



Clover Chatter

Sutter and Yuba Counties

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February 2006

Special Points

of Interest

- "Creating Safe and Successful Spaces for Youth" Training
- 2006 CalFocus and Washington Focus Delegates



4-H - "To Make the Best Better"

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Editors: Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Representative

Presentation Days

By Willa Davis

Presentation Day on January 25th was the first of four opportunities in 2006 for 4-H members to *strut their stuff*. 10 members gave individual or team presentations on the 25th. All presentations reflected the practice that members put into them and are applauded for their efforts.

A presentation is public speaking at its best. Members are expected to make many presentations while in 4-H as public speaking is ranked #1 of the skill sets needed by professionals. It is the life skill method used to communicate an idea by showing and/or telling.

A presentation can be a demonstration or a talk that uses posters and other visual aids. In addition to increasing one's self-esteem, self-

confidence, and the ability to accept feedback, giving presentations provide an opportunity to further develop research, organization, planning, and performance skills. These are skills that 4-H members can use in school, at work, and in many other aspects of their lives.

All presentations should have: 1) an introduction that briefly covers what is to be shown or told, 2) a body that illustrates or explains the subject logically and clearly, and 3) a summary that reiterates what has been said so that the audience takes away the main idea.

For more information about making a presentation using the most recent judging criteria, go to (cont'd on page 3)

"Presentation Symposium" a Hit!

35 4-H youth members, Project Leaders and Community Club Leaders participated in the Presentation Symposium that was held on January 21, 2006 at Wheatland High School. The Bi-County event was organized and coordinated by Deirdra Stineman, a member of the Wheatland 4-H Club, as a project for attaining her Emerald Star.

Participants attended three break-out sessions that focused on 1) using PowerPoint technology in presentations, 2) making easel board presentation aids, and 3) learning about various presentation styles, including "Impromptu" speeches. Sessions utilized classic 4-H "learn by doing" activities to reinforce the information that was presented.

As the 2006 Presentation Days have just begun, the symposium provided an opportunity for members to further develop their public speaking skills that will last them a life time. Thanks to everyone who helped make this project a "gem" experience for all.

COMING EVENTS, WORKSHOPS, ACTIVITIES, AND MEETINGS

SWINE DAY AT CSU, CHICO FARM

Saturday, February 4, 2006

Contact Swine Unit for details at (530) 898-6025

MARYSVILLE ELKS LODGE CRAB FEED FUNDRAISER FOR Y/S HI 4-H

Sunday, February 5, 2006, 5:00 p.m.

920 D St., Marysville

Tickets are \$25.00 in advance, \$35.00 at the door

For tickets, call 743-2490 OR visit the 4-H Office

SPRING FAIR PLANNING MEETING COME ONE, COME ALL LEADERS TO HELP MAKE THIS SPRING FAIR THE BEST ONE EVER!

Wed., Feb. 8th, 6:30 p.m. @ 4-H Office.
Contact Russ Rossiter at 742-8340 for more
information about how you can help.

BI-COUNTY COUNCIL MEETING, POTLUCK AND TRAINING on *"Creating Safe and Successful Spaces for Youth"*

February 9, 2006, 6:00 p.m. @ 4-H Office.

BI-COUNTY CRAFT DAY

FEB. 11, 2006, 9:00 a.m.-1:00 p.m.
at the 4-H Office in Yuba City

Great family fun! Come and make a craft
for your favorite valentine!

BI-COUNTY HORSE GROUP MEETING

Wednesday, February 15, 2006, 7:00 p.m.

@ 4-H Office. Contact Nora Estes at 633-4888
or at norahuckaba@yahoo.com for details.

2006 4-H SHOOTING SPORTS TRAINER CERTIFICATION – Rifle Proj. Training

Sat., Feb. 18 – Sun., Feb. 19, 2006

8:00 a.m. —5:00 p.m. Both Days

True Sportsman's Club, Ione, CA Contact John
Borba at (661) 868-6216 or jaborba@ucdavis.edu.

BI-COUNTY PRESENTATION DAYS

Wed., Feb. 22nd and Sat., Mar. 11th at 4-H Office

SHEEP DAY AT CSU, CHICO FARM

Saturday, February 25, 2006

Contact Sheep Unit for details at (530) 898-6024

BOK KAI PARADE & CELEBRATION

March 4 & 5, 2006 - Applications Due 2/22/06

Contact Willa Davis at 822-7515 to sign up to walk in
the parade and/or help in a 4-H Craft Booth.

SECTIONAL PRESENTATION DAY

Saturday, March 18, 2006, 9:00 a.m.-1:00 p.m. at
Willows Intermediate School

Contact Jeanne George at (530) 527-3101 or
e-mail her at jlgeorge@ucdavis.edu for details.

"4-H YOU SEE DAVIS DAYS"

Application Deadline: March 20, 2006

An activity-filled event on April 20-22, 2006
for high school students to experience
college life at UC Davis.

2006-2007 4-H STATE AMBASSADOR

Applications are now available online and **DUE
MARCH 31, 2006.** 4-H State Ambassadors are
selected to represent the California 4-H Youth De-
velopment Program, plan the State Leadership
Conference, and complete a service project. More
information is available at
<http://ca4h.org/leadership/ambassador/>.

FYI

- DOLLARS AND CENTS:** Have you ever thought about how you can make a difference as an individual club member and leader? Plumas Community Club Leader, Jerry Uhland, has increased his club's online access of the "Clover Chatter" to 90% participation! That saves the 4-H Program more than \$36.00 a year in postage for just that club. If all bi-county clubs increased their membership's online access of the newsletter to 90%, it would save the Sutter-Yuba Counties 4-H Program more than **\$1,265.00 a year in postage alone!** Add the cost of printing 11 issues of the newsletter (December and January issues are combined) and **the total cost savings if 90% of all members and leaders received the newsletter online is \$2,585.00 per year!** So, whenever you think, "*What can one person do?*", think about reading the "Clover Chatter" online. Not only will you save the 4-H Program money in postage that is ever increasing, you will also be saving trees that add to our society's well-being by adding oxygen to the air and reducing trash in landfills. You can access the "Clover Chatter" online by going to the local 4-H Program website at http://cesutter.ucdavis.edu/Youth_Development and click on 'Clover Chatter'. *Click* and **YOU CAN** make a difference!
- STATE AND NATIONAL 4-H NEWS:** Speaking of accessing information online, did you know that you can obtain a lot of useful information about leader resources, scholarships, grants, and news about the great work that other 4-H programs throughout the state and country are doing by going to the California 4-H website at <http://www.ca4h.org>? Click on "4-H News" to take you to "Clover Corner News", "California Connections", and "Updates from the California 4-H Youth Development Office". **Click a little, learn a lot!**

Presentation Days (cont'd from page 1)

<http://www.ca4h.org>, and click on Youth Leadership, then click on 4-H Presentations Day in order to access "The Presentation Manual, Version 3".

Members who earn gold and blue awards are eligible to progress to the next level of competition at Sectional Presentation. This year it's on March 18th in Willows.

So, **plan now** to *strut your stuff* at the next Presentation Days on February 22nd and March 11th!

Community Clubs Corner



The Plumas Club has applied for a 4-H grant to plant trees in Marysville and already has an agreement with the City of Marysville to maintain the trees after planting. The club also won "Best Lights" award at the Marysville Christmas parade!

Rocky Hills Club member, Courtney Putney, reports on the community service activities her club performed recently. They include: donating school supplies to the Yuba/Sutter Foster Parents Association, donating socks to the Twin Cities Rescue Mission; collecting items for Operation Christmas Child Program, and helping Loma Rica Elementary School clean up their yard.

The Wheatland Club also is applying for the 4-H Tree Planting grant. Additionally, the club co-sponsored the "Presentation Symposium" on January 21st.

Club Reporters and members, please submit news about your club to Willa Davis by Feb. 15th for the March Clover Chatter. THANKS!

CLUB RECORDKEEPING NOTES

Each 4-H Community Club Leader should have a "**Club Management Manual**" that contains information for you to do your job well.

Also, **each club should also have an "Employer's Identification Number" (EIN), which is needed by the State 4-H Office when entering year-end financial data. If you need to apply for an EIN, call the 4-H Office to obtain an application packet.**

And, if you want help in setting up your Treasurer's Book on the computer, call **Stacy Reese at (916) 655-3564**. She will be happy to assist you.

LEADERS' DINNER & AUCTION ENJOYED BY ALL

52 4-H leaders enjoyed food, fellowship, and fun on Jan. 12th as they were thanked for their continued dedication. They demonstrated this, once again, as that night's auction raised over \$700.00.

Also, business partners, Papa Murphy's and Sacramento Valley Farm Credit were honored with a plaque for their ongoing support of the Sutter-Yuba Counties 4-H Youth Development Program.

Many thanks to all of you!

ABCs Of Personal Development

This month and in the coming months there are many projects, events and activities in which you could record points as follows:

A & B: Attendance at 80% or more Community Club *and* Project meetings make you eligible for this.

D: Attendance at the "Presentation Symposium" last month counts here.

F: Committee Chairperson: What club committee will you commit to lead this year? Make it fun for you!

G: Judging Contest: If you have or will serve as a **Judge at Presentation Day**, count it here.

H: Writing an article promoting 4-H for the local newspaper or for your school newsletter, **OR by writing an article for the "Clover Chatter" is a good way to earn these points!**

I: Did you serve as Room Coordinator at Presentation Day in January? If so, count it here. If eligible, you have other opportunities to serve in this role at February, March and Spring Fair Presentation Days.

J: Committee Member: Each time you help **plan or coordinate a 4-H activity**, you are on a committee.

Q: Participation Other Than 4-H: Did you help staff the table at last month's 'Youth Clubs Fair'? If you did, it earned points here.

T: Planned Group Activity: Helping to complete a tree-planting grant proposal earns points here!

U: Attending "Craft Day" earns these points.

FOOD FOR THOUGHT

"I'm a great believer in luck, and I find the harder I work the more I have of it."

Thomas Jefferson

"There is no limit to what can be accomplished when no one cares who gets the credit."

John Wooden

"Never doubt that a small group of thoughtful citizens can change the world. Indeed, it is the only thing that ever has."

Margaret Mead

"Creating Safe and Successful Spaces for Our Youth" Training Slated for February Council Meeting

All Project Leaders and Community Leaders are invited to a potluck *working dinner* at the next Bi-County Council meeting slated for Thursday, February 9, 2006. It will be held at the County 4-H Office in Yuba City. The potluck will begin at 6:00 p.m. and the training will begin at 6:30. A brief Business meeting will conclude the evening.

The training will be conducted by Willa Davis, 4-H Program Rep., Nancy Perkins, Franklin Community Club Leader, and Katie Bogdonoff, member of the Franklin 4-H Club.

The training will focus on four types of child abuse and the physical and emotional effects they have on children and youth. We will also review the policies that the California 4-H Office is revising that relate to the following questions: *"How do I transport youth when I'm alone?"*, *"How do I protect myself and the 4-H youth when traveling overnight?"*, *"How do I recognize child abuse?"*, and *"What should I do if I suspect child abuse?"*

New "Section 800" Health and Safety policies need to be fully implemented by the 2006-2007 Program Year to provide successful and safe spaces for our children and teens. The policies will include safe dating practices, too.

Additionally, we will review the **four essential elements for youth development** that the California 4-H Office has adopted. These elements include: **Belonging, Mastery, Independence, and Generosity.**

So, come to the February Bi-County Council meeting to eat, visit, and share your ideas about how to keep 4-H a fun, safe program for our youth, so they grow up to be healthy, well-adjusted citizens and leaders of our community.

FOR THE POTLUCK, PLEASE BRING THE FOLLOWING PER THE INITIAL OF YOUR LAST NAME:

A - L: Entrees

M - S: Salads

T - Z: Desserts

PLEASE RSVP BY FEB. 8TH TO THE 4-H OFFICE SO WE'LL KNOW HOW MANY TABLES TO SET UP AND PAPER GOODS TO SUPPLY.

Thanks, we hope to see you on February 9th!

"The University of California 4-H Youth Development Program Engages Youth in Reaching Their Fullest Potential while Advancing the Field of Youth Development."



Up Close and Personal With Isabel Garcia and Marlene High

Isabel Garcia has been actively involved in the Sutter-Yuba Counties 4-H Youth Development Program for 45 years, starting soon after her daughter enrolled in it. Realizing how much of a family project 4-H was, she helped to reestablish the Barry Club after it had become dormant and has been involved in it ever since. In fact, she served as its Community Club Leader for 20 years. She says that she has stayed involved all these years because she wants to continue to touch the lives of the children in her community.

Mrs. Garcia believes the most important traits 4-H volunteer leaders can possess is dedication to their members and modeling what it is to be a good citizen. It's also important to teach them how to maintain their Record Books, she says, a skill that will help members throughout their lives.

Mrs. Garcia also believes that our local 4-H Program is top-notch because of its leaders. They have all the qualities to help members become good leaders themselves. She states that there are a lot of avenues for youth to get involved in 4-H, including raising and selling livestock projects, the money from which has contributed to many members' college education.

Her advice to leaders just starting out in 4-H is to get involved with your members. When you do you will become important to them and they will remember what you did for them long after they age-out of the program. She is living proof of that as her home is filled with memorabilia of the lives she has touched.

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Marlene High of the Plumas Club also became involved in 4-H when her daughters enrolled over 35 years ago. She and her husband became project leaders and loved it so much that it became a way of life for the whole family.

Marlene states that 4-H leaders must practice patience with new members, and by doing so will be rewarded by seeing them develop their own leadership abilities. That's why she likes to judge Record Books, she says, because she can see members' growth throughout their 4-H years.

She, too, believes that what makes our local program stand out is the dedication of its leaders. This dedication shows in the way members grow up to be good citizens. 4-H continues to be a *family affair* for Marlene as her children and grandchildren now serve as Teen, Project and Community Leaders!

## 2006 CalFocus and Washington Focus Delegates

Kayla Woods of the Plumas 4-H Club and Tricia Bell of the Bi-County Guide Dogs Club will respectively represent the Sutter-Yuba Counties 4-H Youth Development Program in the 2006 CalFocus and Washington Focus Citizenship Programs.

Both programs teach about our history and political processes in a hands-on way. They also provide an opportunity for 4-H members and leaders to visit with their elected officials to discuss issues affecting their communities. Developing and implementing a **community action plan is required for participation in both programs.**

Watch for updates in future issues of Clover Chatter about these projects that will benefit our bi-county community.



## POLICY REMINDERS AND UPDATES

**IMPORTANT NEWS ABOUT UCCE INSURANCE:** What the University of California Cooperative Extension Insurance **DOES cover:** **Automobile Liability**-The insurance program provides secondary auto liability coverage while driving to and from an official UCCE business activity. **Coverage is secondary** to the insurance which covers the vehicle driven by the volunteer involved in an accident, and only if the volunteer's action is determined to be negligent in causing the accident. **General Liability** - UCCE insurance program provides limited liability coverage for volunteers in cases where it has been determined through investigation that they acted negligently. Coverage is for supervision of people and general supervision of a UCCE - sponsored programmatic activity. What UCCE insurance **DOES NOT cover:** The insurance program does not provide coverage for any personal or real property not within its care, custody and control. Examples could be ownership of and use of an animal in a project, using one's home, ranch, garden or arena for a program. Livestock, horse, and dog project leaders need especially to be aware of this. **Volunteers should check with their insurance carrier and review their liability coverage before assuming the risks involved in using their personal property for UCCE programs.**

# Sutter/Yuba Counties

## 2005-2006 4-H Annual Event Calendar

| EVENT                                                                                              | DATE                                                                                                                         |
|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| Fashion Revue Planning Meeting                                                                     | February 2, 2006, 7:00 p.m. @ 4-H Office                                                                                     |
| Chico Swine Day                                                                                    | February 4, 2006 @ CSU, Chico                                                                                                |
| Crab Feed Fundraiser for Hi 4-H                                                                    | February 5, 2006, 5:00 p.m. @ Marysville Elks Lodge                                                                          |
| Spring Fair Planning Meeting                                                                       | February 8, 2006, 6:30 p.m. @ 4-H Office                                                                                     |
| Bi-County Council Meeting, Potluck and Training on "Creating Safe and Successful Spaces for Youth" | February 9, 2006, 6:00 p.m. @ 4-H Office                                                                                     |
| Bi-County Craft Day                                                                                | February 11, 2006, 9:00 a.m.-1:00 p.m. @ 4-H Office                                                                          |
| Bi-County Horse Group Planning Meeting                                                             | February 15, 2006, 7:00 p.m. @ 4-H Office                                                                                    |
| Bi-County Presentation Day                                                                         | February 22, 2006, 7:00 p.m. @ 4-H Office<br>March 11, 2006, 9:00 a.m. @ 4-H Office<br>May 13, 2006, 9:30 a.m. @ Spring Fair |
| Chico Sheep Day                                                                                    | February 25, 2006 @ CSU, Chico                                                                                               |
| Sectional Presentation Day                                                                         | March 18, 2006, 9:00 a.m. @ Willows Inter. School, Willows                                                                   |
| Bi-County Goat and Sheep Day                                                                       | March 25, 2006 @ Lindhurst High School, Olivehurst                                                                           |
| Fashion Revue                                                                                      | April 1, 2006, @ Yuba College, Marysville                                                                                    |
| Grand National                                                                                     | April 7-15, 2006 @ Cow Palace, San Francisco                                                                                 |
| 4-H 'You See' Davis Days                                                                           | April 20-22, 2006 @ UC Davis                                                                                                 |
| Star Rank Judging Submissions                                                                      | May 5, 2006 @ 4-H Office<br>September 8, 2006 @ 4-H Office                                                                   |
| Spring Fair                                                                                        | May 6, 2006, Set Up Day @ Y/S Counties Fairgrounds<br>May 13, 2006, Spring Fair @ Y/S Counties Fairgrounds                   |
| State Presentation Day                                                                             | May 28, 2006 @ UC, Davis                                                                                                     |
| 4-H Camp                                                                                           | June 18-22, 2006, Tentative, @ Dobbins                                                                                       |
| Record Book Judging                                                                                | TBA                                                                                                                          |

## February 2006



|                                 |                                                                                    |                                                                                       | 1 Wednesday                                                                                             | 2 Thursday                                        | 3 Friday | 4 Saturday                      |
|---------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------|----------|---------------------------------|
|                                 |                                                                                    |                                                                                       | Franklin Community Club meet                                                                            | Fashion Revue Meeting, 7:00 p.m. at 4-H Office    |          | Swine Day, CSU-Chico            |
| 5 Sunday                        | 6 Monday                                                                           | 7 Tuesday                                                                             | 8                                                                                                       | 9 Bi-County Council Potluck, Training and Meeting | 10       | 11 Bi-County Craft Day          |
| Elks Lodge Crab Feed Fundraiser | Arboga, Browns Valley, District 10, East Nicolaus, & Hallwood Community Clubs meet | Able Riders Community Club meets                                                      | Pleasant Grove and Rocky Hills Community Clubs meet<br><br>Spring Fair Meeting. 6:30 p.m. at 4-H Office |                                                   |          | Yuba Hills Community Club meets |
| 12                              | 13                                                                                 | 14 Valentine's Day                                                                    | 15                                                                                                      | 16                                                | 17       | 18                              |
|                                 | Plumas Community Club meets                                                        | Able Riders and Sutter Buttes Community Clubs meet; Wheatland Club Dinner and meeting | Bi-County Horse Group Meeting, 7:00 p.m. at 4-H Office                                                  | Barry Community Club meets                        |          |                                 |
| 19                              | 20                                                                                 | 21                                                                                    | 22 Bi-County Presentation Day, 7:00 p.m.                                                                | 23                                                | 24       | 25                              |
| Guide Dogs Community Club meets | Hi 4-H meets                                                                       | Able Riders, Dententer and Smartsville Community Clubs meet                           |                                                                                                         |                                                   |          | Sheep Day, CSU-Chico            |
| 26                              | 27                                                                                 | 28                                                                                    |                                                                                                         |                                                   |          |                                 |
|                                 | Live Oak Community Club meets                                                      | Able Riders Community Club meets                                                      |                                                                                                         |                                                   |          |                                 |

## March 2006



|                                 |                                                                                    |                                                             | 1 Wednesday                                         | 2 Thursday                 | 3 Friday | 4 Saturday                                          |
|---------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------------|----------------------------|----------|-----------------------------------------------------|
|                                 |                                                                                    |                                                             | Franklin Community Club meets                       |                            |          |                                                     |
| 5 Sunday                        | 6 Monday                                                                           | 7 Tuesday                                                   | 8                                                   | 9                          | 10       | 11 Bi-County Presentation Day, 9:00 a.m.-12:00 noon |
|                                 | Arboga, Browns Valley, District 10, East Nicolaus, & Hallwood Community Clubs meet | Able Riders Community Club meets                            | Pleasant Grove and Rocky Hills Community Clubs meet | Bi-County Council Meeting  |          | Yuba Hills Community Club meets                     |
| 12                              | 13                                                                                 | 14                                                          | 15                                                  | 16                         | 17       | 18                                                  |
|                                 | Plumas and Wheatland Community Clubs meet                                          | Able Riders and Sutter Buttes Community Clubs meet          |                                                     | Barry Community Club meets |          | Sectional Presentation Day                          |
| 19                              | 20                                                                                 | 21                                                          | 22                                                  | 23                         | 24       | 25                                                  |
| Guide Dogs Community Club meets | Hi 4-H meets                                                                       | Able Riders, Dententer and Smartsville Community Clubs meet |                                                     |                            |          | Bi-County Goat and Sheep Day                        |
| 26                              | 27                                                                                 | 28                                                          | 29                                                  | 30                         | 31       |                                                     |
|                                 | Live Oak Community Club meets                                                      | Able Riders Community Club meets                            |                                                     |                            |          |                                                     |

