

UNIVERSITY OF CALIFORNIA

COOPERATIVE EXTENSION

Sutter and Yuba Counties

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June 2006

Special Points

of Interest

- More pictures from 2006 Fashion Revue and 2006 Spring Fair.
- Record Book completion procedures and judging guidelines insert.
- County Fair eligibility rules.



4-H - "To Make the Best Better"

Inside This Issue: **Upcoming Events and Activities** Community Clubs Corner 3 Club Recordkeeping Notes 3 and Dates to Remember **ABCs of Personal** Development FYI 4 Food for Thought Policy Reminders/Updates 4 5 "Up Close and Personal" Annual Event Calendar 6 7 June/July Calendar

Editors: Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Rep.

₩ 2006 Fashion Revue * 巣 米 "Butterflies and Daisies" *********

Almost 40 4-H members from both Yuba and Sutter Counties participated in the 2006 Fashion Revue. The theme was "Butterflies and Daisies." A trophy was awarded to Melanie Carothers (Sutter Co.) and Cory Palu (Yuba Co.) who placed 1st in the Traditional category, to LeAnn Palu (Yuba Co.) who placed 1st in the Sr. Recycled category, and to Rachel Perryman (Yuba Co.) who placed 1st in the Sr. Purchased category. Leslie Claar (Yuba Co.) and Riley Woods (Sutter Co.) earned Alternate spots in the Traditional category.

All participants were winners as they presented themselves with poise and self-confidence in their outfits as a result of "learning by doing" in Clothing & Textiles or Fashion Revue projects. But, as the saying goes, "A picture is worth a thousand words." The following picture here and the ones inside this newsletter will show you a sampling of the many winners of this year's Fashion Revue. Enjoy!



2006 Spring Fair "4-H Is A Wonderland of Fun!"



"The story of 4-H is a big one because it provides the arena and the means by which each girl and boy can develop special talents and abilities. . . . Founded on the practical arts, rooted in the youth's environment, it won recruits by voluntary means. This proved to be a powerful educational concept in the performances of those everyday tasks that make for better living and richer personalities."

This story was part of a traveling visual exhibit from the Nodaway Valley Historical Museum in Clarinda, Iowa, often called "the birthplace of 4-H." The display opened the still exhibits located in Expo Hall at the Yuba-Sutter Fairgrounds where the 2006 Spring Fair was held. Over 250 still exhibits and about 350 animal entries were exhibited on May 13, 2006. There were almost 300 blue ribbons awarded as 4-H members "showed their stuff", their personal accomplishments from year-long projects.

All are to be commended as you'll see by viewing the pictures on the inside of this "show and tell" edition of Clover Chatter. 4-H truly is a wonderland of fun!

UNITED STATES DEPARTMENT OF AGRICULTURE, UNIVERSITY OF CALIFORNIA, AND SUTTER/YUBA COUNTIES COOPERATING

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Let's Get Ready For Campi

Camp Clean-Up Days

Saturday, June 10th, 9:00am Sunday, June 11th (if necessary)

Look!

Club Incentive!

\$200.00 to the club with the most hours worked by members & leaders

Items to bring:

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Rakes Flathead Shovels Gloves Sack Lunch Wheel Barrels Hoses & Nozzles Mosquito Repellant Bottled Water

COME ONE, COME ALL!

The first of the f

The Queen and King of 4-H Camp in Dobbins invite you to be part of a

Renaissance Faire June 19-22, 2006

Registration Deadline = June 2nd

(at the 4-H Office)

Cost = \$60.00

Eat, drink and be merry as you enjoy four days of medieval fun!

Family Night on Tuesday, June 20th

Be sure to bring a costume (such as a prince a princess, jester, knight, dancer, etc.)

Prizes will be awarded

Colusa County Fair Horse Show

Qualifier for State 4-H Horse Classic

June 4. 2006

Call Dale Martini at (530) 473-5501 for entry info.

Western States Horse Expo invites all horse groups to participate in Expo on **June 9-11, 2006**

Contact Jean Zabriskie @ 800-352-2411 / jean@horsexpo.com

State 4-H Horse Classic

Entry Deadline: June 15, 2006

Horse Classic Championship Horse Show & Educational Competition **July 19-23, 2006**

For more information, go to: http://www.cal4hhorse.com

2006 State 4-H Leadership Conference

Registration due at the State 4H Office by June 16, 2006

Conference = August 10-13, 2006 @ UC San Diego

For more info., go to: http://www.caa4h.org/conference/slc/

A.R.B.A. Youth Rabbit Show

Saturday, July 29, 2006 Yuba– Sutter Fairgrounds

Entry Deadline: July 21, 2006

For more information, contact:

Nancy Chaussee @ 742-9135 / showsee@aol.com

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Yuba-Sutter County Fair	
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August 2—Aug 6

All Entry Forms are due July 14, 2006!

Yuba-Sutter Fair Entry Office 442 Franklin Avenue Yuba City, CA 95991 530-674-1280

(Mailed entries must be received prior to July 14th)

Entry forms can be picked up at the 4-H Office or accessed online at www.yubasutterfair.com

"Real Boys Know How To Sew!"







More Winning Sample Pictures









Fashion Revue Workshop Participants Learn Personal Care and Modeling Tips









Community Clubs Corner



Franklin Club: Announced the first recipients of scholarships awarded to 4-H members who are graduating from high school. They are Heidi Carothers, Frank Gaither and Tyler Holt. The scholarship is a reward for serving as exemplary role models to younger members and for remaining as loyal 4-H members. Each gave a presentation at a recent Community Club meeting about what they learned in 4-H, what their next-step plans are, and what they will take from their Franklin 4-H Club experience into the future. Franklin 4-H club applauds each of these outstanding youth.

Guide Dogs Club: Presented about their 2004-2005 CalFocus "Pet Adoption" project at the May Bi-County Council meeting. They also reported on their 2005-2006 Washington Focus project plans to create a traveling educational exhibit about Veteran 's Day.

Yuba Hills Club: Reports that their Horse Project held two successful fundraisers this year. Cash donations will go to support the Able Riders 4-H Club (a therapeutic horse riding program for youth with developmental disabilities) and to a local horse rescue organization. Horse Project members also recently completed a "Many Skills Day" at which they were tested in grooming, feeds, tack, and showmanship. Primary member Brooke Baker and Teen Leader Elena Vieira served as judges. Project members Danielle Kuntz, Chelsea Brown, Savannah Vieira, and Rachel Kuntz won ribbon awards at this event. Congratulations!

Please <u>submit information about your club</u> to Willa Davis <u>by June 15th</u> for the July Clover Chatter.

CLUB DOCUMENT SUBMISSION DATES

- 2005-2006 "5 Presentations" **July 1, 2006**
- pin list; "Alfred Garcia Award"nominees list
- 2005-2006 Secretary andTreasurer Books
- September 1, 2006
- 2005-2006 Club Program Planning Guide, **including**:
- September 1, 2006 September 1, 2006
- * 2005-2006 club budget
- * 2005-2006 club audit/peer review
- * 2005-2006 club inventory
- * June/July 2006 bank statement

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**** ABCs Of **Personal Development**

This month and in the coming months there are many projects, events and activities in which you could record points as follows:

A & B: Attendance at **80% or more** Community Club and Project meetings make you eligible for this.

C: Camp Attendance will earn you points while you're having fun, too!

D: Field Day: Attendance at **Spring Fair** last month counts here.

G: Judging Contest: Judging at field day events and Spring Fair Presentation Day earns you points.

I: Other 4-H Representation: Did you serve as a **Room Coordinator or Clerk** at Spring Fair?

K: Jr. Leaders and Teen Leaders: Be sure to list your leadership activities in your Record Books.

O: Medalist: Those who earned a gold award at Spring Fair Presentation Day count points here.

P: Project Exhibit: Which animals and still exhibits did you show at Spring Fair? Include them here.

R: Demonstrations or Presentations: How many more presentations do you need to earn a '5 Presentation' pin and to earn points here?

S: Projects Completed: Make sure you keep your project records up to date and approved by your leaders in order to count points here.

V: County Winner: Fashion Revue and Spring Fair 1st place winners earn these points.

* The following is the slate of officers for the Bi-County Council for 2006-2007:

Sutter County:

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President: Danielle Coleman Vice-President: Sam Diaz Secretary: Nancy Perkins Treasurer: Debbie Tarke

Yuba County:

President: Tracy Bishop Vice-President: Sherry Skaggs Secretary: Heather Stineman Treasurer: Steven Sanchez

* Driving Survey: 4-H members, 15 years and older are asked to participate in a research study that is being conducted by UC Cooperative Extension and UC Davis. It is trying to find out how youth driving impacts 4-H and how drivers education could be improved. The 5 question survey is voluntary, anonymous and confidential. To partici-

http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber =1288 The deadline to complete the survey is 7/31/06.

POLICY REMINDERS AND UPDATES

On July 1, 2006, one of the most significant changes in the California 4-H Youth Development Program's is the implementation of the revised Youth Protection Policies (Section 815 of the 4-H Policy Handbook) requiring every 4-H event or activity to have two adults available at all times to supervise youth. What is important to remember is:

- (1) These adults should, whenever possible, stay within view of one another.
- (2) The best practice is that both of these adults are appointed (certified) 4-H volunteers.

An additional approach to implement this policy includes one appointed volunteer and one "outside" adult. The 4-H volunteer must be in charge of the event or activity. The second adult must be over the age of 21 years. Age 21 is the statewide *minimum* age for chaperones. Each county may have a requirement of chaperones being older than 21 years. This is not optimal, but it is an acceptable approach to implementing the "two adults at all times" policy.

In February 2006, Willa Davis, 4-H Program Rep., Nancy Perkins, Franklin Community Club Leader, and Katie Bogdonoff, Franklin Youth Member presented this information at the Bi-County Council meeting. Participants were divided into groups where they brainstormed how best to implement this policy and others. Many ideas resulted from this exercise. They included:

- Have a list of backup adults (certified and not certified) who will come to attend the event/activity.
- Require that parents remain at the event/activity until a certified volunteer arrives.
- Cancel the event/activity.

These continue to be challenging times to both the University and to local programs. We need to continue to seek solutions that will help to keep our youth, ourselves and each other safe and protected. Thank you.

FOOD FOR THOUGHT

"Be kinder than necessary, for everyone you meet is fighting some kind of battle."

Author Unknown

"When someone shares something of value with you and you benefit from it, you have a moral obligation to share it with others."

Chinese Proverb

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Up Close and Personal With Josina Conant and Russ Rossiter

Josina Conant became a 4-H volunteer leader with the East Nicolaus 4-H Club more than 10 years. Like other leaders, she became a volunteer because of her own positive 4-H experience as a youth and she wanted her children to have those same kind of rewarding opportunities.

She continues as both Community Club Leader and Project Leader because of what she gets back from helping youth members grow and feel a sense of accomplishment in their projects whether it be from raising and showing animals or creating an outfit that one presents oneself in at the annual Fashion Revue.

Russ Rossiter is the Community Club Leader of the Browns Valley 4-H Club where he started as a Project Leader seven years ago. He really enjoys working and interacting with the kids, he says. He goes on to say that there is usually one member that seems to need a little more support than others, and he does his best to help him/her grow more over the program year.

The most important characteristics that a volunteer leader can possess or develop, Russ says, is the ability to deal with whatever comes along, to be thickskinned sometimes and not to take things personally. And most importantly, you need to have the ability to really listen to what kids say they need and help move them in the right direction.

Spring Fair, the expansion of the whole program that provides more project offerings and the parents who are starting those projects are the greatest assets of our local 4-H program, Russ believes. Another highlight is the flexibility available to members—if a project they're interested in isn't offered in their community club, they have the option to enroll in that project in another club.

Russ's advice to new adult leaders is, "Enjoy yourself, be open-minded, make it fun for the kids and listen to what they have to say. Above all else, remember that it's their organization." Wise words for us all.

2006 Spring Fair "4-H Is A Wonderland of Fun!"



Club Display 1st Place: Dententer 4-H Club, Yuba Co.



Club Display 1st Place: Sutter Buttes 4-H Club, Sutter Co.



Round Robin Winners, Small Animal. Jr. Div.



Round Robin Winners, Large Animal, Jr. Div.



Round Robin Winners, Large Animal, Sr. Div.



Presentation Day at Spring Fair



The Gold Sox Gecko With Fairgoers

2005-2006 4-H Annual Event Calendar

4-H Summer Camp—Registration Due	June 2, 2006 @ the 4-H Office
Camp Clean-up Day(s)	June 10th (and possibly 11th), 9:00 a.m.
4-H Camp	June 19-22, 2006 @ Dobbins 4-H Camp
4-H State Invitational Archery Match	June 3, 2006 @ Lemoore Sportsman's Club, 9:30 a.m.
Colusa County Fair Horse Show—Qualifier for State Horse Classic	June 4, 2006 @ Colusa County Fairgrounds, 9:00 a.m.
Bi-County Council Meeting	June 8, 2006, 6:00 p.m. @ 4-H Office
State Horse Applications Due	June 15, 2006 @ State 4-H Office
State Leaders Conference Registration Due	June 16, 2006 @ State 4-H Office
Citizenship Program: CalFocus	June 23—27, 2006 @ Sacramento
Citizenship Program: Washington Focus- Global Journey	July 8—19, 2006 @ Gettysburg, Washington, D.C., Philadelphia, and New York
A.R.B.A. Youth Rabbit Show	July 29, 2006 @ Yuba-Sutter Fairgrounds Entry Deadline is July 21, 2006
Record Book Judging Submissions and Judging	July 14, 2006 @ 4-H Office
Peach Festival	July 15, Downtown Marysville
State 4-H Horse Classic	July 19—23, 2006 Entry Deadline = June 15, 2006
Yuba-Sutter Counties Fair	August 2—6, 2006 @ Yuba-Sutter Fairgrounds, Yuba City

Camp Chaperones Needed!!

Star Rank Judging Submissions Due

Must be certified leaders.
Primary Members (K-3rd Grade)
MUST be accompanied by a parent
to be eligible to attend.

Help Wanted!!

September 8, 2006 @ 4-H Office

4-H Adult Volunteer Leaders for 2006-2007

Help us recruit caring adults who want to make a difference in the life of a child. Call 822-7515 to find out more information.

Thanks!

June 2006	San			1 Thursday	2 Friday Camp Reg. Due in 4-H Office	3 Saturday 4-H State Invitational Archery Match
4 Sunday	5 Monday	6 Tuesday	7 Wednesday	8	9	10
Colusa County Fair Horse Show	Arboga, Browns Valley, District 10, East Nico- laus, & Hallwood Com- munity Clubs meet		Franklin Community Club meets, 4-H Of- fice	Bi-County Council Mtg., 7:00 p.m., 4-H Office		Camp Clean Up Day
Camp Clean Up Day Yuba Hills Community Club meets	12 Plumas and Wheatland Community Clubs meet	13 Able Riders Community Club meets NOTE: NO Sutter Buttes meet- ing; Smartsville will have a potluck meet- ing at Sycamore Ranch, Browns Valley	14 Pleasant Grove and Rocky Hills Commu- nity Clubs meet	15 State Horse Applications Due Barry Community Club meets	16 State Leaders Conference Registrations Due	17
18 Hi 4-Hers ar- rive at Camp Guide Dogs Commu- nity Club meets	19 Members arrive at Camp	Camp Able Riders Community Club meets Dententer will not meet.	21 Camp	22 Last day of Camp	23 CalFocus	24 CalFocus
25 CalFocus	26 CalFocus Live Oak Community Club meets; NOTE: Hi 4-H meets—Camp Eval.	27 CalFocus	28	29	30	

Tovo Vosa						1 Saturday	
2 Sunday	3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday	8 Washington Focus	
9 Washington Focus	10 Washington Focus	11 Washington Focus Able Riders Community Club meets	12 Washington Focus	13 Washington Focus	14 Record Books Due Washington Focus County Fair Entries Due	15 Washington Focus Peach Festival @ Downtown M'ville	
16 Washington Focus	17 Washington Focus	18 Washington Focus Able Riders Community Club meets	19 State Horse Classic Washington Focus	20	21 A.R.B.A. Youth Rabbit Show Entries Due	22	
23/30	24/31	25 Able Riders Community Club meets	26	27	28	A.R.B.A. Youth Rabbit Show @ Y/S Fairgrounds	

Record Book Completion Guidelines

Who Can Enter a Record Book?

JUNIOR DIVISION:

SENIOR DIVISION:

Members 9 to 13 years old as of January 1, 2006

Members 14 years or older as of January 1, 2006

WHAT FORMS DO I USE?

Use the "Record Book Order of Contents" to assemble your Record Book. This will guide you as to what to include (and not to include) in your Record Book. Typically, your Record Book will include the following: Permanent Record Form, ALL Personal Development Record (PDR) forms (put the current year first, then last year's, then the year's before last, etc.), Annual Project Reports (required, also in reverse chronological order as the PDR forms), Leadership Project Plan & Report forms (required if you are a Jr. or Teen Leader), and Supplemental Reports (optional, but very helpful; these may include Daily Egg Record, Dog Project Record, etc. as they relate to the projects you are/have been enrolled in). You can use dividers to separate the Permanent Record; PDR's; Annual Project Reports; etc.

All forms currently in use in the Sutter/Yuba Counties 4-H Program are available from the 4-H Office or your Community Club Leader. Forms may also be obtained by accessing the Sutter/Yuba Counties 4-H Program website at: http://cesutter.ucdavis.edu/Youth%5Fdevelopment/ and clicking on Sutter-Yuba 4-H Forms. They may also be obtained by accessing the State 4-H Program website at: http://ca4h.org/4hresource/forms/index.asp.

TIPS FOR 4-H STORIES

Your story can span your entire 4-H experience or be just about this year. It is up to you.

REMEMBER: Your 4-H story cannot be longer than six pages and not smaller than 12 pt. font. Handwritten stories must be printed neatly in blue or black ink.

JUNIOR MEMBER STORIES:

Tell what you did, what you liked, what you learned, and how you feel about your 4-H year. One of the easiest ways to do this is to look through your Record Book entries and pick out about three things that you did during the year and then answer these questions about each. In this way, your story will give a more complete picture about your year.

SENIOR MEMBER STORIES:

Your story should focus on the program in which you are competing whether you are doing the I&R Application or the PDR Format.

Here are some tips that will give you some ideas:

- Introduce yourself include your name, parents, brothers and sisters, where you live, where you go to school, and why you joined 4-H.
- Tell how 4-H helped you learn things about the program objectives that you didn't know before; how your project grew in size and scope; and some things you tried successfully or unsuccessfully.
- Highlight other 4-H projects and participation including major learning experiences, special interests, and unusual situations you encountered.
- Explain how 4-H has helped you become a better leader and citizen; how 4-H has increased your interest and participation in community affairs; and what you have learned about team efforts.
- Describe how 4H has helped you feel good about yourself, clarified your school and career goals, and helped you make future life plans.

QUESTIONS

WHERE DO I GET INFORMATION FOR MY RECORD BOOK?

Hopefully, you kept notes, receipts, and pictures during the year. Get your calendar out and notes from project meetings. If you don't have these, ask your project leader to help you.

WHAT IF I'VE BEEN IN 4-H FOR SEVERAL YEARS, BUT NEVER COMPLETED A RECORD BOOK?

Good for you, it's never too late. Get the forms and ask your project and club leaders for help in reconstructing your record. Sometimes, you can get information from someone else's record when you worked with them on a project. It can take a bit of work, but it can be done if you persist. It is worth it!

I'VE NEVER WON A BLUE RIBBON; CAN I HOPE TO WIN IN RECORD BOOKS?

Your Record Book is mainly based on your participation, not just on winning. That is why this is such an open competition. Everyone has an opportunity to medal in Record Books.

4-H PROJECT AREAS IN WHICH AWARDS ARE AVAILABLE

There are numerous project areas in which you can earn an award. Talk with your Project Leader or Community Club Leader about which areas are ones where awards are available, or call the 4-H Office at 822-7515 for clarification. Good luck!