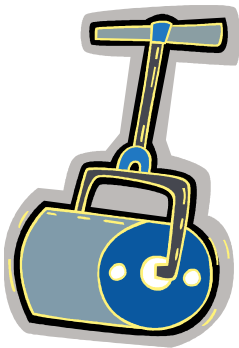


# Master Gardener Bulletin



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## November 2003

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### Plant of the Month

*Nolina spp.*----Beargrass  
Family Agavaceae

This is a tough desert species with pendulous or upright, narrow leaves. Some are clumping, others form a trunk with multiple branches that can reach to 20 feet. Needs WELL-DRAINED soil because it's only real issue is OVER-WATERING! Beargrass may be susceptible to agave weevil and may not be tolerant of our frosts. *N. bigelowii* and *N. parryi* are more tolerant of light frosts. It is often mistaken for a grass (note common name) but is actually an agave. Leaves can have sharp edges so be cautious around them.

### Master Gardener Spotlight for November

**Ellie Cary**  
by Cathe' Fish

One of our newest Master Gardeners is Ellie Cary. Ellie was born in San Francisco and is a second generation native. Ellie says: " I love the City, when I lived there I couldn't imagine living elsewhere but now I don't think I could go back to the City to live. What I remember the most are the cold, damp, foggy summers."

Ellie attended St. John's Ursuline for girls for 12 years, and then escaped, went to San Francisco City College and then to San Francisco State where she majored in Advertising and Art Design. She married John Cary 34 years ago. Ellie says, "We have two children; our son Jason, 30, who lives in Ventura with his wife Tasha, they are expecting their first child in January. Our daughter Leslie, 27, lives in Martinez with her husband Sam and our beautiful granddaughter Ella, born in June."

I asked her when she first realized she had an interest in gardening. She replied, " I am 100% Italian, gardening is in my genes. Actually until we moved to Yuba City I had never grown anything and coming to this point has been trial and error and lots of dead plants. Most of the plants I knew from my childhood don't grow here."

I asked her how she ended up moving to Live Oak and when? Ellie told me "Eleven years ago we fell in love with a piece of property, my husband wanted to move away from the lights, he's an amateur

astronomer. From our loft we have a complete view of the Buttes to the west, and in the east the Sierra Nevada's--as the song goes we have the sun in the morning and the moon at night."

Ellie and John built a beautiful house in Live Oak. "I had lots of ideas that had lived in my head so I began to draw. Our home is a contemporary arts and crafts style. It is very open, great for entertaining and fun family/friend gatherings. I have a wonderful kitchen; my other passion is cooking. When I am not in the garden, I am in the kitchen!"

I asked her if she was involved with landscaping her yard. "Yes and no - I actually took a month long class through UCD Extension on Landscape Design and was able to come up with the design for the front but shortly into construction we realized we had some drainage problems, so we hired a landscape architect. Eric Roberts designed the hardscape, drainage, irrigation, electrical and a plan for the back yard. Both planting plans have changed beyond recognition. I might mention we have over an acre...it was a challenge and still is."

Since Ellie became a Master Gardener in 2002, I figured she probably has good recall of her training. I asked her what stands out in her mind about her MG training and volunteer work? She replied: "The weed guy was very boring! I love when you are in the office or at the farmers market and a client comes up at ask a question that goes like this,'I have this tree, its green and the leaves are falling off'. I always want to do my impersonation of the mind reader. "

I asked her what she likes most about being a Master Gardener. She said: "The other Master Gardeners. You learn as much from talking to them as you do from taking a class. I have met some amazing women - who are full of wisdom, encouraging words and kindness."

I asked Ellie what her favorite kind of gardening is. Her reply " Herbs - they were my first success; also, perennials and bulbs." I asked her if she has any plans for her next gardening project. She said, "I have an area off my north porch where I had a contemporary fountain installed this past summer, I need to finish the design and plant." Her favorite plant is Abutilon, favorite flower is Perennial Hibiscus, and her favorite tree is Washington Hawthorn.

Ellie told me her goals are "To RETIRE so I can complete all the projects I am always dreaming up and mostly so I can enjoy this new stage of life-grand parenting."

### **Attention Attention Attention**

The MG office (UCCE and Ag Dept) will be closed the following days:

*Veteran's Day-November 11, 2003*

*Thanksgiving Day-November 27, 2003*

## **Pest of the Month**

As the rainy season begins, and we spend more time indoors, there are still pests to keep us busy...

# PANTRY PESTS

[PDF to Print](#)

## Home & Landscape

Published: 9/02

### IN THIS GUIDELINE:

[IDENTIFICATION AND LIFE CYCLES](#)

[DAMAGE](#)

[MANAGEMENT](#)

[PUBLICATION INFORMATION](#)

[GLOSSARY](#)



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Stored-product pests are usually brought into the home in an infested package of food. Initially, infestations are easy to overlook because the insects involved are quite small, especially in the egg and larval stages. Often the first indication of the infestation is the appearance of small moths flying about or the presence of beetles in or near the food package.

### IDENTIFICATION AND LIFE CYCLES

The most common insects infesting food in the home are in the insect orders Lepidoptera (moths) or Coleoptera (beetles). Adult moths and adult beetles are easy to distinguish from each other, but their larvae are a little more difficult to identify. Use a hand lens to examine the legs of the larvae. Beetle larvae are either grublike and legless or have only three pairs of legs, all located close to the head. Moth larvae have three pairs of true legs, plus additional leglike structures further down the abdomen. Both larvae and adults of beetles feed on foodstuffs, whereas only the larval stage of moths consumes stored products.

#### *Meal Moths*

**Indianmeal Moth.** The most common species of meal moths found in the home pantry is the [Indianmeal moth](#), *Plodia interpunctella*. All damage is done by the larvae, which attack a wide range of products, including cereal and cereal products, flour, cornmeal, rice, dried fruit, dehydrated vegetables, nuts, chocolate, candies, and other confections. When infestations are heavy, mature larvae can often be found in parts of the house far from the original food source because they move quite a distance to pupate.

The [Indianmeal moth](#) is a fairly distinct small moth with reddish brown forewings that have a coppery luster on the outer two-thirds and are whitish gray on the inner or body portion. The female moth lays its eggs singly or in groups on food material. Eggs hatch within a few days into small, whitish caterpillars.

Larvae of the Indianmeal moth spin a web as they grow and leave behind [silken threads](#) wherever they crawl. When fully grown, the larva is about 1/2-inch long and white with a greenish or pinkish hue. This larva spins a silken cocoon and transforms into a light brown pupa, from which the adult moth later emerges. The Indianmeal moth takes about 6 to 8 weeks to complete egg, larval, and pupal stages during warm weather.

Don't confuse Indianmeal moths with clothes moths, which are smaller and have more hair than pantry moths. For more information, see *Pest Notes*: [Clothes Moths](#), listed in References.

### ***Pantry Beetles***

While there is only one major species of moth that feeds on food products in the home, several species of beetles commonly attack a wide variety of foods: the warehouse beetle (*Trogoderma variabile*); the sawtoothed grain beetle (*Oryzaephilus surinamensis*) and the merchant grain beetle (*O. mercator*); the confused flour beetle (*Tribolium confusum*) and the red flour beetle (*T. castaneum*); and the drugstore beetle (*Stegobium paniceum*) and the cigarette beetle (*Lasioderma serricornis*). Other beetles that feed primarily on seeds or whole grains include the [lesser grain borer](#) (*Rhyzopertha dominica*), the bean weevil (*Acanthoscelides obtectus*), the granary weevil (*Sitophilus granarius*), and the rice weevil (*S. oryzae*). These seed beetles are not covered in detail here, but their management is similar to the other pantry beetles.

**Warehouse Beetle.** The [warehouse beetle](#) feeds on a wide variety of foods including cereals, candy, cocoa, cookies, cornmeal, fish meal, pet foods, flour, nuts, dried peas and beans, pastas, potato chips, spices, dead animals, and dead insects.

[Adult beetles](#) have oval bodies that are about 1/8-inch long with a brown and yellowish pattern on the wing covers. Female beetles lay up to 90 eggs within the infested food. Larvae emerge and feed on the food. Larvae are about 1/4 inch when fully grown and have numerous stiff setae, or hairs, that emerge from dark-colored plates on the last few segments of their abdomen, as well as a tail of long thin hairs that extends from the tip of the abdomen. They are very active and seek out new food sources to infest. In warm temperatures, the entire life cycle from egg to adult can be completed in 45 days.

The setae of this beetle are shed within the infested food product and can be irritating to the mouth, esophagus, and digestive tract if they are ingested; consequently any food found infested with this beetle should be discarded.

**Sawtoothed Grain Beetle and Merchant Grain Beetle.** The [sawtoothed grain beetle](#) and the merchant grain beetle are slender, flat, brown beetles that are about 1/10-inch long. Both beetles have six saw like tooth projections on each side of the thorax (section between head and abdomen). [The sawtoothed grain beetle has smaller eyes than the merchant grain beetle](#) and a larger area just behind the eyes. In both larval and adult stages, these beetles feed on all food of plant origin, especially grain and grain products like flours, meals, breakfast foods, stock and poultry feeds, coconut, nutmeats, candies, and dried fruit; it is not uncommon to find these beetles infesting pet food, bird seed, and rodent bait.

The biology of both beetles is nearly identical, and they are managed in the same manner so that it is not necessary to distinguish the two species. The adult beetles live an average of 6 to 10 months, but some individuals may live as long as 3 years. The female beetle of both species drops her eggs loosely among the foodstuffs or tucks them away in a crevice in a kernel of grain. When the small, slender, white eggs hatch, the emerging larvae crawl about actively, feeding here

and there. They become fully grown in about 2 weeks during summer weather and then construct delicate cocoon like coverings by joining together small grains or fragments of foodstuff with a sticky secretion. Within this cell, the larva changes to the pupal stage. Development from egg to adult may take from 3 to 4 weeks in summer.

**Confused Flour Beetle and Red Flour Beetle.** The confused flour beetle and the [red flour beetle](#) are very similar in appearance and can be most easily distinguished by examining the antennae: the antennae of the red flour beetle end abruptly in a three-segmented club, while the confused flour beetle's antennae gradually enlarge towards the tip, [ending in a four-segmented club](#). Adult beetles of these two species have shiny, reddish brown bodies that are about 1/7-inch long, flattened, and oval. These beetles have a very wide food range including cereals, damaged grains, grain products, shelled nuts, dried fruit, chocolate, drugs, and herbarium and museum specimens.

The biologies of these two species are very similar; their average lifespan is about 1 year, but some have been known to live almost 4 years. The females lay their small, white eggs loosely in flour or other food material. The eggs, which are coated with a sticky secretion, become covered with flour or meal and readily adhere to the sides of sacks, boxes, and other containers. They hatch into small wormlike larvae that are slender, cylindrical, and wiry in appearance. When fully grown, the larva is 3/16-inch long and white, tinged with yellow. At this stage, it transforms into a small pupa. At first white, the pupa gradually changes to yellow and then brown, and shortly afterward transforms into a beetle. In summer, the period from egg to adult averages about 6 weeks.

**Cigarette Beetle and Drugstore Beetle.** The [cigarette beetle and the drugstore beetle](#) closely resemble one another, but the cigarette beetle is more common. Both beetles are about 1/8-inch long, cylindrical, and uniformly light brown. The easiest way to distinguish the two is by the wing covers: the wing covers of the drugstore beetle have longitudinal grooves, while those of the cigarette beetle are smooth.

The cigarette beetle feeds on cured tobacco, cigarettes, and cigars. It also feeds on dried herbs, spices, nuts, cereals and cereal products, dried fruit, seeds, and animal products such as dried fish and meats, hair, and wool. In the home this beetle is most commonly found in pet foods, cereals, nuts, and candy. It may also infest dried pepper arrangements, wreaths, and spices such as chili powder or paprika.

The cigarette beetle lays its eggs in the food substance. The small, yellowish white grubs are covered with long, silky, yellowish brown hairs and are about 1/6-inch long when fully grown. The pupae are within a closed cell composed of small particles of the food substance cemented together with a secretion of the larvae. The period from egg to adult is about 6 weeks.

The drugstore beetle is a very general feeder, attacking a great variety of stored foods, seeds, pet foods, spices, and pastry mixes, and has been said to "eat anything except cast iron." It gets its name from its habit of feeding on almost all drugs found in pharmacies. In the home, however, the most common food materials infested by this beetle are pet foods, drugs, and cereals. The drugstore beetle lays eggs in almost any dry, organic substance. After hatching, the small, white grubs

tunnel through these substances and, when fully grown, pupate in small cocoons. The entire life cycle may take place in less than 2 months.

## **DAMAGE**

Pantry pests damage food by contaminating it with their bodies and their by-products. The larval stage of the Indianmeal moth produces frass (excrement) and webbing, and some beetle larvae produce secretions that give food a disagreeable odor and taste. Setae (hairs) from the warehouse beetle can irritate the mouth, throat, and stomach of people who eat infested products. In addition, pantry pests might introduce microbes into the food that could produce mycotoxins (highly carcinogenic compounds), especially if the food is stored in warm, humid conditions.

## **MANAGEMENT**

Getting rid of food-infesting moths or beetles takes continuous, persistent effort if the infestation has been present for a while. Some pests are capable of living for many weeks without food, thus the threat of reinfestation exists until they die off or are killed. Follow the guidelines for removing and cleaning up an infestation. It is best, at least for several months after eliminating the infested products, to store any susceptible food in airtight containers or in a refrigerator or freezer. Also, as a general practice, storing infrequently used food items (e.g., pancake flour, grains, spices, etc.) in the freezer prevents infestations from developing.

Pheromone traps are available in many retail stores to monitor and trap Indianmeal moths. Insecticides are not recommended.

### ***Detection***

If you find small moths or beetles crawling or flying around your kitchen, look for the food source of these pests and remove it immediately. If you locate the infestation before it spreads to other packages, control may be relatively easy. The source is commonly a package damaged at the store or an opened one that is little used or forgotten. The best thing to do with the package is seal it up and dispose of it, removing it from the house immediately.

### ***Cleaning Up an Infestation***

Most commonly, by the time the insects are noticed they have already spread to other food packages. Carefully inspect all packages, especially those that have been opened or are exposed. Destroy any that give the slightest indication of infestation. Other than the insects themselves, telltale signs include webbing in tight places of a package or tiny holes in the container. Insects are less likely to invade packages that have their original seal, but more commonly infest those that have been opened or that have been on the shelf for a long time. Before replacing noninfested packages, wash shelves with soap and water, and scrub corners and crevices or vacuum them with a crevice attachment to remove eggs and pupae.

### ***Pheromone Traps***

Of the major pantry pests, pheromone traps are only readily available in retail stores for the Indianmeal moth. Pheromone traps for the Indianmeal moth will not attract beetles.

Use pheromone traps after the source of the infestation has been removed to detect

moths that remain in the house. Pheromones are chemicals (in this case a sex attractant) produced by an organism to affect the behavior of other members of the same species. The sex pheromone attracts adult male moths into the trap where they are stuck on the sticky sides; these traps will not attract the female moths, but may reduce their ability to produce eggs if they catch males before they can mate.

Place the traps in the area of a previous infestation and check them weekly. Most traps remain effective for about 3 months. Whenever you catch a new batch of moths in traps, it is time to inspect packages again.

### ***Prevention and Sanitation***

Most home infestations of pantry pests maintain themselves on spills in the crevices of cupboards and drawers or in opened packages of food stored for long periods of time. Following a few general guidelines when storing food products will help you avoid many potential problems.

- Do not put exposed food on shelves. Place it in containers with tight-fitting lids (plastic bags are not adequate).
- Regularly clean shelves, bins, and all other locations where there is any possibility of flour or other food particles accumulating. Certain pests need only small amounts of food to live and breed. Soap and water is great for cleaning flat areas, and vacuuming with a crevice attachment will help clean cracks, edges, and corners.
- Do not mix old and new lots of foodstuffs. If the old material is infested, the pest will quickly invade the new.
- Clean old containers before filling them with fresh food. They may be contaminated and cause a new infestation.
- Do not purchase broken or damaged packages of food materials. They are more likely to become infested.
- Construct storage units so that they are tight and can be cleaned easily.
- Store bulk materials, such as pet foods, in containers with tight-fitting lids.
- Keep storage units dry. This is important because moisture favors the development of pantry pests; dryness discourages them.
- Some pantry insects breed in the nests of rodents and insects and may migrate from these into homes. Eliminate any nests found in or near the home.
- Pantry pests can also breed in rodent baits. Be sure to frequently check and discard infested baits.

### **WARNING ON THE USE OF CHEMICALS**

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#### **COMPILED FROM**

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