

UNIVERSITY OF CALIFORNIA

COOPERATIVE EXTENSION

# Clover Chatter

Sutter and Yuba Counties

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## January 2005

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## NEW YEAR!



My New Years wish to Everyone:

***Live Well, Laugh Often, And Love with All Your Heart!***

As we begin 2005, let us always keep in mind this Chinese Proverb:

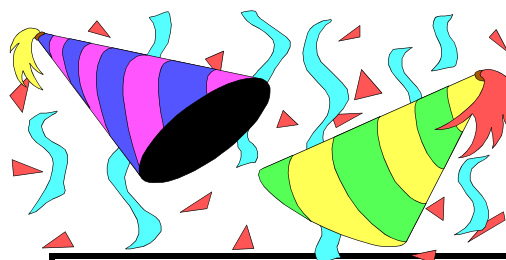
If there is righteousness in the heart,  
there will be beauty in the character.

If there is beauty in the character,  
there will be harmony at home.

If there is harmony in the home,  
there will be order in the nation.

When there is order in the nation  
There will be peace in the world.

May 2005 bring much happiness to you!



## Coming Events

# HAPPY

**Leader's Dinner and Auction**  
January 13<sup>th</sup>, 2005

6:30pm- 4H office

This is a potluck dinner for all Adult Leaders. All Clubs are requested to bring an item for the auction. This is a fundraising event and always lots of fun.

Potluck: A-L: Main Dish and Salad  
M-Z: Main Dish and Dessert



Bread: Dententer Club

Drinks/Coffee: Yuba Hills

Start the New Year off right,  
join in the 4H Fun!

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## Star Rank Judging

Do you have enough points to receive your star? If so, your record book is due to the 4H office by January 11<sup>th</sup>, 2005. The next Star Rank judging will be in May.

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## New Leaders Orientation

The time has come-January 8<sup>th</sup>, 2005 will be the last New Leaders Orientation. It is scheduled to begin at 9am at the 4H office. If you are planning on attending, please call the 4H office in advance to register.

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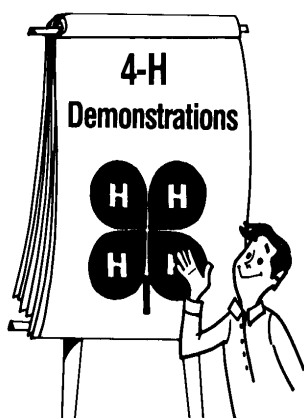
## Avian Science Day 2005

February 5<sup>th</sup>, 2005  
UC Davis

For more information  
visit  
<http://animalscience.ucdavis.edu/avian>

## Presentation Day #1

January 26<sup>th</sup>, 2005  
7pm at the 4H office



Entry forms due to the 4H office by January 13<sup>th</sup>, 2005.

For those who will be unable to attend the January Presentation Day, Presentation Day #2 will be held on February 23<sup>rd</sup>, 2005 at 7pm at the 4H office.

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## Arts and Craft Workshop

February 12<sup>th</sup>, 2005  
9:00am-1:00pm  
4H office

All 4H members are invited to come and make arts and crafts. Please call the 4H office for more information or if you have questions.

**Calling All Crafters:** Would you like to bring a craft to share with the youth at Arts and Craft Day? We would love to have you come and share your talents! Call Chris at the 4H office today.

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## 2005 Fashion Revue Planning

Monday, January 24<sup>th</sup>, 2005  
7PM at the 4H office

The theme this year is "Fashion Round-Up" so I am trying to lasso up all the clothing and teen leaders to attend this planning meeting. Your help is always needed!

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## State 4H Rabbit Field Day

Saturday, January 22, 2005  
Sonoma County 4H Center, Rohnert Park

For more information call Hanna Kubicka at (707) 769-8554 or Pat Brewer at (707) 762-8104.

## 2005 4H Horse Leadership Conference

Attention all Horse project leaders, members and 4H families. This two day conference is full of horse related



workshops-something for everyone who loves horses.

**When:** February 12<sup>th</sup>-13<sup>th</sup>, 2005

**Where:** California State University, Fresno

Registration forms available at the 4H office and due to the state office by January 25<sup>th</sup>, 2005.

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### **Swine Day 2005**

February 5<sup>th</sup>, 2005

University Farm in Chico

Registration begins at 8:00am

The day will include hands on workshops-both novice and advanced. Also, there will be a Project Pig Sale following lunch. For more information call the Swine Unit office at 530-898-6025.

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### **2005 Sacramento County 4H Horse Symposium**

Saturday, February 12<sup>th</sup>, 2005

Rancho Murieta Equine Complex,  
Sacramento

A great educational opportunity for all horse project members, leaders and parents. For more information visit [www.rangeview4h.com](http://www.rangeview4h.com).

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Out of clutter, find simplicity.  
Out of discord, find harmony.  
In the middle of difficulty, lies **OPPORTUNITY**.

---Albert Einstein

### **Junior Livestock Hands-On Workshops**

CSU, Chico Ag students and Associated Feeds are conducting a "Junior Fitting and Showing Camp" on January 8<sup>th</sup> and 9<sup>th</sup>.

Space is limited. Youth can register for one species per day.

For more information contact the Farm Office at 530-898-6343.

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### **Archery Leaders Training**

January 22<sup>nd</sup>, 23<sup>rd</sup>, 2005

Bakersfield, CA

This training will certify leaders in the archery discipline for shooting sports and 4H camp programs. For more information contact Robert Claffy at (661) 829-1658.

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### **Spring Fair 2005**

Sutter County Leaders—We Need You!

The next Spring Fair planning meeting is scheduled for February 16<sup>th</sup>, 2005 at 6:30pm at the 4H office. There was little turn-out for the first meeting so please become involved and help us plan for an amazing Spring Fair 2005.

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### **2005 Western Regional 4H Leaders Forum**

February 23-27, 2005

Sacramento, CA

This forum is open to ALL 4H volunteers in the thirteen Western States and will consist of workshops, keynote speakers and lots of idea sharing.

More information is available at <http://wrlf2005.org/>.

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### **Scholarship Opportunities**

The North Section 4H Council has created Scholarship Opportunities for North Section 4H Leaders and 4H parents. They are for monetary support to attend State 4H Leaders Forum and Western Regional 4H Leaders Forum. For more information contact [mameade@hotmail.com](mailto:mameade@hotmail.com) or call (530) 342-6585.

### **2005 4H Computer Corps Spring Training For Youth and Adults**

The spring training will focus on electronic forms and page creation. Training will be held from 10:00am-3:00pm. There will be various trainings

held throughout the state, but the closest training for this area will be April 30<sup>th</sup>, 2005 at UC Davis. Information available at: <http://ca4h.org/compcorps/server/>.  
Registration due January 15<sup>th</sup>, 2005

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## 2005 State Presentation Day

### ***Mark your calendars:***

State Presentation Day will be held on May 29<sup>th</sup>, 2005 at UC Davis. More information is available at <http://ca4h.org/leadership/spd/>.

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### ***National 4H Community Leaders Discussion List***

[4h-ccl@yahoogroups.com](mailto:4h-ccl@yahoogroups.com)

Discussion group for 4H club community leaders and 4H project club leaders. Forum to discuss issues such as membership, fundraising, project ideas, and anything else that we, as club leaders, have to deal with.

Operated by California 4H Leader, Debby Kilburn.

Subscribe: [4h-ccl-subscribe@yahoogroups.com](mailto:4h-ccl-subscribe@yahoogroups.com)

Unsubscribe: [4h-ccl-unsubscribe@yahoogroups.com](mailto:4h-ccl-unsubscribe@yahoogroups.com)

\*I am a member of this list. It is a great way to learn about new ideas for projects, discuss issues related to all areas of 4H and gain insight into how other states are implementing the 4H program.

## Australia Anyone?

The State 4H Office announces a new exchange opportunity this year: Ambassadors to Australia. This is an outbound exchange only and places 4H members (ages 16-18) staff, or leaders on working farms in a Victoria province in Australia from June 20<sup>th</sup>-July 20<sup>th</sup>, 2005.

For more information contact Pat English at (530) 754-8520 or [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu).

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## New Years Resolution!

One of my main goals this year is to prepare a record book handbook for members and leaders. Record keeping is an important part of 4H, but sometimes 4H record books and especially the Personal Development Report can be confusing and hard to understand. I would like to form a committee that would work with me on preparing a record book handbook; complete with instructions, for members and leaders.

Anyone interested in helping with this project please plan to attend a get together on February 19<sup>th</sup>, 2005 at 6:30pm at the 4H office. I would love to see lots of you there!

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## Special Needs Handbook

The 2003-2004 4H State Ambassador team is proud to announce the publication of their service learning project manual "Youth with Special Needs: Leaders Handbook, Making 4H More Accessible." The manual explains various handicaps, terminology and methods for including all members in 4H.



The handbook is available at <http://ca4h.org/leadership/ambassador/03-04/CASA-Book.pdf>

## 4H/Japanese Exchange *An International Adventure*

This summer California 4H Japanese Exchange Program will be hosting Japanese teens and their chaperones. California 4H is looking for host families to welcome a Japanese youth for one month from July 23 to August 20<sup>th</sup>, 2005. For more information regarding this exchange, please call the 4H office.

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## Community Fair

The Mall at Yuba City is holding a Community Fair on Saturday, January 22<sup>nd</sup>, 2005 from 10am-7pm and 4H has been invited to participate.

I am looking for a number of volunteers willing to staff the 4H table in 2 hours shifts. I am also looking for creative ideas for the table display and for fundraising at the event.

Please call the 4H office if you are willing to help with this event. It is a wonderful opportunity to promote 4H in the community.

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## Hi-4H Corner

### New Hi-4H Advisor

*Congratulations to Carrie Perryman!* She recently accepted the position of Hi-4H advisor. Carrie joins the other Hi-4H advisors Mary Hall, Catherine Hall, Kathy and Matt Willing.

The Hi-4H wants to Thank everyone who purchased a poinsettia during our fundraiser. Please mark your calendars for our next big fundraiser on March 5<sup>th</sup>, 2005—a Crab Feed! Menu will be crab, salad, pasta, and possibly an alternate meat for those non-crab eaters. Tickets will be \$25 and available in January. Also, don't forget our annual Golf Tournament. The date has been set for May 22<sup>nd</sup>, 2005 at Southridge Golf Club so start forming your teams early!

**Acts of Caring Awards:** Recognizes top county volunteer programs nationwide. For more information visit [www.naco.org](http://www.naco.org). Entry deadline is January 21st, 2005.

## FOOD FOR THOUGHT

### *For Luck In the New Year*

Traditionally, it was thought that one could affect the luck they would have throughout the coming year by what they did or ate on the first day of the year. For that reason, it has become common for folks to celebrate the first few minutes of a brand new year in the company of family and friends. It was once believed that the first visitor on New Year's Day would bring either good luck or back luck the rest of the year. It was particularly lucky if that visitor happened to be a tall dark haired man.

Traditionally New Year foods are also thought to bring luck. Many cultures believe that anything in the shape of a ring is good luck, because it symbolizes "coming full circle" completing a years cycle. For that reason, the Dutch believe that eating donuts on New Year's Day will bring good fortune. (I like that tradition!)

Many parts of the US celebrate the new year by consuming black-eyed peas. These legumes are typically accompanied by either hog jowls or ham. Black-eyed peas and other legumes have been considered good luck in many cultures. The hog, and thus its meat, is considered lucky because it symbolizes prosperity. Cabbage is another "good luck" vegetable that is consumed on New Year's Day by many. Cabbage leaves are also considered a sign of prosperity, being representative of paper currency. In some regions, rice is a lucky food that is eaten on New Year's Day.

**What are you going to eat New Year's Day?**

## FUNDING OPPORTUNITIES AND RESOURCES

**2005 Girls Going Places Scholarship Program:** A national competition that recognizes and rewards entrepreneurial girls between the ages of 12-18 with awards of \$10,000, \$5,000, \$3,000, and \$1,000. Complete information available at <http://www.girlsgoingplaces.com>. Nomination deadline: February 25<sup>th</sup>, 2005