

### UNIVERSITY OF CALIFORNIA

COOPERATIVE EXTENSION



Sutter and Yuba Counties

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## November 2006

## Special Points of Interest

- National 4-H Week Window Display Contest Results
- Officers' Training a Hit!
- Send a Note of Thanks!
- State Fair Winners
- Senior Award Winners
- New Record Book System Training—Part Two



4-H - "To Make the Best Better"

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**Editors:** Isela Valdez, 4-H Youth Development Advisor and Willa Davis, 4-H Program Rep.

## Achievement Night

More than 100 4-H members, leaders and their families attended the 2006 Achievement Night on October 25th at Whitaker Hall at the Sutter County Sheriff's Training Center.

Members were recognized for the work they did and goals they accomplished during 2005 -2006. Leaders were honored, too, for dedicating their time, talents, and oftentimes, their treasures to help foster the growth and development of our community's 4-H youth. Special recognition went to Mrs. Isabel Garcia and Mrs. Tommie Mettz for both marking 45 years of service as leaders with the Sutter/Yuba Counties 4-H Youth Development Program.

Everybody associated with our local 4-H Program are winners and deserve recognition for their achievements. Although Achievement Night is a time for celebration of the past year's accomplishments, it also signifies the beginning of a new program year. Best wishes for an even more successful 4-H year in 2006-2007 as you continue to "make the best better" through project-based learning.







Photos courtesy of Steven Sanchez

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## **NEW RECORD BOOK SYSTEM TRAINING**

## **Part Two**

Thurs., November 9th 6:00 - 7:00pm @ 4-H Office

You must attend both training sessions to be eligible to judge Record Books (including Star Rank Judging)



# 2007 Spring Fair Planning Meeting

Wed., November 8th, 6:30pm - 8:30pm, 4-H Office

BI-COUNTY CRAFT DAY! Sat., November 11th 9:00am-1:00pm @ 4-H Office Plan to attend this FUN FAMILY ACTIVITY!



# 2007 Fashion Revue Planning Meeting

Wed., November 15th 7:00pm, 4-H Office

## **Celebrate National Family Week**

National Family Week firmly believes that strong families are at the center of strong communities. Everyone has a role to play in making families successful, including neighborhood organizations, businesses, nonprofit organizations, policy makers, and families themselves. This year's National Family Week is from November 19-26. For more information about how your club and its families can get involved, visit: www.nationalfamilyweek.org.

# Presentation Day Tuesday, November 14, 2006

7:00pm - 4-H Office



4-H Presentations are a special sharing time when you show others the information you have learned and the skills you have acquired in your 4-H projects.

Please refer to your 4-H Presentation Day packet for more information.

## 2006/2007 Bi-County Presentation Days

November 14, 2006 7:00pm - 9:00pm 4-H Office January 17, 2007 7:00pm - 9:00pm 4-H Office

March 3, 2007 10:00am - Noon 4-H Office May 12, 2007 Spring Fair

**The dates have been set for the 2006** / **2007 New Leader Orientations.** All orientations will be held at the 4-H office. It is mandatory that all adults assisting with the operation of a 4-H unit be certified <u>before</u> they begin working with members.

## The certification process includes:

- 1. A completed Adult Volunteer Application.
- 2. Live Scan fingerprinting & background check.
- 3. Attendance at a New Leader Orientation conducted by the 4-H Program Representative.

<u>Please Note</u>: It is important for any adult who volunteers to help 4-H in any way to be certified.

- Sat., December 2, 2006, 10:00 am (Note: Date and time change!)
- \* Sat., January 13, 2007, 10:00 am

# New Leader Orientation!

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## **NATIONAL 4-H WEEK**

## "Head, Heart, Hands, Health — What Do They Mean To You?"

In October of every year, the first full week is a celebration of the 4-H Youth Development Program. 4-H youth and adults across the nation take part in a variety of events, contests and other activities dedicated to highlight and promote the ways 4-H engages youth to reach their fullest potential while advancing the field of youth development.

This year's theme is, "Head, Heart, Hands, and Health - What Do They Mean To You?" The exhibits designed and constructed by the Bi-County 4-H clubs who took part in the window display contest helped to answer this question.

The top three winners from Yuba County were: 1st Place: Dententer, 2nd Place: Rocky Hills and 3rd Place: District 10. The top three winners from Sutter County were: 1st Place: Pleasant Grove, 2nd Place: Bi-County Guide Dogs and 3rd Place: Sutter Buttes.



1st Place - Dententer Club



1st Place - Pleasant Grove Club

#### **OFFICERS' TRAINING A HIT!**

Almost 40 club officers and leaders attended the Officers' Training conducted on October 21st. Annie Hill, President of the Yuba City High School FFA kicked off the training with a brief speech about what it means to be a leader. Then, club officers learned about the responsibilities of their important leadership roles from Community Club Leaders, and about setting goals for their clubs using the 4H Club Program Planning Guide from Willa Davis, 4-H Program Representative.

Club officers also learned parliamentary procedure from the Marysville High School FFA Officers Team, and practiced this procedure through a learn-by-doing activity. More hands-on learning about teamwork was provided by the East Nicolaus High School FFA Officers Team who led participants through a variety of activities that reinforced the importance of working as part of a team. All officers who participated in the training received a certificate of course completion.

#### 2006 STATE FAIR WINNERS

Congratulations go to all of the Sutter-Yuba Counties 4-H Program members who participated and placed at the State Fair. They include: Margery Magill and RaeAnn Magill – Barry Club; Michael Harvey – Browns Valley Club; Heleigh Fuentes and Sydney Reese – Pleasant Grove Club; Kylie Watson – Rocky Hills Club; and Kayla Taylor – Smartsville Club. They are to be commended for advancing to the next level of competition.



#### SENIOR AWARD RECIPIENTS

Praises for their achievements throughout their years in 4-H also go to Heidi Carothers of the Franklin Club and Brandon Hobbs of the Plumas Club who earned their respective county's "Senior Award". We look forward to these young people extending their 4-H experience by becoming project leaders whenever their busy lives permit them.

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## ABCs Of Personal Development

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The following are the categories and examples of projects, events and activities for which you could earn points in the NEW RECORD BOOK SYSTEM. Part I of the training on this new system was offered on 10/12/06 AND Part II will occur on 11/9/06 at 6:00 pm at the 4-H Office. In order to judge Record Books in June 2007 and conduct star rank judging, leaders must attend BOTH parts of the training. Review the new 'Record Book Manual' and access the new 'Personal Development Record' forms by going to:

http://ca4h.org/4resource/forms/index.asp

<u>PLEASE NOTE</u>: Attendance at 80% or more Community Club <u>and</u> Project meetings is still required for any achievement rank.

- 1. **4-H Projects Completed:** It is a requirement that an "Annual Project Report" be completed and included in your folder for *each* project you complete per year.
- 2. **4-H Project Skill Activities:** Have you judged a Club Judging Contest, exhibit a project at County Fair, or participate in a showmanship event at State Fair? If so, count points here.
- 3. **4-H Events Attended:** Did you attend WHY Conference in October? If so, you earned these points.
- Leadership Development: Club officers, committee chairs and members, jr. or teen leaders, and members completing a leadership development project are eligible for these points.
- <u>Citizenship/Community Service</u>: List all the great work you do individually or with your club or project for your community and earn these points.
- 6. <u>Communication Skills</u>: Will you make your bi-county presentation this month? This and other activities where you represent 4-H in some way count here.
- 7. **Honors and Recognition:** Only the highest awards (1st place) are counted in this category, such as earning County Winner, Best of Class, Emerald Star, etc.
- 3. <u>Lifestyle Activities</u>: School, sports, church, music, dance lessons, etc. earn these types of points.

## **ONLINE ACCESS**

Have a computer? You can access the new 4-H Record Book Manual and forms, AND view and subscribe to the Clover Chatter online by visiting:

http://cesutter.ucdavis.edu/newsletterfiles/newsletter737.htm

Call Michele at the 4-H Office to let her know that you have subscribed to the newsletter online so she can remove your name from the distribution list.

We thank you and a tree thanks you!

# POLICY REMINDERS AND UPDATES

- \* FROM THE STATE 4H OFFICE: Section 800: Youth Protection Guidelines raised several concerns over driving youth in cars. It is recommended that permission slips for driving youth be developed and finalized between parents. There will be no uniform permission slip issued from the State 4-H Office.
- \* All projects are open to all club members wishing to enroll in those offered by their home club.

### FYI:

Please contact the 4-H office at 822-7515 or by e-mail <u>wdavis@ucdavis.edu</u> to add any "New Business" or other items to the monthly Council meeting agenda.

## Send a Note of Thanks for Free 4-H Calendars

A special thanks goes, once again, to Pepsi-Cola Bottling Company for their ongoing sponsorship of the *free, specially designed 4-H* calendars it provides to members and leaders of the Sutter-Yuba 4-H Program.



Please make time to send a note of thanks to:

John and Ellie Cary Pepsi-Cola Bottling Co. 750 Sutter Street Yuba City, CA 95991.

Show your appreciation for this generous donation to our

## Steven Sanchez to Represent North Section Council at State Council Meeting

Steven Sanchez attended the North Section Council meeting with his daughter, Andrea, as an interested Community Club Leader and left agreeing to serve as our Bi-County Representative on that sectional governance council. And, when Council President, Molly Meade, put out a call for someone to represent the North Section at the State Council meeting on October 28th, Steven stepped up to volunteer to serve in that leadership role as well.

Thanks, Steven, for volunteering, once again, for the betterment of our local and sectional 4-H program by representing them at this level of governance.



## Up Close and Personal With Danielle Coleman and Leanna Beam

This is the second year as a leader for Danielle Coleman, Assistant Community Leader for the Barry 4-H Club. However, she was a 4-H member herself from 3<sup>rd</sup> grade through her senior year in high school. She decided to become involved with the youth development program again because her two daughters enrolled as members and she wanted it to be a family affair.

Danielle says she chose to take on advanced leadership roles this year because she believes that 4-H is really a good program for adults as well as youth. It teaches both many life skills, it's fun and she really enjoys it.

She goes on to say that the most important characteristics that a 4-H volunteer leader can possess or develop include having a passion for wanting what's best for kids as well as having the willingness to pass on one's own unique talents and life skills learned from experience. Sharing of one's strengths contribute is one of the highlights of the Bi-County 4-H Program, which helps to develop a close-knit group of youth no matter what club they belong to. Participating in camp and the county fair also allows kids from various clubs to get to know one another and develop a sense of belongingness to the larger program.

Danielle's recommendations to a new 4-H volunteer include, "Take it slow, don't over commit, and know your limitations. It's a huge commitment, but it's worth it!"

Leanna Beam became a project leader with the Smarts-ville 4-H Club as soon as she aged-out of the youth development program when she was 19 years old. She became a 4-H leader for the same reason as many other leaders – it ran in the family, actually her husband's family. His mother and grandmother were 4-H leaders in the Smarts-ville community throughout their entire adult lives.

Leanna says she has continued to be a 4-H leader for 25 years because of her own children being actively involved in it. And she reports, she'll probably stay in it throughout the years her grandchildren participate in 4-H. She goes on to say that 4-H volunteer leaders need to have lots of patience, enjoy working with kids and want to pass on their own knowledge and skills to the youth in their community in a way that's fun for everyone.

Leanna believes that our Bi-County 4-H Program has improved over the years she's been involved by offering more of a variety of projects, such as scrapbooking, bonsai plant growing, and other non-animal learning. There's also been increased involvement by parents and others in the community who are willing to serve in leadership roles that contribute to the growth of 4-H members.

Leanna's advice to new 4-H volunteers is, "Let the kids have their own opinions, not just yours. 4-H takes a lot of time, but try it, you'll like it and feel rewarded by it."



**Dententer Club:** The Dententer Citizenship project made a "Three Little Pigs" scarecrow for all the children in the community to enjoy at Bishop's Pumpkin Farm. The members who worked on the project are: Sharon Ruiz, Andrea Sanchez, Coti Leal, Christina McRunnels, Michael Shurtz, Sarah Shurtz, Hannah Clayton, Marissa Johnson, Ashley Johnson, Sumer Tyse, Abby Chavez, Dwight Cariker, Zach Willert, Cory Willert and Evan Willert. There were also 8 adult leaders and 6 guests.

**District 10 Club:** The District 10 Community Service project served meals to over 250 people at the annual Twin Cities Rescue Mission Banquet. The Rescue Mission has fed and housed over 1/2 million homeless men and women since it was founded over 10 years ago. A special thanks goes to the Valencia, Beisley, Ransom, and Cassady families for their hard work in serving and cleaning up.

**Hi 4-H Club:** The club kicked off their Poinsettia Sales. We have ordered 100 red ones at \$12.00 each, and 25 each of the white, marble, pink and burgundy at \$13.00 each. The Members and Leaders are taking pre-orders now with delivery the first part of December. Contact one of the Members or Leaders with your order. Our next meeting will be on Nov. 20 at the 4-H Office at 7 p.m. All High School Members are invited to join us.

Please ask your reporters to submit information about your club's great work to Willa Davis by

November 15th for the December newsletter.

<u>Please Note</u>: As of September 1st, 4-H Club News will include information only submitted by the club's Reporter or Designee. Thanks for your cooperation.

## **DID YOU KNOW?**

The time it takes litter to decompose?

2 - 5 months **Paper** Orange peels 6 months 5 years Milk cartons 10 - 12 years Filter tip cigarette butts 25 - 40 years Leather shoes 30 - 40 years Nylon cloth Plastic containers 50 - 80 years 80 - 100 years Aluminum

(but, they can be recycled forever!)

Plastic foam (styrofoam) **NEVER** 

Sı	utter/Yuba Counties — 2006/2007 R	emaining 4-H Events Calendar		
November	Leaders Training-New Record Book System: PART II	November 9 @ 4-H Office, 6:00 pm		
	Bi-County Council Monthly Meeting	November 9 @ 4-H Office, 7:00 pm		
	Bi-County Craft Day	November 11 @ 4-H Office, 9:00am - 1:00pm		
	Bi-County Presentation Day	November 14 @ 4-H Office, 7:00pm		
	State Leaders Forum	November 17 - 19 @ Asilomar		
December	New Leader Orientation	December 2 @ 4-H Office, 10:00am		
	Leaders' Dinner	January 11 @ 4-H Office, 6:00 pm		
	New Leader Orientation	January 13 @ 4-H Office, 10:00am		
January	Fashion Revue Workshop	January 14 @ 4-H Office, 1:00pm - 3:00pm		
	Bi-County Presentation Day	January 17 @ 4-H Office, 7:00pm		
	Chico Swine Day	February 3 @ CSU, Chico		
February	Bi-County Council Monthly Meeting	February 8 @ 4-H Office, 7:00 pm		
	Bi-County Craft Day	February 10 @ 4-H Office, 9:00am - 1:00pm		
	Bi-County Presentation Day	February 13 @ 4-H Office, 7:00 pm		
	Chico Sheep & Goat Day	February 24 @ CSU, Chico		
	Bi-County Presentation Day	March 3 @ 4-H Office, 10:00am		
	Bi-County Council Monthly Meeting	March 8 @ 4-H Office, 7:00 pm		
March	Bi-County Goat & Sheep Day	March 24 @ Lindhurst High School, 9:00 am - 3:00 pm		
	Sectional Presentation Day	TBD		
	Bi-County Council Monthly Meeting	April 12 @ 4-H Office, 7:00 pm		
A 11	Bi-County Fashion Revue	April 14 @ Wheatland Elementary School		
April	Bi-County Swine Field Day	April 14 @ Yuba/Sutter Fairgrounds, 10:00am - 3:00pm		
	Grand National Rodeo	April 7 - 15 @ Cow Palace, San Francisco		
	Bi-County Council Monthly Meeting	May 10 @ 4-H Office, 7:00 pm		
	Spring Fair / Presentation Day	May 12 @ Yuba/Sutter Fairgrounds		
May	State Field Day / Fashion Revue / Presentation Day	May 26 @ UC Davis		
	All-Star Applications Due	May 31 @ 4-H Office		
	Record Book Judging Submissions and Judging	June 8 @ 4-H Office, 12:00 noon (submissions deadline)		
lesse e	Bi-County Council Monthly Meeting	June 14 @ 4-H Office, 7:00 pm		
June	4-H Camp	TBD		
	California Focus	June 22 - 26 @ Sacramento		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	oven	nben	1 Franklin Club Meeting	2	3	4
5	<b>6</b> Arboga Browns Valley District 10 Hallwood	<b>7</b> Able Riders Club Meeting	8 Pleasant Grove Rocky Hills Club Meeting	9 Leaders Training Bi-County Council Meeting	10	11 Bi-County Craft Day
<b>12</b> Yuba Hills Club Meeting	13 Plumas Wheatland Club Meeting	14 Presentation Day Able Riders Sutter Buttes Club Meeting	15	16 Barry Club Meeting	State Leaders Forum	18
19 State Leaders Forum Guide Dogs Club Meeting	20 Hi 4-H Club Meeting	21 Able Riders Dententer Smartsville Club Meeting	22	23	24	25
26	<b>27</b> Live Oak Club Meeting	28 Able Riders Club Meeting	29	30		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday		Tuesday  TUESDAY  TUESDAY		Thursday	Friday	Saturday  2 New Leader Orientation
2				Thursday 7		2 New Leader
3	CCO  Arboga Browns Valley District 10	5 Able Riders	6 Franklin		1	2 New Leader Orientation
3  10 Yuba Hills	4 Arboga Browns Valley District 10 Hallwood  11 Plumas Wheatland	5 Able Riders Club Meeting  12 Able Riders Sutter Buttes	6 Franklin Club Meeting  13 Pleasant Grove Rocky Hills	7	8	2 New Leader Orientation
3  10 Yuba Hills Club Meeting  17 Guide Dogs	4 Arboga Browns Valley District 10 Hallwood  11 Plumas Wheatland Club Meeting  18 Hi 4-H	5 Able Riders Club Meeting  12 Able Riders Sutter Buttes Club Meeting  19 Able Riders Dententer Smartsville	6 Franklin Club Meeting  13 Pleasant Grove Rocky Hills Club Meeting	7 14 21 Barry	1 8 15	2 New Leader Orientation  9