

UNIVERSITY OF CALIFORNIA

lover Chatter

Sutter and Yuba Counties

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May 2007

Special Points

- * Bi-County Council News
- Dog Judging Contest at Spring Fair
- Help Wanted: Summer Camp Counselors and Chaperones
- * Fight BAC—Keep Food Safe
- More Fashion Revue and Emblem Club Fundraiser Luncheon Pictures



4-H - "To Make the Best Better"

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Editors: Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Rep.

Creating Welcoming Places and the Development of a Positive Self-Concept

by Willa Davis

In the aftermath of recent disturbing events, both nationally and locally, it is important to consider what we can do to ensure we are creating an atmosphere that is welcoming and inclusive to both members and parents/guardians. This is important for good club management, to help to develop our youths' positive self-concept, and to strengthen our 4-H families.

Think about what your club does to create an atmosphere in which new members and parents feel comfortable and a sense of belonging. What do you do to make them want to attend monthly meetings and participate in club activities?

2007 Fashion Revue



Family, friends, leaders and members turned out for the annual Fashion Revue and watched participants model garments they made or purchased. In addition to the four "Best of Fashion" trophies that were awarded, Mary Lou Whipple was given a plaque for her many years of service in Fashion Revue.

All participants were winners as they presented a "total picture" of their fashion knowledge and skills. For more pictures, go to page 6.

Photo courtesy of Steven Sanchez

Does your club President or Vice President send a letter to all new members and their families welcoming them to your club? What is done to make sure meetings are conducted in a democratic manner that respects other's points of view? How do you provide opportunities for all members to take part in planning and implementing activities to achieve club goals? What are things you do so even the youngest member can help?

COOPERATIVE EXTENSION

How are parents/guardians informed about "how to do 4-H", especially in regards to conducting presentations, completing Record Book documents, etc.? How are they involved? Even the busiest adult usually will (cont'd on pg. 3)

Presentation Day



28 Junior and Senior-age members conducted presentations during January—March and 13 went on to compete at Sectional Presentation Day on March 31st. Seven received golds, five earned silvers and one received a blue at Sectional. All are to be commended for competing.

All gold award winners are eligible to advance to State Presentation Day on May 26th. It was decided at the April Bi-County Council meeting to host the 2008 Sectional Presentation Day. For a complete list of awards, go to: http://cesutter.ucdavis.edu/

Photo courtesy of Joe Cassady

LINITED STATES DEPARTMENT OF AGRICULTURE LINIVERSITY OF CALIFORNIA AND SUTTER/UIRA COLINTIES COOPERATING

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COMING EVENTS, WORKSHOPS, ACTIVITIES, AND MEETINGS

2007 Spring Fair Planning Meeting

Tuesday, May 1, 2007 6:30 pm @ 4-H Office



2007 SPRING FAIR

is SHEEPWRECKED!









Come and strut your stuff by showing your animals and still exhibits, eating, and having fun!

Saturday, May 12, 2007 Yuba-Sutter Fairgrounds

Judging starts at 9:00 a.m. See Premium Book For Details and Entry Forms

"Set Up Day" - Sat., May 5, 2007, 9:00 a.m.

DOG JUDGING CONTEST

Saturday, May 12, 2007 10:00 am - 1:00 pm

At Spring Fair @ Yuba-Sutter Fairgrounds

OPEN TO ALL MEMBERS

No Prior Registration Necessary

Great local judging opportunity for Members to include in their Record Book!

Call Ben Duran @ 748-5494 for more information

PRESENTATION DAY

Saturday, May 12, 2007

Yuba-Sutter Fairgrounds
Presentation Entry form is included
in Spring Fair Premium Book





Bi-County Horse Show Planning Meeting

Tuesday, May 15, 2007, 7:00 pm Round Table Pizza, Gray Ave, Yuba City Info: Mayleen Boslaugh at (530) 633-0142 or Debra Hogan-Surratt at (916) 655-1001

Let's Get Ready For Camp!

Camp Clean-up Days

Saturday, May 19th, 9:00am AND Saturday, June 16th

Items To Bring:

Rakes and Pitch Forks
Flathead Shovels
Gloves
Gloves
Mosquito Repellant
Pick-up Trucks

4-H Camp Week Planning Meetings

May 21, 2007 @ 4-H Office

<u>Leader's Meeting</u>: 5:30 pm

Hi 4-H Camp Counselor's Meeting: 7:00 pm

STATE 4-H FIELD DAY

May 26, 2007 @ UC DAVIS



Presentation Day Fashion Revue Horticulture Contest Judging Event

http://ca4h.org/projresource/fieldday

Bi-County 4-H Fair Horse Show Saturday, June 9, 2007 Start Time: 9:00 a.m.

> Location: Yuba County Sheriff's Posse Arena Browns Valley, CA



4-H Summer Camp Week

June 25 - 29, 2007

Dobbins 4-H Camp

Attend to compete in the "4-H OLYMPICS"!

SAVE THE DATE! STAR RANK AND RECORD BOOK JUDGING

Book Submission Deadline: **July 6 @ 3:00pm** Star Rank / Book Judging: **July 7 @ 10:00am**

Book Submission and Judging at the 4-H Office

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Creating Welcoming Places... (cont'd from pg. 1)

"make time" when asked to conduct a specific step as part of the whole process of an activity. That builds *belongingness*, something that *all people need to build a positive self-concept*.

Just what is "self-concept" and where does it come from? Self-concept is how you think and feel about yourself. The image you have of yourself is learned by the verbal and nonverbal feedback you receive from others, especially the important people in your life, such as your parents/guardians, friends, teachers, 4-H leaders, and others. It is what makes you feel good or bad about yourself and helps you feel confident no matter what challenges life gives you.

Self-confident people are willing to learn and are not afraid of making mistakes. They feel good inside and like themselves. They have strong self-respect as well as respect for others. 4H leaders can reinforce their members' self-confident in a variety of ways that will show in their ability to successfully participate in meetings, events and activities. A few examples of positive reinforcement include:

- A pat on the shoulder
- * Specific verbal praise
- * Enthusiastic encouragement concerning a member's project work
- * Asking a member to demonstrate skills or projects to the rest of the project or club

Sometimes, 4-H members may turn to their project or community leader when they are in crisis. Stephen Russell, a 4-H Youth Development Specialist at UC Davis, has written an article entitled, "The Role of the Adult Volunteer When Youth Turn to Them in Crisis." It offers suggestions for adult volunteers on how to respond to potential challenging situations. These include how to:

- Communicate support to the youth
- Support a youth who is in crisis
- Encourage the youth to talk to his/her parent/guardian
- Differentiate between what to keep in confidence and what to inform the 4-H Youth Development Advisor or Program Representative, or the youth's parents/ guardians about

A complete copy of the article can be found online at: http://joe.org/joe/2001october/iw3.html or by contacting the 4-H Office at 822-7515. Willa Davis, 4-H Program Representative, can answer your questions on how to create welcoming environments in your club and about concerns you have about youth who appear to be troubled. She has a Master's degree in Counseling and over 20 years experience as a professional counselor. Together we can build a healthy, safe community one youth at a time.

BI-COUNTY COUNCIL NEWS

Club Roll Call: It was approved by the Bi-County Council to notify members when their clubs were absent from Council meetings by publishing such data in the next Clover Chatter. **Bylaws state:** "If a Community Club is not represented for two consecutive Council meetings, the Community Club becomes "inactive" and all members of the Club become ineligible to vote until the Community Club is again represented at two consecutive Council meetings. The activation of voting privileges will take place during the second consecutive regularly scheduled meeting attended."

4-H Clubs without representation at the March 8, 2007 Bi-County 4-H Council meeting were:

District 10 Live Oak Smartsville Yuba Hills

4-H Clubs without representation at the April 12, 2007 Bi-County 4-H Council meeting were:

District 10 Live Oak Smartsville Yuba Hills

Council Meeting Minutes & Agenda

Now online by going to: http://cesutter.ucdavis.edu/, clicking on 4-H Youth Development Program and then clicking on 4-H Council Meetings.

Bi-County Council Meeting

Thursday, May 10, 2007 @ 7:00pm

All adult and teen leader representatives are welcome!

Please contact the 4-H office at 822-7515 or e-mail Willa

Davis at wdavis@ucdavis.edu to add any "New Business" or other items to the monthly Council Meeting Agenda

2007-2008 YUBA 4-H COUNTY COUNCIL and SUTTER COUNTY COUNCIL

OFFICER NOMINATIONS

Nominations for Yuba County 4-H Council Officers will be held at the next Bi-County Council meeting to be held on Thursday, May 10, 2007.

Nominations will be open for the offices of President, Vice President, and Secretary. The office of Treasurer is a two year term and is currently filled in Yuba County, but open in Sutter County. All other offices are a one year term.

Thank You,

Marlene High and Sam Diaz, Nominations Committee Co-Chairs PAGE 4 **MAY 2007**

ABCs Of Personal Development

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The following are the categories and examples of projects, events and activities for which you could earn points in the **NEW RECORD BOOK SYSTEM.** Review the new 'Record Book Manual' and access the new 'Personal Development Record' forms by going to: http://cesutter.ucdavis.edu/YouthDevelopment/

PLEASE NOTE: Attendance at 80% or more Community Club and Project meetings is still required for earning any achievement rank.

- **4-H Projects Completed:** It is a requirement that an "Annual Project Report" be completed and included in your folder for each project you complete per year.
- 2. 4-H Project Skill Activities: Do you plan to participate in the Dog Judging Contest at Spring Fair, or in the Judging activity at State 4-H Field Day in May? If so, count points here.
- **4-H Events Attended:** Did you attend Fashion Revue or the Spook & Trail Course Clinic last month, or will you attend Spring Fair, or State 4-H Field Day in May, or the Bi-County Horse Show or 4-H Camp in June? If so, you will earn these points.
- 4. **<u>Leadership Development</u>**: Club officers, committee chairs and members, jr. or teen leaders, and members completing a leadership development project are eligible for these points. Plan now to attend State Leadership Conference in August. Plan now to take part in these leadership-building activities for next year, too.
- **<u>Citizenship/Community Service</u>**: Helping at Camp Clean-Up Day in May or June, and helping with a club community service activity earns these points.
- **Communication Skills:** Will you make your bi-county presentation at Spring Fair or write an article for Clover Chatter or your school newsletter? Demonstrating these skills in some way counts here.
- **Honors and Recognition:** Did you earn Best of Fashion at Fashion Revue or a Gold Sectional Presentation Day? Those awards or receiving a Champion award at Spring Fair will earn these points.
- **<u>Lifestyle Activities</u>**: What kind of <u>extracurricular</u> activities do you participate in at church, school or in individual sports or through Park & Rec. to earn these?

ATTENDANCE @ 4-H EVENTS QUALIFIES YOU FOR FAIR

2006 Yuba-Sutter Co. Fair 2006 State Fair Achievement Night **Presentation Days** Craft Days Horse Showmanship Clinic

Spook & Trail Course Clinic Spring Fair State 4-H Field Day (inc. State Fashion Revue, State Presentation Day) Goat & Sheep Day 4-H Fair Horse Show Sectional Presentation Day 4-H Summer Camp

Fashion Revue

POLICY REMINDERS AND UPDATES

4-H FAIR ELIGIBILITY RULES:

- 80% or more attendance at project AND club meetings.
- Attendance at one or more bi-county 4-H event.
- Presentation at appropriate club or county level.

YUBA-SUTTER FAIR RULES:

- All entries must be made on Yuba-Sutter Fair Entry Forms.
- The exhibitor's signature on the Entry Form signifies acceptance of the rules and regulations governing the Yuba-Sutter Fair as printed in the Official Exhibitors Guidebook and the 2007 State Rules for California Fairs as printed by the California Dept. of Food and Ag. If a conflict arises, or if the local rule is not printed in the premium book, the State Rules will prevail.
- **NEW:** Placing of ribbons does not guarantee correct judging placement. Only the official placing stated on the judging sheet(s) constitutes the final placement.
- Decisions of judges, veterinarians, weigh masters, tail dock officials & timers cannot be protested & are final.
- **NEW:** Health Rules:
 - 1. Drench guns are not approved for use while on fairgrounds....
 - 2. All cattle more than (6) months of age originating from States that are not classified as Accredited TB Free require a negative tuberculin test within 60 days prior to exhibition.
 - 3. Rams older than 6 months require a negative Brucella Ovis test within 30 days of entry into California, unless entering for exhibition without change of ownership.
- **NEW:** All animal exhibitors will be required to show proof of insurance with the entry form (forms will not be accepted without this proof or purchase of insurance).
- **NEW:** The fee for parking a trailer in the east parking lot will be \$50.00.
- All RV's, tack and supplies must arrive on Sunday, July 29th from 8:00 am to 9:00 pm. No RV's, tack or supply deliveries will be allowed during the health inspection in the livestock area.
- **NOTE:** There will be a mandatory Health Inspection on Monday, July 30th from 8:00 am—5:00 pm for all animals, EXCEPT Poultry & Rabbits. Poultry Inspection: will be on Tuesday, July 31st from 8:00 am-12:00 noon. Rabbits must be in place by Noon on Tuesday, July 31.
- **IMPORTANT:** Exhibitors who refuse to allow their animals to be examined shall be disqualified . . ; no refund will be made.
- **IMPORTANT NOTE:** Exhibitors should have Project Records available should the Fair Rules Committee or Junior Livestock Auction Committee request them.
- Exhibitors are responsible for the care of their Market Animals until these animals are shipped.
- Exhibitors must have a Thank You card or letter, for each buyer, addressed and stamped in order to receive their livestock sale check.
- Removal of any tack and/or displays prior to 8:30 pm Sunday, August 5th will result in disqualification.

Additional Yuba-Sutter Cos. Fair rules may be found online at: http://www.yubasutterfair.com/premiumbook.html

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Up Close and Personal with

Dean Allen and Bonnie Magill

Dean Allen became the Community Club Leader of the Arboga 4-H Club this year, but started as an Arts & Crafts leader three years ago after seeing how much his daughter enjoyed participating in 4-H as a Primary Member. He wanted to be an active participant in her life and decided this was a good way to do it. He says he has continued to stay involved because of his daughter and has taken a greater leadership role as a way of contributing to the continuous improvement of the organization, both at the club and Council level.

Dean believes that the most important characteristics of a 4-H leader is wanting to serve as a good role model, realizing they have skills and talents to pass on to youth even if they aren't a master at them, and just having the willingness to share what they know. That contributes to one of our local 4-H program's best features, Dean says—the good core of leaders who offer a variety of projects that members can participate in. Dean also reports that having our own summer camp is another highlight our local program offers to members.

Dean's advice to new 4-H adult volunteers is, "Do what you can when you can, and don't feel bad that you can't do everything that's asked of you. Ease your way into the program, so you can always have fond memories of your time in it."

This is the fifth year for Bonnie Magill as the leader for the Sheep, Meat Goats, and Horses & Ponies projects for the Barry 4-H Club. She will also chaperone the Cal Focus delegates at that convention this year. She decided to become a project leader because like so many leaders, her own daughters wanted to learn about goats and horses and their club didn't have a leader for those projects. And she continues as a leader because of her children.

Bonnie says the flexibility and learning to manage your time are attributes 4-H leaders need to possess or develop. Also, being committed to help specific areas, such as the horse program, grow and improve is important, she says. And the way to do that is by taking members to regional and state events, such as Chico's Sheep and Goat Day, the Equine Field Day as well as local ones.

Bonnie goes on to report that those kinds of learning opportunities occur because of the involvement and participation by parents of 4-H members, which is one of our local 4-H program's strongest features. Another highlight is the variety and breadth of activities and projects that are offered to members. Additionally, the high level of cooperation that the two counties and their clubs have is to be commended, says Bonnie.

Bonnie's recommendation to new 4-H leaders is, "Take advantage of all the activities that other project leaders host, partner with them, and get your members to them. If they learn one thing from participating in them, then it's been worth your time."

364-H Club Reports

Dententer: 19 members and six leaders organized an Easter egg hunt for the kids in the neighborhood. Everyone had a great time hunting for eggs. Three members also helped out disabled children in an Easter egg hunt at Butchie's Pool. The club also held a meeting to elect their officers for next year. They celebrated the occasion by having a pizza party!

District 10: The club's Community Service group assembled 11 owl boxes. They worked with a non-profit organization that will place the boxes in designated areas for endangered owls to have a safe nesting area to raise their young. Special thanks to the Cassady, Ransom and Beisley families for helping to make this activity happen.



<u>Hi 4 H:</u> Is continuing to recruit members 8th grade and higher for Camp Counselors. The next meeting is Monday, May 21st at 7:00 p.m. at the 4-H Office.

Please ask your reporters or their designee to submit information about your club to Willa Davis by May 15th for the June newsletter.

HELP WANTED! Camp Counselors and Chaperones

<u>Camp Counselors</u>: Must attend the planning meetings. If you cannot make the meetings, please call Mary Hall at 743-2490 to be included in the scheduling.

Camp Chaperones: All clubs need to provide chaperones for 4-H Summer Camp for the youth attending from their club. The ratio is 1 adult for every 10 campers. So, if 5 boys and 8 girls registered from the same club, the club would need to provide one male and one female chaperone.

Policy does not permit admitting more youth than there is sufficient supervision by an adequate number of chaperones. Clubs can encourage leaders to serve as chaperones by paying their camp registration fee.

All chaperones must be 25 years of age, be enrolled in 4-H, have their finger prints CLEARED, and attend a camp chaperone orientation on Monday, June 18th at 6:00 pm @ the 4-H Office.

For more information about being a chaperone, call: Camp Director Willa Davis @ 822-7515. Thanks!

Sutter/Yuba Counties — 2006/2007 4-H Events Calendar						
Мау	Bi-County 07/08 Officer Nominating Committee Mtg & Bi-County Council Monthly Meeting	May 10 @ 4-H Office, 6:00pm and 7:00pm, respective				
	Spring Fair / Presentation Day	May 12 @ Yuba/Sutter Fairgrounds				
	Camp Clean Up Day	May 19 @ 4-H Camp, Dobbins				
	State Field Day / Fashion Revue / Presentation Day	May 26 @ UC Davis				
	All-Star Applications Due	May 31 @ 4-H Office				
June	Bi-County 4-H Fair Horse Show	June 9 @ Yuba Co. Sheriff's Posse Arena, Browns Valley				
	Peer Review Committee Training & Bi-County Council Monthly Meeting	June 14 @ 4-H Office, 6:00pm and 7:00pm, respectively				
	Camp Clean Up Day	June 16 @ 4-H Camp, Dobbins				
	Cal Focus	June 22-26 @ Sacramento				
	4-H Summer Camp	June 25-29 @ 4-H Camp, Dobbins				
July	Star Rank and Record Book: Submission Deadline	July 6 at 3:00pm @ 4-H Office				
	Star Rank and Record Book Judging	July 7 at 10:00am @ 4-H Office				

More Fashion Revue!

"Moonlight Stroll"







Photos courtesy of Steven Sanchez



The Plumas Club Fundraiser BBQ Raised over \$500.00 to Pay for This Year's Revue!



22 Modeled at Emblem Club Luncheon: The Club Raised Almost \$300.00 for Future Fashion Revues

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Able Riders Club Meeting	2 Franklin Club Meeting	3	4	5
6	7 Arboga Browns Valley District 10 Hallwood Rio Oso Club Meetings	8 Able Riders Sutter Buttes Club Meetings	9 Pleasant Grove Rocky Hills Club Meetings	Council Meeting	11	12 Spring Fair
13 Yuba Hills Club Meeting	14 Plumas Wheatland Club Meetings	Able Riders Dententer Smartsville Club Meetings	16	17 Barry Club Meeting	18	19
20 Guide Dogs Club Meeting	21 Hi 4-H Club Meeting	22 Able Riders Club Meeting	23	24		State Field Day
27	28 Live Oak Club Meeting	29 Able Riders Club Meeting	30	81		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday 2
3	4 Arboga Browns Valley District 10 Hallwood Rio Oso Club Meetings	5 Able Riders Club Meeting	6 Franklin Club Meeting	7	8	9 Bi-County Horse Show
10 Yuba Hills Club Meeting	11 Plumas Wheatland Club Meetings	Able Riders Sutter Buttes Club Meetings	13 Pleasant Grove Rocky Hills Club Meetings	Council Meeting	15	16 Camp Clean-up
17 Guide Dogs Club Meeting	18 Hi 4-H Club Meeting	Able Riders Club Meeting Dententer Smartsville Club Meetings	20	21 Barry Club Mee		
24	25 Live Oak	26 Able Riders	27	28		30
	Club Meeting	Club Meeting	CAMP!	CAMP!	CAMP!	