounts must have two unrelated <u>adults</u> sign all checks. The youth club treasurer may also be a signer in addition to the two adults. ADDITIONALLY, the County Director <u>must</u> be an additional signatory on *all* accounts. Immediately contact the 4-H Office to arrange for him to be added to your financial institution's signature card if this hasn't been done.
- \* There is an agreement between FFA and 4-H that requires having different projects if an individual participates in both organizations. Specifically, the rule states that "... when an individual belongs to more than one organization, or exhibits as an independent, he/she must carry a different ownership/entrepreneurial project in each organization/independent. ... The projects may not be in the same kind of livestock or crop production classification." For more information, contact the 4-H Office.
- \* **Primary Members** are children who are 5 years old or in kindergarten by January 1st of the program year. Youth enrolling or turning 9 years old **after** January 1st must participate as a Primary Member until the end of the program year. Primary Members **cannot** enroll in large animal projects. Approved animal projects are dogs, rabbits, rats, cats, poultry, cavies, mice, embryology, entomology, marine science, pygmy goats, and therapeutic animal projects.
- \* 4-H Horse project **Identification applications must be on file 120 days at the 4-H Office prior to the event** you want to participate in.
  Members are eligible to participate in the BiCounty Horse Show that's scheduled for June 9,
  2007 if their **ID applications are** <u>date-stamped</u>
  by the Sutter/Yuba Counties 4-H Office no later
  than February 1, 2007.
- \* If parents do not arrive within 30 minutes of the scheduled end of an event, it may be necessary to contact local law enforcement.

#### "OUTREACH EFFORTS"

**REPORTS ARE DUE JANUARY 1, 2007.** 

THANK YOU FOR SUBMITTING IT ON TIME.

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## Up Close and Personal with

#### Cindy Chandler and Beverly Tipton

Cindy Chandler has been associated with 4-H for about eight years, first as a parent, then as a volunteer, and now, as the Executive Director of Family Soup, a local parent organization for children and youth with developmental disabilities. The group is also the parent organization that supports the Able Riders 4-H Club, a therapeutic riding program.

Cindy became a volunteer leader with Able Riders because one of her children participated in the program and she wanted to ensure it continued to keep "kids in the saddle". She has stayed involved as her other children enrolled because it was rewarding to watch kids make progress in all types of projects as well as in the Able Riders program. She goes on to say, "It was fun, you get so much more out of it as a volunteer."

Cindy says important attributes of a 4-H volunteer is to have a good sense of humor. And for those who volunteer with Able Riders, they need be reliable in showing up every week as the riders develop a relationship with the volunteer who see them as able.

Highlights of our local 4-H Program include its high name recognition as a program that's safe and worthwhile. It's the volunteers who are the magic of keeping it going. And, her recommendation to a new volunteer is, "Be prepared to be surprised how much fun it's going to be. These are the experiences that kids will have throughout their lives."

Bev Tipton and her husband, Bo, have been leaders of the Browns Valley 4-H Club for almost 15 years. She's previously served as Asst. Community Leader for several years, too. Like many leaders, her family also were 4-H volunteers. She says, "It seemed the right thing to do" (to continue the family tradition).

She has stayed with the youth development program because she wanted to pass on the knowledge she and Bo learned as beef project leaders to other members as well as to their own children. She wanted to let them know that no one ever stops learning from others. Also, she believes it's important to be involved in one's community.

Being a good role model to help kids be successful, to work hard, and to perform community service are important elements of a 4-H volunteer leader, Bev says. She adds, "We need to remember that's what 4-H is about." Bev's advice to new leaders is, "If you have some knowledge in a certain area, share it to help kids focus in the right direction. Also, don't take it to seriously—have fun!"



**Dententer Club:** 18 members of the Citizenship Project went to Summerfield Care Home and sang silly Halloween carols in their Halloween costumes.

**Plumas Club:** 100 trees at two locations in the Marysville area.

**Rocky Hills Club:** Is having a Dessert Auction on Dec. 6th at 7:00 pm at Loma Rica Elementary School and will be introducing their new Community Leader, Julie Stone. They will also have a float in the Marysville Christmas Parade on Dec. 2nd. Members of their Horse Project will be ride in the parade, too.

Please ask your reporters to submit information about your club's great work to Willa Davis by **January 15th** for the February newsletter.

<u>Please Note</u>: As of September 1st, 4-H Club News will include information only submitted by the club's Reporter or Designee. Thanks for your cooperation.

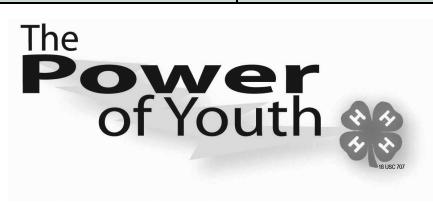


<u>District 10 Club</u> Members help clean up after serving dinner at Rescue Mission



Plumas Club
Members planted 100 trees at two locations in Marysville area

S	utter/Yuba Counties — 2006/2007 Re	emaining 4-H Events Calendar	
January	Leaders' Dinner	January 11 @ 4-H Office, 6:00 pm	
	New Leader Orientation	January 13 @ 4-H Office, 10:00am	
	Fashion Revue Workshop	January 14 @ 4-H Office, 1:00pm - 3:00pm	
	Bi-County Presentation Day	January 17 @ 4-H Office, 7:00pm	
February	Chico Swine Day	February 3 @ CSU, Chico	
	Bi-County Council Monthly Meeting	February 8 @ 4-H Office, 7:00pm	
	Bi-County Craft Day	February 10 @ 4-H Office, 9:00am - 1:00pm	
	Bi-County Presentation Day	February 13 @ 4-H Office, 7:00pm	
	Chico Sheep & Goat Day	February 24 @ CSU, Chico	
	Bi-County Presentation Day	March 3 @ 4-H Office, 10:00am	
March	Bi-County Council Monthly Meeting	March 8 @ 4-H Office, 7:00pm	
	Bi-County Goat & Sheep Day	March 24 @ Lindhurst High School, 9:00am - 3:00pm	
	Sectional Presentation Day	March 31 @ Willows Elementary School	
April	Bi-County Council Monthly Meeting	April 12 @ 4-H Office, 7:00pm	
	Bi-County Fashion Revue	April 14 @ Wheatland Elementary School	
	Grand National Rodeo	April 6 - 14 @ Cow Palace, San Francisco	
	Bi-County Council Monthly Meeting	May 10 @ 4-H Office, 7:00pm	
Мау	Spring Fair / Presentation Day	May 12 @ Yuba/Sutter Fairgrounds	
	State Field Day / Fashion Revue / Presentation Day	May 26 @ UC Davis	
	All-Star Applications Due	May 31 @ 4-H Office	
June	Bi-County Council Monthly Meeting	June 14 @ 4-H Office, 7:00pm	
	4-H Camp	TBD	
	California Focus	June 22 - 26 @ Sacramento	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
$\mathcal{L}$	Dece		ex		1	2 New Leader Orientation
3	4 Arboga Browns Valley District 10 Hallwood	5 Able Riders Club Meeting	6 Franklin Club Meeting	7	8	9
<b>10</b> Yuba Hills Club Meeting	11 Plumas Wheatland Club Meeting	Able Riders Sutter Buttes Club Meeting	13 Pleasant Grove Rocky Hills Club Meeting	14	15	16
<b>17</b> Guide Dogs Club Meeting	18 Hi 4-H Club Meeting	Able Riders Dententer Smartsville Club Meeting	20	<b>21</b> Barry Club Meeting	22	23
24	25 Live Oak Club Meeting	26 Able Riders Club Meeting	27	28	29	30
31						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Arboga Browns Valley District 10 Hallwood	<b>2</b> Able Riders Club Meeting	3 Franklin Club Meeting	4	5	6
7	8 Plumas Wheatland Club Meeting	9 Able Riders Sutter Buttes Club Meeting	10 Pleasant Grove Rocky Hills Club Meeting	11 Leaders Dinner	12	13 New Leader Orientation
<b>14</b> Fashion Revue Workshop Yuba Hills Club Meeting	15 Hi 4-H Club Meeting	Able Riders Dententer Smartsville Club Meeting	17 Presentation Day	18 Barry Club Meeting	19	20
<b>21</b> Guide Dogs Club Meeting	<b>22</b> Live Oak Club Meeting	<b>23</b> Able Riders	24	25	26 MUCU	27
28	29	<b>30</b> Able Riders Club Meeting	31			