



Clover Chatter

Sutter and Yuba Counties

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May 2006**Special Points****of Interest**

- Help Wanted for Spring Fair, Camp, and State Leaders' Forum!
- County Fair Premium Book online!



4-H - "To Make the Best Better"

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Editors: Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Rep.

"The Four Essential Elements of Positive Youth Development"*By Willa Davis*

In the April issue of "Clover Chatter", I introduced the **four essential elements** of positive youth development that the National and State 4-H Program has adopted. They are: **Belonging, Mastery, Independence, and Generosity.**

Last month, I briefly explained what is meant by "Belonging". In this edition, I will provide a short review on the other elements.

Mastery: Research reveals that in order to develop their self-confidence, youth need to feel and believe they are capable. By exploring projects and activities, 4-H members master skills to make positive career and life choices. Additionally, youth need to have a safe environment for making mistakes and getting feedback. Finally, youth need the breadth and depth of topics that

allow them to pursue their own interests. The 4-H Program provides both a safe atmosphere and a wide variety of projects to meet the needs and interests of its members.

Independence: Youth need to know that they are able to influence people and events through their own decision-making and actions. 4-H members do this through the leadership opportunities that the program provides, which in turn, helps them mature in self-discipline and responsibility. As a positive outcome, they better understand themselves and become independent thinkers.

Generosity: Youth need to feel their lives have meaning and purpose. By participating in 4-H community service and citizenship activities, members can connect to their community and learn (cont'd on p. 3)

"Goat and Sheep Day" A Success!

4-H members, leaders, and staff, as well as numerous people from the community and other counties participated in the "Goat and Sheep Field Day" held on March 25th. Members learned how to better care for, feed and show their animals from leaders, local veterinarian Dr. Robin Skillman, and Dr. David Ewey of

UC Davis. Also, feed, supply, and equipment vendors were on-hand to provide information and goods to round out the day. The cold, wet weather in the early morning hours couldn't dampen the spirits nor the determination of all who attended to make this the best turnout ever!

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COMING EVENTS, WORKSHOPS, ACTIVITIES, AND MEETINGS

SPRING FAIR "Wonderland of Fun!"

Saturday, May 13, 2006, 7:00 a.m. to
3:00 p.m. @ the Yuba-Sutter Fairgrounds,
including Bi-County Presentation Day

Set Up Day—Sat., May 6, 2006, 9:00 a.m.

*"It's all good, and will be the best Spring
Fair ever with help from everyone!"*

State 4-H Camping Conference

May 5-7, 2006 @ Grizzly Creek Ranch

North Section Council Meeting

Saturday, May 6, 2006, 9:00 a.m.—3:00 p.m.
@ CSU, Chico

EMBLEM CLUB SALAD LUNCHEON AND FASHION SHOW

Sunday, May 7, 2006, 12:00 noon—2:00 p.m. @
Marysville Elks Club, 920 D Street

Tickets can be purchased at the 4-H Office.
Cost = \$5.00-adults;
\$3.00-children 10 yrs. and younger

Proceeds help pay for future
Fashion Revue expenses

HI 4-H GOLF TOURNAMENT

May 21, 2006 @

Cost is \$65.00.

Call Mary Hall at 743-2490 to enter.

STATE 4-H FIELD DAY

MAY 27, 2006 @ UC DAVIS

Included at this day-long event will be
State 4-H Presentation Day

(<http://ca4h.org/wrp/spd/> for online registration)

and State 4-H Fashion Revue

(<http://ca4h.org/projresource/fashion/> for more
information, contact data, and entry deadline data)

1ST ANNUAL 4-H STATE INVITATIONAL ARCHERY MATCH IS JUNE 3, 2006

At the Lemoore Sportsman's Club
Entry Deadline: May 15, 2006

Call Doug or Julie Freitas @ (559) 924-4178

Western States Horse Expo invites all horse
groups to participate in Expo on June 9-11, 2006

Contact Jean Zabriskie at 800-352-2411 or by
e-mail at jean@horseexpo.com

COME ONE, COME ALL!

The Queen and King of 4-H Camp in Dobbins
invite you to participate in a Renaissance
Faire from June 19—22, 2006.

Eat, drink and be merry as you enjoy
four days of medieval fun!

There will be plenty of entertainment, activities, and
free time for swimming, hiking and relaxing. **Be
sure to bring a costume** (such as a prince and
princess, jester, knight, dancer, etc.) **for
Family Night on Tuesday, June 20th.**
Prizes will be awarded.

State 4-H Horse Classic

Entry Deadline: June 15, 2006

Horse Classic Championship Horse Show &
Educational Competition

July 19-23, 2006

For more information, go to:
<http://www.cal4horse.com>

2006 State 4-H Leadership Conference

Registration due at the State 4-H Office by
June 16, 2006

This conference provides an opportunity to meet
fellow high school 4-H members from across the state
and further develop your leadership skills

Conference = August 10-13, 2006 @ UC San Diego

For more info., go to:
<http://www.caa4h.org/conference/slc/>

HELP WANTED!

Spring Fair Clerks: 6th graders and above are needed to help judges in calling showmen, announcing awards and more. Call Russ Rossiter at 742-8340.

Teen Camp Counselors: Coordinate activities & lead a group of younger members at summer camp. Call Mary Hall at 743-2490.

Banner-Making Coordinator: All clubs are asked to contribute to the making of a banner that will be presented and auctioned at the November 2006 State Leaders' Forum. Call Willa Davis at 822-7515 to help with this.

FYI

- **The Exhibitors Guide for the Yuba-Sutter Fair is now online and can be accessed at <http://www.yubasutterfair.com/premiumbook.html>** It contains all up-to-date eligibility criteria and entry forms. A hard copy of the Exhibitors Guide can also be viewed at the 4-H Office. However, the following are especially important for you to remember:

1. **NEW—All animal exhibitors will be required to show proof of insurance when they submit their entry form. You may buy insurance from the Fair Board (see pg. 7 under "Local Rules and Information" in the Exhibitors Guide).**
 2. **All RVs and trailers must be in place on Sunday, July 30, 2006 by 9:00 p.m.**
 3. **Mandatory Health Inspection— All Jr. and Sr. animals must go through the health inspection on Monday, July 31, 2006 from 8:00 a.m.—5:00 p.m. There is an exception with poultry health inspection, which is Tuesday, August 1, 2006 from 8:00 a.m.—12:00 noon. Also, rabbits are not health inspected (see "Competitive and Livestock Schedules" regarding this in the Exhibitors Guide).**
 4. **READ THE EXHIBITORS GUIDE. THERE ARE MANY CHANGES THAT WILL AFFECT YOU. CALL THE FAIR OFFICE AT 674-1280 IF YOU HAVE QUESTIONS.**
- The 4-H Mall has many unique, fun items. Check out the mall and help support California 4-H by making your purchases online at <http://www.ca4h.org/> and click on **Shop 4-H** in the upper left corner.

Community Clubs Corner

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Guide Dogs Club: Participated in the "Woodleaf Hawk Flight 2006 and Yuba-Sutter Farm Bureau's Farm Day—A Whole Earth Celebration" on April 22nd.

Hi 4-H: Raised \$221.00 from their fundraiser Spaghetti dinner held on April 13th. Their fundraiser **golf tournament** is scheduled for **May 21, 2006. Cost is \$65.00.** Call Mary Hall at 743-2490 to enter.

Plumas Club: Announces that Diana Bostic-Jimerson and Julie Ann Fregoso, Horses and Ponies project leader and member respectively, have been selected to serve on the 2006 Statewide 4-H Equine Education Advisory Committee. We look forward to hearing about the program decisions from them that will strengthen our own Bi-County Horse Program as well as those throughout the state. Also, Leadership Development project leaders started to plant 200 trees to implement the community tree planting grant they were awarded.

Please **submit information about your club** to Willa Davis **by May 15th** for the June Clover Chatter.

The Four Essential Elements (cont'd from p. 1):

to give back to others. These experiences provide the foundation that helps our youth understand the "big picture" of life. These activities also allow members to see that their efforts to help others is valuable and valued as they better understand they are part of a global society.

CLUB DOCUMENT SUBMISSION DATES

- | | |
|---|--|
| • 2005-2006 Project Rosters | IMMEDIATELY |
| • 2005-2006 Club "Outreach Efforts Report": | Jan. 1st; extension deadline=Past Due |
| • 2005-2006 "5 Presentations" pin list; "Alfred Garcia Award" nominees list | July 1, 2006 |
| • 2005-2006 Secretary and Treasurer Books | September 1, 2006 |
| • 2005-2006 Club Program Planning Guide, including: | September 1, 2006 |
| • * 2005-2006 club budget | |
| • * 2005-2006 club audit/peer review | |
| • * 2005-2006 club inventory | |
| • * June/July 2006 bank statement | |
| • 2006-2007 Fundraising | September 1, 2006 |

This month and in the coming months there are many projects, events and activities in which you could record points as follows:

A & B: Attendance at 80% or more Community Club *and* Project meetings make you eligible for this.

D: Field Day: Attendance at the “**Fashion Revue**” last month and Spring Fair this month counts here.

G: Judging Contest: Judging at field day events and Spring Fair Presentation Day earns you points.

I: Will you serve as a **Clerk** or **Room Coordinator** at Spring Fair?

K: 8th Grade Jr. Leaders and Teen Leaders: Volunteer as a 4-H Camp Counselor in June to make a difference in the life of younger members and earn star rank points, too.

O: Medalist: Those who have earned a gold at County and Sectional Presentation Day count points here; so do medalists at last month's Fashion Revue.

P: Project Exhibit: Which projects are you going to exhibit at Spring Fair?

R: Demonstrations or Presentations: How many more presentations do you need to earn a '5 Presentation' pin and to earn points here?

S: Projects Completed: Make sure you keep your project records up to date and approved by your leaders in order to count points here.

V: County Winner: Fashion Revue 1st place and Spring Fair Round Robin winners earn these points.

One out of four people now suffers from food borne illness each year. Let's promote safe food practices instead!

- **When you shop and store food:** Buy cold food last, get it home fast.
- **When You Prepare Food:** Keep food separate; don't cross contaminate.
- **When You Cook Food:** Cook it well.
- **When You Transport Food:** Keep hot food hot and cold food cold.
- **When You Serve Food:** Never leave food out for more than 2 hours. Keep serving area clean.
- **When You Handle Leftovers:** Wash often, refrigerate quickly, reheat properly.

- **Parental Behavior Guidelines** have been drafted by the Policy Advisory Committee and will be ready for distribution after the June Policy Committee meeting.
- **Fairs, shows, exhibitions and similar events involving 4-H members and their animals shall be conducted according to humane animal care standards.** Special attention is needed for transportation, safe housing, adequate feed and water, ample space, humane handling, facility design, and proper management and showmanship.

What Is Maturity?

- Maturity is the ability to control anger and settle differences without violence and destruction.
- Maturity is patience. It is the willingness to pass up immediate pleasure in favor of the long-term gain.
- Maturity is perseverance. It is the ability to sweat out a project or a situation in spite of heavy opposition or discouraging setbacks.
- Maturity is the capacity to face unpleasantness and frustration, discomfort and defeat, without complaint or collapse.
- Maturity is humility. It is being big enough to say, "*I was wrong.*" And, when right, the mature person needs not experience the satisfaction of saying, "*I told you so.*"
- Maturity is the ability to make a decision and stand by it. Immature people spend their lives exploring endless possibilities, then do nothing.
- Maturity means dependability, keeping one's word, coming through in a crisis. Immature people are masters of the alibi. They are the confused and the disorganized. Their lives are a maze of broken promises, former friends, unfinished business and good intentions that somehow never materialize.
- Maturity is the art of living in peace with that which we cannot change, the courage to change which needs to be changed—and the wisdom to know the difference.



Up Close and Personal With Dianna Taylor and Kathy Walker

Dianna Taylor is the Community Club Leader of the Smartsville 4-H Club, having started as a 4-H leader when she was 19 years old. She was a 4-H member as a youth and wanted to give to others what she had been taught.

Dianna has stayed a volunteer leader because of her belief in 4-H as a great organization for youth to be part of. It not only teaches them skills, such as public speaking, but also how to take responsibility and give respect to their elders and others. They also develop self-confidence to find out and try new things.

Dianna goes on to say that the most important characteristics that a 4-H volunteer leader can possess or develop includes lots of patience and learning how to communicate with different kids. What might work for one may not work for others.

Dianna believes what makes our local 4-H Program stand out is the way our kids work hard on their projects that results in a good quality end product they can proudly show, whether it be an animal at the County Fair, a demonstration at Presentation Day or a garment at Fashion Revue. The advice she wants to give new leaders is, *"Don't be afraid to make mistakes, just try. And, ask questions. There's always someone willing to help, because 4-Hers help 4-Hers."*

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Kathy Walker started in 4-H as a youth member, too. She wanted to become a volunteer leader because of the positive experiences she had as a youth, including making both friends and memories, and wanted her son and other kids in the community to be able to have those same opportunities.

Kathy became both a project leader and the Community Club Leader for the Live Oak 4-H Club about four years ago, and has enjoyed seeing the club grow from offering seven projects to over 20 of them, now. She believes that 4-H volunteer leaders need to enjoy working with kids, to have fun with them, and to want to serve as positive role models for them.

Kathy believes the best thing about our 4-H Program is the friendliness of both the volunteers and members. Some of her best friends are other leaders and she sees how our members make sure no one feels like an outsider. Her advice to new leaders is, *"Keep it fun, seek out help when you need it, and remember, it's about the kids."*

## 4-H Email Lists

The following is a list of Electronic Mail Groups. These are used to send e-mail to a group of people without typing in the address of everyone in that group. Individuals first subscribe to the mail group. Mail sent to that group is automatically forwarded to each individual who has subscribed.

**California 4-H News and Announcements:** [ca4hnews@ucdavis.edu](mailto:ca4hnews@ucdavis.edu)—To provide leaders and members up to date information about events and policies relating to the California 4-H Program.

**California 4-H Program Discussion List:** [ca4h@yahoogroups.com](mailto:ca4h@yahoogroups.com)—Designed for California 4-H members and leaders to communicate statewide.

**National 4-H Community Club Leaders' Discussion List:** [4h-ccl@yahoogroups.com](mailto:4h-ccl@yahoogroups.com)—Forum for 4-H Community Club Leaders and Project Leaders to discuss issues, such as membership, fundraising, projects, Primary Members' needs, and anything else that club leaders have to deal with.

**California 4-H North Section:** [ca4h-north@yahoogroups.com](mailto:ca4h-north@yahoogroups.com)—Stay in the loop about meetings, trainings and issues affecting 4-H Programs located in the North Section.

Please follow these guidelines while participating in a 4-H e-mail list:

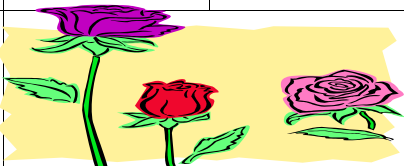
- **Maintain respect for individuals and their ideas (even if you do not agree with those ideas).**
- **If you have a personal comment for someone, e-mail them privately, instead of to the entire list.**
- **Write about the issue at hand, not about any of the people involved.**
- **Never use full names and/or locations of youth in a public e-mail message.**

# Sutter/Yuba Counties

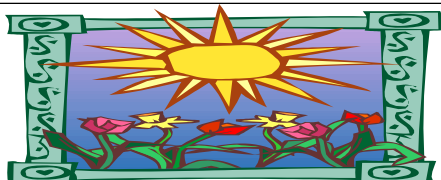
## 2005-2006 4-H Annual Event Calendar

|                                                                          |                                                                                     |
|--------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| SPRING FAIR LATE ENTRIES SUBMISSIONS DUE                                 | May 4, 2006 @ 4-H OFFICE                                                            |
| Star Rank Judging Submissions Due                                        | May 5, 2006 @ 4-H Office<br>September 8, 2006 @ 4-H Office                          |
| Camping Conference                                                       | May 5—May 7, 2006 @ Grizzly Creek Ranch, Portola, CA                                |
| Spring Fair Set Up Day                                                   | May 6, 2006 @ Yuba-Sutter Fairgrounds                                               |
| North Section Leader's Council Meeting                                   | May 6, 2006 @ CSU, Chico                                                            |
| Emblem Luncheon and Fashion Show                                         | May 7, 2006, 12:00 noon @ Marysville Elks Lodge                                     |
| Spring Fair Planning Meeting                                             | May 10, 2006, 6:30 p.m. @ 4-H Office                                                |
| Camp Leaders Planning Meeting                                            | May 11, 2006, 6:00 p.m. @ 4-H Office                                                |
| Bi-County Council Meeting                                                | May 11, 2006, 7:00 p.m. @ 4-H Office                                                |
| Spring Fair                                                              | May 13, 2006, 9:30 a.m. @ Yuba-Sutter Fairgrounds                                   |
| Bi-County Presentation Day                                               | May 13, 2006, starting at 7:00 a.m. @ Spring Fair                                   |
| State Fashion Revue Entries DELIVERED BY                                 | May 13, 2006 to Jane Durston at<br>12049 North Angier Road,<br>Lodi, CA 95240       |
| State 4-H Presentation Day Entry Submissions Due                         | May 22, 2006 <b>(must be completed online)</b>                                      |
| State Presentation Day and<br>State Fashion Revue at State 4-H Field Day | May 27, 2006 @ UC Davis                                                             |
| 4-H State Invitational Archery Match                                     | June 3, 2006 @ Lemoore Sportsman's Club, 9:30 a.m.<br>Entry Deadline = May 15, 2006 |
| State Leaders Conference Registration Due                                | June 16, 2006 @ State 4-H Office                                                    |
| 4-H Camp                                                                 | June 19-22, 2006 @ Dobbins 4-H Camp                                                 |
| Citizenship Program: California Focus                                    | June 23—27, 2006 @ Sacramento                                                       |
| Citizenship Program: Washington Focus-Global Journey                     | July 8—19, 2006 @ Gettysburg, Washington, D.C.,<br>Philadelphia, and New York       |
| State 4-H Horse Classic                                                  | July 19—23, 2006 @<br>Entry Deadline = June 15, 2006                                |
| Record Book Judging Submissions Due                                      | TBA                                                                                 |

## May 2006

|                                                                                     | <b>1 Monday</b><br>Arboga, Browns Valley, District 10, East Nicolaus, & Hallwood Community Clubs meet | <b>2 Tuesday</b><br>Able Riders Community Club meets                             | <b>3 Wednesday</b><br>Franklin Community Club meets, 4-H Office                                                 | <b>4 Thursday</b><br><b>FINAL DEAD-LINE FOR SPRING FAIR LATE ENTRIES</b>                                   | <b>5 Friday</b> Camp-ing Conference (5th—7th) @ Grizzly Creek Ranch Records Book Submission for Star Rank Judging @ 4-H Office | <b>6 Saturday</b> Spring Fair Set Up Day, Y-S Fairgrounds<br><br>North Section Leaders' Council Meeting, CSU, Chico |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>7 Sunday</b><br><b>Emblem Luncheon &amp; Fashion Show, Marysville Elks Lodge</b> | <b>8</b><br>Plumas and Wheatland Community Clubs meet                                                 | <b>9</b><br>Able Riders and Sutter Buttes Community Clubs meet                   | <b>10 Spring Fair Meeting, 6:30 p.m. @4-H Office</b><br><br>Pleasant Grove and Rocky Hills Community Clubs meet | <b>11 Camp Leaders Meeting, 6:00 p.m., 4-H Office</b><br><br>Bi-County Council Mtg., 7:00 p.m., 4-H Office | <b>12</b>                                                                                                                      | <b>13 Spring Fair and Bi-County Presentation Day, Y-S Fairgrounds</b>                                               |
| <b>14</b>                                                                           | <b>15</b><br>Hi 4-H meets                                                                             | <b>16</b><br>Able Riders, Dententer and Smartsville Community Clubs meet         | <b>17</b>                                                                                                       | <b>18</b><br>Barry Community Club meets                                                                    | <b>19</b>                                                                                                                      | <b>20</b>                                                                                                           |
| <b>21</b><br>Guide Dogs Community Club meets                                        | <b>22</b><br>Live Oak Community Club meets                                                            | <b>23</b><br>Able Riders Community Club meets                                    | <b>24</b>                                                                                                       | <b>25</b>                                                                                                  | <b>26</b>                                                                                                                      | <b>27 State 4-H Field Day (State Fashion Revue &amp; State Presentation Day) @ UC Davis</b>                         |
| <b>28</b>                                                                           | <b>29</b>                                                                                             | <b>30</b> Able Riders Community Club meets<br><br>NOTE: Sutter Buttes Club meets | <b>31</b>                                                                                                       |                         |                                                                                                                                |                                                                                                                     |

## June 2006



|                                                                           |                                                                                                       |                                                                                                 |                                                                  | <b>1 Thursday</b>                                         | <b>2 Friday</b>       | <b>3 Saturday</b><br><br>4-H State Invitational Archery Match |
|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------|-----------------------|---------------------------------------------------------------|
| <b>4 Sunday</b>                                                           | <b>5 Monday</b><br>Arboga, Browns Valley, District 10, East Nicolaus, & Hallwood Community Clubs meet | <b>6 Tuesday</b>                                                                                | <b>7 Wednesday</b><br>Franklin Community Club meets, 4-H Office  | <b>8</b><br>Bi-County Council Mtg., 7:00 p.m., 4-H Office | <b>9</b>              | <b>10</b><br>Yuba Hills Community Club meets                  |
| <b>11</b>                                                                 | <b>12</b><br>Plumas and Wheatland Community Clubs meet                                                | <b>13</b><br>Able Riders Community Club meets<br>NOTE: NO Sutter Buttes Community Clubs meeting | <b>14</b><br>Pleasant Grove and Rocky Hills Community Clubs meet | <b>15</b><br>Barry Community Club meets                   | <b>16</b>             | <b>17</b>                                                     |
| <b>18 Hi 4-Hers arrive at Camp</b><br><br>Guide Dogs Community Club meets | <b>19 Members arrive at Camp</b>                                                                      | <b>20 Camp</b><br><br>Able Riders, Dententer and Smartsville Community Clubs meet               | <b>21 Camp</b>                                                   | <b>22 Last day of Camp</b>                                | <b>23</b><br>CalFocus | <b>24</b><br>CalFocus                                         |
| <b>25</b><br><b>CalFocus</b>                                              | <b>26 CalFocus</b><br><br>Live Oak Community Club meets                                               | <b>27</b><br><b>CalFocus</b>                                                                    | <b>28</b>                                                        | <b>29</b>                                                 | <b>30</b>             |                                                               |